

JEWISH LIFE

OREGON

SERVING OREGON AND SW WASHINGTON



SASHA ROIZ GRIMM



MEL BLANC MAN OF 1,000 VOICES



CARRIE BROWNSTEIN PORTLANDIA

HOLLYWOOD & PORTLAND

The Jewish connection

GINA BELLMAN
LEVERAGE

Special Sections

Back to School

Preschool to adult learning

Synagogues

New buildings, New leaders

Judaism's Approach

to Special Needs



2012 *Simon*
BENSON
Awards



TUESDAY, OCTOBER 9, 2012

Reception 6 p.m.
Dinner and Program 7 p.m.
Oregon Convention Center

EVENT CO-CHAIRS:

Kimberly Cooper
Ken Thrasher

Seating is Limited!

Become a sponsor and reserve your table today!

CONTACT: Debbie Hutchins
PHONE: 503-725-8135
E-MAIL: hutchins@pdx.edu

PRESENTED BY

Bank of America



Welcoming

KEYNOTE SPEAKER

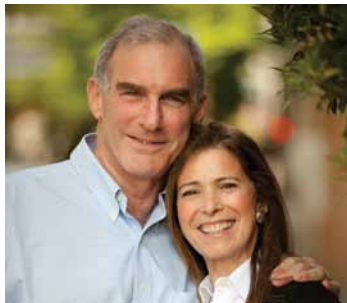
Diane Keaton



Academy Award-winning actress, businesswoman, photographer, author, and philanthropist Diane Keaton remains virtually peerless in the acting profession. With 50 movies and television shows under her belt, she has deftly managed to take on a wide range of roles and has not limited herself to any one genre as an actress, director, and producer. Well-known for her breakout role in the 1977 film *Annie Hall*, for which she received a Best Actress Academy Award, Keaton also made a name for herself with starring roles in *The Godfather* trilogy, *Looking For Mr. Goodbar*, *Father of The Bride*, and more.

HONORING PHILANTHROPISTS

ALUMNI ACHIEVEMENT



Irving Levin and Stephanie Fowler

Irving and Stephanie's generous charitable giving has made a significant impact on the lives of Oregonians in need. Portland has benefited from these philanthropists' support of education, social services and environmental and historic preservation.



Arlene Schnitzer and Jordan Schnitzer

Prominent community leaders, Arlene Schnitzer, Jordan Schnitzer, and the late Harold Schnitzer, have impacted almost every corner of the State through their leadership and philanthropy.

The generosity of these renowned and influential philanthropists spans education, social services, the arts, healthcare and other vital civic causes.

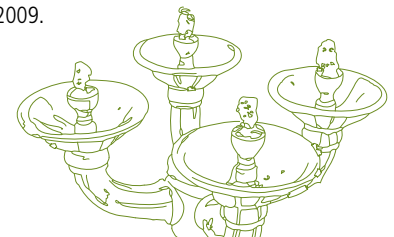


Harold Schnitzer
1923 - 2011



Travis Knight '98

After graduating from Portland State University in 1998, Knight began his career at Vinton Studios and quickly distinguished himself as a gifted animator. With his father, Knight transformed the company to create LAIKA, which produced the Academy Award-nominated film, *Coraline*, in 2009.





TRUSTWORTHY COMPREHENSIVE SOLUTIONS

Contact Gretchen today for your one hour free consultation



GRETCHEN STANGIER, CFP®

WWW.STANGIERWEALTHMANAGEMENT.COM



9955 SE WASHINGTON, SUITE 101 • PORTLAND, OR 97216 • TOLL FREE 877-257-0057 • GRETCHEN.STANGIER@LPL.COM

SECURITIES AND ADVISORY SERVICES OFFERED THROUGH LPL FINANCIAL, A REGISTERED INVESTMENT ADVISOR. MEMBER FINRA/SIPC.



WE BELIEVE IN COMMUNITY

"I consider myself fortunate in many ways and believe in making meaningful contributions to the social and economic well-being of our community."

Richard Glassman - Relationship Manager

Richard Glassman serves on the investment committee of the Oregon Jewish Community Foundation (OJCF). He also serves on the board for Kinship House, an organization that provides mental health services to children in foster care and adoptive placement.

ABOUT THE COMMERCE BANK OF OREGON

The Commerce Bank of Oregon is dedicated to serving the financial needs of local businesses, professional firms, nonprofit organizations and the people who make them successful, by providing highly personalized business banking services by experienced banking professionals.



Connect with Richard: 503.548.1102 | richard.glassman@tcboregon.com

AMERICAN MARKETING EXCHANGE®

Your success is our greatest concern.

"Consummate professional services for discerning business entities"

Portland's Premier Recipe for Business Success...

Business Development
Product Development
National Sales Channels
Business Branding
Capital Funding
Process Consulting

AME builds companies, brands, and market opportunities.
"Satisfying inventors, entrepreneurs, and established enterprises for 25 years"



503.381.1965

www.americanmarketingexchange.com



Local. Experienced. Dedicated



Neighborhood lending is back with Impac.

Residential Financing Programs Include:

- Conventional • FHA/VA • Jumbo • USDA



Jim Lowenstein NMLS # 57654
Branch Manager/Sr. Loan Officer

Impac is a direct agency seller which means you can expect great programs, extremely competitive pricing and fast service.

The "Impac" name may be "New" but our lending expertise is rich with deep roots throughout the local community.

Call today to find out how something "New" can be just like calling an old friend.

829 NW 19th Ave. • Portland, Oregon 97209
Phone (503) 243-2674 • Toll free 1-800-595-7280



©2011 Excel Mortgage Servicing Inc., DBA Impac Mortgage. NMLS # 128231.(CL# 128231)www.nmlsconsumeraccess.org. Registered trade/service marks are the property of Excel Mortgage Servicing Inc. All illustrations and designs are the property of Excel Mortgage Servicing Inc., and/or its affiliates. Rates, fees and programs are subject to change without notice. Other restrictions may apply. Licensed by the Department of Corporations under the California Residential Mortgage Lending Act (License #4131083).

IF WE DON'T TEACH
OUR CHILDREN
WHO THEY ARE,
OTHERS WILL.

As they grow up, young Jews will face challenges to their beliefs and identity. From the pride of a preschooler learning his first Hebrew words to the confidence of a college student prepared to grapple with anti-Israel sentiment on campus, we're strengthening Jewish identity and inspiring a life-long connection to Jewish values. *We can do it with your help.*

Support the 2013 Annual Campaign by contacting Josh Stein, Campaign Director at 503.245.5641 or make your pledge online at www.jewishportland.org.



Jewish Federation
OF GREATER PORTLAND

THE STRENGTH OF A PEOPLE.
THE POWER OF COMMUNITY.

Together WE do extraordinary things
503.245.6219 | www.jewishportland.org
6680 SW Capitol Highway | Portland, OR 97219

JewishPDX

EXPERIENCE AND SERVICE MAKE THE DIFFERENCE

CONFIDENTIALITY · PROFESSIONALISM · INTEGRITY · DEDICATION · TECHNOLOGY



ITALIAN PALLADIAN VILLA - PORTLAND HEIGHTS



ML#12388457

DISTINCTIVE WEST HILLS ESTATE



ML#12466223

PORTLAND HEIGHTS PANORAMIC VIEWS



ML#12325360

BIG FIR RANCH - HELVETIA



ML#12317566

HESSLER HEIGHTS



ML#12204802

MJ STEEN

Principal Broker
www.mjsteen.com
503-497-5199


Windermere
Cronin & Caplan Realty Group, Inc.

Innovative



GEVURTZ Attorneys at Law
◆ **MENASHE**
The firm you want on your side
family law

OREGON ◆ S.W. WASHINGTON
503.227.1515 360.823.0410
GevurtzMenashe.com
Divorce ■ Children ■ Support

For 30 years we've helped bring peace of mind to
over 20,000 clients during one of life's toughest times.

[Cover Story]

Hollywood and Portland-The Jewish Connection

30 Ready for your close-up, Portland?

34 History: Portland's Mel Blanc



PHOTO BY ERIK HEINILA

Gina Bellman is one of the stars of *Leverage*, one of three television shows filmed and set in Portland.



Portland Jewish Academy eight-grader Owen Richmond helps Avi Katz design his Farm Project, which is a quintessential PJA first-grade project teaching children about math, agriculture and respect for animals. PJA is one of three Jewish day schools in Portland.

COVER PHOTOS:

Gina Bellman by Erik Heinila

Sasha Roiz by Eric Ogden/NBC

Mel Blanc courtesy of Oregon Jewish Museum

Carrie Brownstein by Chris Hornbecker/IFC



38

Congregation Kol Ami will move into its new home in time for the High Holy Days.

[Synagogues/Special Section]

38 Synagogue rises in Clark County

42 Chabad Hillsboro builds a Jewish home

44 Rabbi Boettiger brings radical welcoming to Ashland temple

45 "Keeper" connects Jewish families in the Gorge

46 Ida Rae Cahana becomes Beth Israel's senior cantor

48 Congregations grow and evolve to meet changing needs

[Focus]

14 Happy Cup: Bloom uses coffee to create jobs for People with Potential

52 Kids love Jewish values served up in Star Trek

54 Oregon writers shine in Drash

59 Gardens: Plant now for summer color

[Back to School/Special Section]

16 Portland features three Jewish day schools

20 High school choices abound

22 Adults have plenty of options for learning

24 Healthy kids learn better

26 Judaism brings meaning to early childhood education

28 So many choices

29 How it all began

IN EVERY ISSUE

[Columns]

36 Northwest Fashionista by Catherine Garvin

50 Chef's Corner by Lisa Glickman

56 An Oregonian in Israel by Mylan Tanzer

58 Life on the Other Side by Anne Kleinberg

[Through the Ages/Special Needs]

60 Disabilities no longer obstacle to Jewish life

61 Regardless of abilities, young adults enjoy fun

62 Everyone wins when kids with special needs come to camp

63 Cedar Sinai Park's care meets diverse needs

[Connect]

65 Traditions

66 Advice: Ask Helen

67 Volunteers

68 Happenings



Selling your business is a complex process.

Expertise and experience pay vast dividends. Put us on your side of the table. We play every day.

VEBER PARTNERS

605 NW 11th Avenue, Portland, OR 97209
503.345.5840 • www.veber.com

SALTZMAN & PAUL

WEAR VELVET GLOVES
WHEN **NEGOTIATING**
REAL ESTATE **DEALS.**

(To hide their iron fists.)



SALTZMAN & PAUL REAL ESTATE BROKERS

BECKI SALTZMAN & JEANNE PAUL
PRINCIPAL REAL ESTATE BROKERS

WINDERMERE CRONIN & CAPLAN REALTY GROUP, INC.

SALTZMANANDPAULTEAM.COM | 503.220.1144

Hope Fertility and Gynecology



Celebrating over 20 years of Successful Practice... treating women through all stages of life.

- Infertility
- Reproductive Endocrinology
- Gynecology
- Hormone Replacement Therapy
- In-office Ultrasound & Sonohysterogram



Laura Hope Greenberg, MD *Physician and Surgeon*

503.292.4453

9155 S.W. Barnes Road, Suite 320, Portland, Oregon 97225

www.HopeFertilityandGynecology.com



TOGETHER

WE

DO EXTRAORDINARY THINGS



Jewish Federation
OF GREATER PORTLAND

THE **STRENGTH** OF A PEOPLE.
THE **POWER** OF COMMUNITY.



JewishPDX

Stay connected to your community with our e-newsletter.
Contact us at 503.245.6219 | www.jewishportland.org

Publishers

Robert Philip and Cindy Saltzman

Advertising and Editorial Director

Cindy Saltzman

Editor-In-Chief

Deborah Moon

Advertising Sales

Cynthia Klutznick

Debbie Taylor

Art Director

Susan Garfield

Copy Editor

Amy R. Kaufman

Columnists

Catherine Garvin

Lisa Glickman

Anne Kleinberg

Helen Rosenau

Mylan Tanzer

Contributing Writers

Jan Behrs, Rich Geller, Gloria Hammer, Amy R. Kaufman, Suzye Kleiner, Peter Korchnak, Liz Rabiner Lippoff, Lauren M. Murphy, Polina Olsen, Kerry Politzer, Sura Rubenstein, Elizabeth Schwartz, Lillian Shirley, Corinne Spiegel and Vanessa Van Petten

How to reach us:

Advertise@ojlife.com

503-892-7401

Art@ojlife.com

Distribution@ojlife.com

Editor@ojlife.com

503-892-7402

Publisher@ojlife.com

503-892-7401

For subscriptions, go to www.ojlife.com and click on subscriptions



Oregon Jewish Life

6680 SW Capitol Hwy.

Portland, Oregon 97219

www.ojlife.com



A Prince Hal Production
(TGMR18)

The content and opinions in Oregon Jewish Life do not necessarily reflect those of the publishers, staff or contractors. Articles and columns are for informational purposes only and not intended as a substitute for professional advice. Although every effort is made to ensure the accuracy of our published materials, Oregon Jewish Life, and its agents, publishers, employees and contractors will not be held responsible for the misuse of any information contained herein. The publishers reserve the right to refuse any advertisement. Publication of advertisements does not constitute endorsement of products or services.



*"We are building on a legacy."
—Robin Runstein*

**A NEW GENERATION OF
INSPIRED LEGAL SERVICE.**

With a roster of smart, young, energetic attorneys, Kell, Alterman & Runstein continues the proud tradition begun in 1929 by Portland civic leader and founder Gus J. Solomon. Our high quality services build on long experience in legal matters ranging from business law to litigation concerns to family issues. We also have strong expertise in other practice areas:

- Estate Planning
- Energy Law
- Franchise Law
- Environmental & Natural Resources Law

Visit www.kelrun.com to learn more about the firm and meet our attorneys. Practical, progressive and technologically savvy, they retain a personal touch and are more focused than ever on providing effective, helpful legal assistance to individuals, families and business.

KELL, ALTERMAN & RUNSTEIN, L.L.P.
Attorneys

Eight decades of progressive thinking.

Portland, OR & Vancouver, WA 503.222.3531 www.kelrun.com



Community is a many-splendored thing

Synagogues, schools and special-needs providers – to me, these are each an integral part of community.

This issue of *Oregon Jewish Life* features special sections on synagogues and schools. Oregon has seen an explosion in options for both in recent decades. We also devote our Through the Ages section to looking at ways the community includes those with special needs.

When I moved to Battleground, WA, in 1992, the Jewish Community Association of Southwest Washington was transitioning from a social group to a congregation. Though I moved to Portland in 2000, I've enjoyed watching that group continue to evolve and grow. Now called Congregation Kol Ami, the full-service congregation is poised to move into a beautiful new synagogue, the first to be built in Clark County. This issue offers a peek at that new facility, as well as updates on congregations throughout Oregon.

As we attended the b'nai mitzvah of my sons and their friends, I think we experienced every synagogue that existed in those years in Portland. The rich diversity our community offers is truly incredible.

When my sons graduated from Portland Jewish Academy's middle school, I had the opportunity to visit many of the community's high schools, public and private. The range of options to meet every student's needs also is impressive. All of the high schools we visited had much to recommend them. The trick was choosing the best fit for each of my sons. Our Back to School section offers tips on how to choose wisely for your family.

My work as a journalist in the Jewish community led me to friendships with several families who include someone with special needs. I wrote many stories about the formation of TASK – originally Treasuring and Accepting our Special Kids; now Treasuring, Accepting and Supporting Kehillah (Hebrew for community). This issue includes a look back at all TASK has accomplished.

I remember one TASK member telling me that while everyone has challenges to overcome, some people's are just more visible. My favorite perspective on special needs came from a man confined to a wheelchair by multiple sclerosis, who with his wife is raising a son with autism. He told me some people look at a rosebush and lament it has thorns; he looks at a thornbush and marvels that it has beautiful flowers.

As our schools and synagogues have reached out to those with special needs and cultivated the gifts they bring to our community, our community has enriched and been enriched by those individuals.

Deborah

Editor-in-Chief

Who is your Jewish hero?

Oregon Jewish Life wants to profile people who are making a difference in our community, whether in the Jewish community, the greater Oregon community, the business community or the world.

Please email me at editor@ojlife.com with the name of your Jewish hero, a brief description of why he or she makes a difference and how to contact him or her.



SHOE MILL
We put the world at your feet!®

Shoe Mill has been a local, family run retailer since 1978. Since then, we've been committed to providing quality footwear from around the world.

-Portland-

<p>Lloyd Center 916 Lloyd Center Portland, OR 97232 Phone: (503) 284-3420</p>	<p>Streets of Tanasbourne 2125 NW Allie Ave., Suite 520 Hillsboro, OR 97124 Phone: (503) 531-6009</p>	<p>Gresham Station 659 NW 12th Street Gresham, OR 97030 Phone: (503) 491-4455</p>
<p>Washington Square 9693 SW Washington Sq. Rd. Tigard, OR 97223 Phone: (503) 684-1244</p>	<p>Clackamas Promenade 8616 SE Sunnyside Road Clackamas, OR 97015 Phone: (503) 652-8944</p>	

-Salem-

<p>Salem Center 401 Center Street NE Salem, OR 97301 Phone: (503) 362-9684</p>	<p>Lancaster Mall 831 Lancaster Dr N Salem, OR 97301 Phone: (503) 391-6288</p>
---	---



Naot offers a complete footwear product line featuring incredible spring sandals with anatomically correct cork/latex footbeds. Imported from Israel, Naot is superbly crafted in order to be healthful, comfortable and fashionable.



Union
Michele
Kayla
Rachel



join us for **JEWISH COMMUNITY TGIF** AT LAURELHURST PARK



Bring a picnic supper
& enjoy a pre-Shabbat experience
with the Jewish community.

Entertainment begins at 6:00 pm.
For more information, please call the
Jewish Federation of Greater Portland at 503-245-6219.

Friday, Aug. 17th at Laurelhurst Park
SE Oak & 33rd



Jewish Federation
OF GREATER PORTLAND

THE STRENGTH OF A PEOPLE.
THE POWER OF COMMUNITY.

Together **WE** do extraordinary things
503.245.6219 | www.jewishportland.org
6680 SW Capitol Highway | Portland, OR 97219



30
YEARS

ARTISTS REPERTORY THEATRE

**INTIMATE.
PROVOCATIVE.
PREMIERES.**

**30TH
ANNIVERSARY
SEASON!**

2012/13 SEASON

AND SO IT GOES...
by AARON POSNER,
ADAPTED *from* KURT VONNEGUT, JR. • SEPT 4 - OCT 7

SEVEN GUITARS
by AUGUST WILSON • OCT 9 - NOV 11

**SHERLOCK HOLMES
AND THE CASE OF THE CHRISTMAS CAROL**
by JOHN LONGENBAUGH • NOV 27 - DEC 23

THE LOST BOY
by SUSAN MACH • JAN 8 - FEB 10

RED HERRING
by MICHAEL HOLLINGER • FEB 12 - MAR 17

THE INVISIBLE HAND
by AYAD AKHTAR • MAR 26 - APR 28

TEN CHIMNEYS
by JEFFREY HATCHER • APR 23 - MAY 26

WINNING PLAY COMMISSION
by ANDREA STOLOWITZ • MAY 28 - JUN 30

**AND SO
IT GOES...**

Written *by* Aaron Posner
Adapted *from* Kurt Vonnegut, Jr.

SEPT 4 - OCT 7
• TONY AWARD • REGIONAL PREMIERE •



A SEASON OF LOVE,
DEVOTION & INTRIGUE!

**4-SHOW PACKAGES
START UNDER \$100**

503.241.1278
artistsrep.org

SEASON SPONSOR:
THE PAUL G. ALLEN
FAMILY FOUNDATION

The Oregonian



Letters from our Readers

Dear Bob (Philip, publisher):

I read *Jewish Life*, and it is truly impressive. Everything from the quality of the presentation (look and feel) to the articles and the caliber of advertisers speak well for all your efforts. Your attention to food and wine is a subject everyone can relate to on at least some level, and I especially enjoyed the "Street Food" article (I'm a huge fan of Portland food carts!). Also, the follow-up article on Aithan Shapira caught my eye. I really like that one sample of his art and will search for more of his work.



Sue Porter,
Portland

Dear Deborah:

This note is to let you know that my wife Sarah and I are very impressed with the successor to the *Jewish Review*. The quality of the material is superior and it is exciting to see how you are covering so many of the views of the Oregon Jewish community. The quality of the publication is beyond our expectations and is very worthwhile.

One thing that we miss, however, is the obits, births, marriages, graduations, etc. that were listed in the back of the *Review*. To us who now live in North Carolina, we depended on the *Review* to keep up to date with the friends we left behind so long ago.

Our personal regards to you. Keep up the good work.

Al and Sarah Mendlovitz
North Carolina

Dear Editor:

One addition to the "Appetizing Legacy" article: You mentioned Mr. Mosler had lived in Seattle. What you didn't mention is that there's still a Mosler Street named after his family in Seattle. It's a short street right by Seattle Community College.

The pics in the article were great. Brought back a lot of memories.

Sue Benyowitz
Los Angeles

VIC ALFONSO Cadillac Oregon's #1 Volume Dealer for Cadillac Phone: 1 (800) 875-CADY Local: 503-233-6451

THE ALL-NEW Cadillac SRX

Call Ed Kriegal General Sales Manager 503-720-9573

THE ALL-NEW Cadillac CTS

633 NE 12th Ave. Portland, OR www.vicalfonso.com 503-233-6451

633 NE 12TH AVE. PORTLAND, OR 503-233-3451

LIFETIME FITNESS

Personal Training - Individual or Group

- Fitness assessment testing
- Resting metabolic rate testing
- Body composition testing
- Postural analysis
- Nutrition consultation
- Wellness coaching

In Home Personal Training Available

Free One Hour Personal Training Session expires 10/31/12

Linda Brumder, Personal Trainer, ACSM Certified
1211 NW Glisan, Suite 206
503-550-5596
linda@lifetimefitnesspdx.com
www.lifetimefitnesspdx.com



Dear Editor:

Sura Rubenstein's article "Appetizing Legacy" in the July 2012 issue stimulated wonderful memories. Born in 1951, I attended Temple Beth Israel Sunday School. My father, Leo Bergman, would pick me up and we'd drive to Mosler's Bakery for rye bread and bagels. I was very young and even shorter than Mr. Mosler, and the bakery was always packed when we arrived; however, the moment he spotted me – or any child in the crowd – he would motion the adults to stop talking. Then he would come from behind the counter, bend down, motion me forward with his finger and say, "Dahling, you vant a bagel?" I knew to choose quickly

because the grown-ups weren't thrilled about the break in the action. I pointed, he picked the bagel out of the bin, handed it to me with a smile – and then turned back to the adult business of buying and selling. I knew he must be a good man to make such a fuss over a little girl who usually didn't feel very special.

I also remembered Mrs. Neusihin. We'd stop at her home on SW College Street. The garage door would be open and she'd be moving among the pickle barrels, wearing a huge, well-worn man's wool sweater and smoking a cigarette. Like Mr. Mosler, she initially ignored the adults to give a child a pickle straight from the barrel.

Thank you for this opportunity to share my memories. I have so many more ... visiting my parents' friends on SW Arthur Street before that Jewish community was destroyed by urban development. These were grown-ups from another world – the Old World – with funny accents, living in old homes with strange cooking odors, listening to the radio broadcast of Metropolitan Opera and weeping at the beauty of the music. They had all suffered – either in Russia or, later, in Europe. Now they are all gone. It saddens me to know that my children and grandchildren will never know the beauty and richness of that world.

Jill Strasser
Portland



Dear Editor:

What a treat to pick up *Oregon Jewish Life* and see the article "Appetizing Legacy." Pictured was Harry Mosler, the divine baker of Jewish rye breads for about six decades. He has been the most vivid part of my culinary memories. I was not the only fortunate child who accompanied her mother to the bakery, only to be gifted with a bagel directly from the baker. I grew up sharing his Russian rye, always a staple in my grandparents' kitchen and eventually my mother's. It was a precious link to the past when as a young newly married woman, I sought out his bakery and greedily indulged in handfuls of warm, fresh from the oven, soul satisfying mouthfuls of his wonderful loaves while driving home.

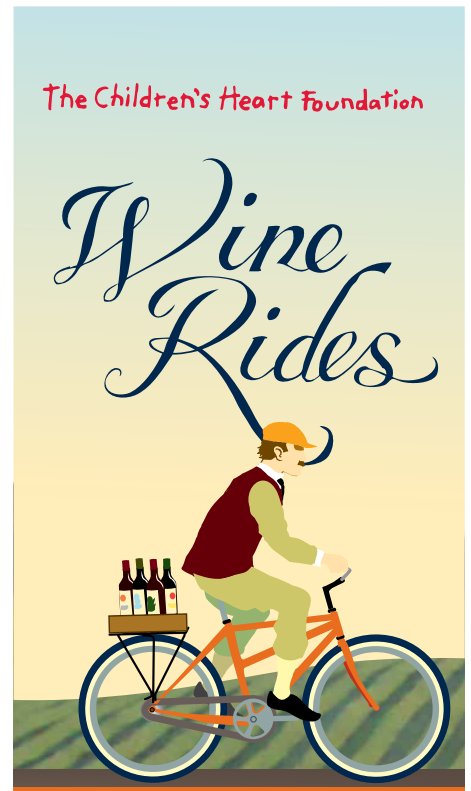
The next picture (Bohemian Restaurant) brought wonderful memories flooding back from the '50s. My young husband thought the next thing to heaven was their Napoleons, an elegant stack of puff pastry separated by real pastry cream and slathered on top by a rich dark chocolate glaze. I could never pass their window without indulging him.

Then there is the matter of kosher dill pickles made by Mrs. Neusihin, which equaled the quality of those that perfumed my grandpa's cellar as they fermented in a huge earthen crock.

All these wonderful memories trigger many others. I was introduced to the wonders of the vegetable garden that my grandpa lovingly tended. He would pull a tender specimen from the earth, rinse it with the hose and offer me my first taste of a fresh carrot or zucchini. I was immediately smitten and always loved to work in the earth. My absolute favorite childhood memory was of sitting in their bountiful fig tree with an armful of fairytales, pulling at my leisure big fat figs that were ambrosia.

I read the magazine from cover to cover, delighting in the quality of the articles.

Marilyn Chalmers
Portland



Sunday, Sept 23rd
Vista Hills Winery

Join us this summer for our popular September wine ride. The tour is fully supported and includes a gourmet lunch, wine-tasting and is capped at 100 riders. Rides are approximately 30-40 miles of rolling terrain.

Beautiful wine country
Quiet, rural roads
Acclaimed winery
Bike poker

100% of the profits will be donated to the Oregon Chapter of the Children's Heart Foundation

www.bikegallery.com/wine-rides



Your local family-owned store
since 1974



Happy Cup

Almost a religion for some Portlanders, coffee is just a means to an end for Bloom and her People with Potential

by Liz Rabiner Lippoff

Rachel Bloom was teaching special ed but she was troubled. She'd grown attached to her high school students and wondered what was next for them. She wanted them to have happy, productive lives, but when her students with developmental disabilities turned 18 and graduated, most faced a grim shortage of vocational and recreational options.

She was worried about them. So she decided to do something about it.

Rachel's mother was a social worker and her parents owned a counseling business. She was raised in an environment where you were expected to give back, and running a smart business to achieve that was the model she learned. She decided to create a business that would give back by addressing the challenges adults with disabilities face every day.

The result is Full Life, a company whose tagline, Champions for People with Potential, reflects her respect and optimism for a population she believes deserves a chance to thrive. Thanks to Full Life, Rachel says, "It's a dream that comes true in a new way every day."

Rachel started more than 10 years ago with a small grant from Clackamas County to recycle the mountains of cardboard boxes behind local malls. She went to the Oregon Office of Vocational Rehabilitation Services and told them she could employ some of their adults with disabilities, hoping, of course, that the program would be renewed and she could offer on-going employment. The program was a big success, but the malls declined to continue it. So it was back to the drawing board.

Rachel then opened her own job development business, placing people in competitive jobs. Seeing them lose their jobs over and over, however, was so discouraging that Rachel decided to take the next step: Portland Supported Employment. Rachel went from business to business, often persuading employers to create jobs if they didn't have any open at the time. Sometimes

it was just a part-time janitorial position, but that participation in the working world can make a huge difference to one of her "people with potential."

But she wasn't done yet.

Next came the Full Life Recreational Center in 2000. Funded by state and federal Medicaid money, the center has a diverse calendar of arts, crafts and other creative activities to promote a sense of community and help the clients gain purpose and self-esteem. Its current location on Northeast 33rd and Sandy is a large, open space with separate areas for everything from painting to guitar lessons, karaoke to TV production, and even a live webcast. Participants go on outings to bowling alleys, museums and events. They hang out at Full Life's adjacent Happy Cup Coffee Shop.

Providing employment opportunities, however, is the elephant in the room for Rachel, always. Her goal is to create so many jobs that they have to deal with an employee shortage. Among the job development business, the recreation center and the nearby small farm, Rachel employs 75 people in various capacities.

"The farm is wonderful," Rachel says. This year it's particularly bountiful, with vegetables, flowers and several chickens. She hires people to plant, maintain, harvest and sell the bounty.

"It won't make much money, with sales just through Twitter and Facebook for the most part. Actually, I just give the eggs away to my employees," she admits. But it's richly rewarding in the ways that count to Rachel and to her employees.

Full Life, though, still wasn't paying for itself, and that's why Rachel started Happy Cup Coffee Roasting in February. Portland is a coffee-loving town, Rachel reasoned. No matter that she knew nothing about roasting coffee. She does know how to work hard and hire the right people. She brought in Trevin Miller of Mr. Greenbeans "DIY coffee roasting and



Rachel Bloom

more” on the coffee side and mission-driven MBA Adam Bray as her operations director. They opened a storefront down the street from Full Life with just a terrific logo, a used commercial roaster and the tireless pavement pounding that had made Rachel’s job placement efforts so successful. Fortunately, Rachel knocked on the right doors.


“Most roasters start small, with a little coffee shop, sales to customers, maybe an expansion to outside and Internet sales,” Adam says. “Not us!” New Seasons and Whole Foods came on board immediately. Food Front in Hillsdale wasn’t far behind.

“They liked the flavor and they liked the message,” says Rachel.

Rachel is adding new restaurants and businesses as fast as she can. Adam keeps the wheels turning and makes sure the orders are processed. They employ as many of Rachel’s people as possible, turning what some would consider one job into two or three. A production morning may find five or six people in an organized assembly line, laughing and chatting as they glue on labels and twist-ties, weigh coffee, pour it into bags, seal the bags and stack them for delivery. Some go on sales calls.

“We found ourselves in 19 grocery stores in three months. We went from zero pounds of coffee in month one to 2,000 pounds in month three,” says Rachel. The goal is 8,000 pounds a month. In five years’ time, though, Rachel is much more ambitious.

“I want a much larger facility – two roasters working around the clock seven days a week. I want a national footprint,” she says.

“But no matter what, we don’t want to automate. We want to create jobs.” 

Liz Rabiner Lippoff is a medical marketing consultant, a freelance writer and, quite definitely, a coffee lover. www.Lizlnk.biz.

BOWERY

B A G E L S

503-227-NOSH (6674)
310 NW BROADWAY
PORTLAND, OR 97209
7AM-2PM DAILY

WWW.BOWERYBAGELS.COM

shiraz
Fine Mediterranean
Bar & Grill

HAPPY HOUR DAILY 3:00PM - 6:30PM
Open for Lunch & Dinner · Monday - Saturday 11AM - 9PM

Enjoy a **Complimentary Appetizer**
up to \$10.00 with purchase of two entrées.

503.821.7500
1140 NW Everett Street · Portland, OR 97209
Around the corner from the Gerding Theater

Portland features three Jewish day schools



Portland Jewish Academy fifth-graders Isaac Rosenthal and Abby Glass enjoy science class at PJA. As incoming sixth-graders, these two and the rest of their class will look forward to doing some iconic science projects at PJA such as building soda bottle rockets, hot air balloons of their own design, mouse-trap vehicle racing and will enjoy a week at Field School on the Oregon Coast. Courtesy Portland Jewish Academy

by Sura Rubenstein

Portland Jewish Academy Principal Merrill Hendin is looking forward to a banner year.

“We still have enrollment coming in, and we are in a very good spot,” she said, just days after returning from a mid-summer vacation.

Portland’s flagship Jewish school will have about 190 kindergarten through 8th-grade students when classes start after Labor Day, and is looking to strengthen core offerings and innovations this coming year.

“As a school, we continue to be passionate about what we do,” Hendin said.

PJA, along with Maimonides Jewish Day School and the fledgling Ma’Ayan HaTorah Day School are part of the expanding mosaic of Jewish educational offerings in the Portland metropolitan area. Both PJA, and Maimonides celebrated important anniversaries last year – PJA its 50th, and Maimonides its 25th.

In addition to the day schools, families also have a range of pre-schools and supplementary education to choose from, including Congregation Neveh Shalom’s Foundation School (pre-school) and Kochavim/Notz’tzim Hebrew immersion program, the Carl Preschool at Congregation Shaarie Torah, Congregation

Beth Israel’s preschool, and several Chabad-run preschools around the region.

PJA also offers programs for infants and toddlers as well as its own preschool.

“Jewish education has a very, very strong place at the center of the Jewish community,” Hendin said.

Jewish tradition, of course, emphasizes education – an emphasis underscored by the “V’shinantam” (“You shall teach”) in PJA’s logo, which comes from the first paragraph of the Shema, Judaism’s central prayer.

Today, PJA’s curriculum includes rigorous general studies and Judaic offerings, arts and music programs, community service opportunities and a special emphasis on technology. Its location on the Schnitzer Family Campus adjoining the Mittleman Jewish Community Center is a special bonus, since students have access to the center’s professional sports facilities, including the swimming pool, rock climbing wall and SportsPlex.

Hendin, who is beginning her third year as PJA principal, currently shares her office with what looks like a “crash cart” for hospital emergencies – but it’s part of the school’s ongoing focus on technology.

Think for yourself. Work for the world • Buddy classes • Learning Hebrew in all grades • Middle school poetry slam • *Tashlich* walks • *Sukkah* building • Dragons Cross Country team • Swimming • Dragon's Den Youth Afterschool Program • Tech lab • Books and Bagels • 6th grade Field School • All school and preschool *Kabbalat* Shabbat with *Morah* Kim • 4th grade Native American masks • 2nd grade visits with the Bee Keeper and the Bat Man • Digital projects: comic strips, Hebrew photo stories, movies, middle school Pineapple newspaper • Spirit Days • Food collections for Thanksgiving • PJA lower school talent show • 4th grade Potlatch and Portage • Winter clothing collections • Hershel and the Chanukah Goblins • PJA auction • Chanukah celebrations • *Taglit* (middle school discovery week) • Dragons Basketball • 4th grade trip to Lelooska • 8th grade Israel trip • 3-D relief maps of Portland • Creating menus in Hebrew • Mock Congress • The 3rd grade *In Portland* Play • Three Art teachers • Architects in the school • Bottle rockets, Hot air balloons, Mouse trap vehicles in science • Preschool monthly *Tzedakah* project

• Middle school Visiting and building grade • 5th grade • Used Book Sale Tours • Great Kapok 2nd grade • Fabulous Senora Rogers • Full grade bridge projects Dam • Martin Luther Purim carnival • Moon • Sharing *Mishloach* Baking Matzah with Food collections • seders • PSU Hebrew

• Grandfriends Day • Preschool bake sale • Yom Ha'atzmaut shuk • Full time P.E. teacher • 5th grade Heirlooms and Artifacts at the Oregon Jewish Museum • Mother's Day Tea in full-day Pre-K • Preschool collaboration with 8th grade Capstone projects • Siddur celebration • 7th grade visits Ashland • Chagigat Torah • 1st grade farm projects • Neighborhood House Food Drive • Living as a Writer • MUSE band • "Visit to Israel" by the pre-school on Yom Ha'atzmaut • Preschool food and pet supplies collection for the Oregon Humane Society • 6th grade science fair • Math Counts • Student-led yearbook • Kindergarten's Peter Rabbit the Musical

• School supply collection • Graduation • Key assembly • Maccabiah and Dodgeball tourney • PJA Summer Discovery • Welcome back picnic • **and much more!**



exploratory classes • synagogues in 3rd trip to Islandwood • Portland Walking Tree performance in cooking classes with time librarian • 3rd • Trip to Bonneville King Day assembly • journals in 5th grade *Manot* on Purim • Matzah Factory • Class and family proficiency exam

**Save
the
Date**

PJA Auction
Bright Lights of Broadway!
Dec. 2, 2012

ORGANIC CURIOSITY, NATURAL LEARNING
in a Joyful Jewish Environment



Welcoming
Children 12 months
to 4 years
Full, half day &
extended day
options

We are
a Certified
Eco-Friendly
Preschool

Hurry, few spots left!



"The Gan offers unparalleled educational techniques. The teachers are well-versed and up-to-date in all of the current guidelines for creating comfortable learning environments, skilled classroom agendas and methods for increasing capacities for knowledge." — **Carly Fujita, Parent**

www.PortlandJewishPreschool.com

email: mimi@portlandjewishpreschool.com or call: 503-977-7850

Gan means 'garden' in Hebrew.

The Gan Preschool is a division of Maimonides Jewish Day School.

Officially called a "COW" – for "Computers on Wheels" – it houses 25 of the laptops that will be circulated to fourth- and sixth-graders this fall. A smaller contraption houses another dozen laptops.

"We're looking at all areas of the curriculum, to see how we can better integrate technology," Hendin said, crediting Sarah Blattner, the school's technology maven, for new initiatives.

PJA also has received a grant to work with other Jewish day schools in the Pacific Northwest to integrate technology into the curriculum, and Hendin looks forward to this and other collaborative opportunities.

"We already do some programs with other day schools, especially Maimonides and Ma'Ayan HaTorah," she said. "It's part of being a community of Jewish educators – to find ways to work together."

In addition to technology, Hendin said PJA plans to expand special education services in the next few years. "We need to look at and meet the needs of the community," she said.

The bottom line, as always, she said, is to serve PJA's students, families and community.

"We want to give our students and our families a strong foundation," she said. "We are constantly teaching our children to think for themselves and to work for the world."

Across the street from PJA, Maimonides Jewish Day School and its preschool, The Gan, are beginning a new chapter as well.

Maimonides, which is entering its second quarter-century, serves a diverse range of Jewish students from Salem to Vancouver, WA.

Like PJA, Maimonides is a partner agency of the Jewish Federation of Greater Portland. Maimonides currently offers programs for about 50 students from preschool through fifth grade.

Devora Wilhelm, Maimonides' founder and director, said she ideally would like to offer a day school option through 12th grade, but emphasizes that even a few years in a Jewish school provides an important foundation.

"Students who get a strong foundation in early childhood gain Jewish skills for life," she says.

She adds that The Gan Preschool, which last year became a separate program under the direction of Mimi Wilhelm, has never been stronger.

Mimi Wilhelm noted that The Gan is Portland's only Jewish preschool certified as "eco-healthy" by the Oregon Environmental Council.

"Children thrive in a loving, nurturing and stimulating environment," she said. "We focus on the needs of the individual child and combine the most contemporary educational theories with love of our heritage and respect for our environment."

This fall, longtime Portland educator Sharon Pollin returns to Maimonides both as a teacher and as director of general studies programs. Pollin was interim head of school last year at a Jewish community school in Palm Desert, CA., and also has been working on a PhD with a specialization in Jewish educational leadership.

"We're very excited to have her back," Devora Wilhelm said.

The school also will move ahead with a long-planned building expansion: lifting the main floor of one of its existing buildings to

create a “daylight lower level” to be used for classrooms and a multi-purpose room.

Wilhelm said the expansion, expected to begin this month, “will provide a wonderful opportunity for students to delve into the science and engineering aspects of raising a building.”

Wilhelm said that Maimonides is committed to providing students with “real and relevant” learning, emphasizing “the 21st-century skills” of collaboration, creativity, critical thinking and problem-solving.”

“Our program synthesizes traditional Jewish learning and progressive education theory to create an academically engaging environment,” she said.

“Each child brings a unique blessing into the world,” she continued. “Each has unique talents and learns differently. We strive to give every child the tools to reach personal excellence, and the foundation to be a mensch – a responsible, compassionate member of society.”

Ma’ayan HaTorah, the city’s newest Jewish day school, is significantly expanding its offerings as it begins its second year of operation.

The school, whose name means “Wellsprings of Torah,” opened last fall with one preschool class of 11 children housed on the Neveh Shalom campus.


This September, the school already has 37 students signed up, and is offering programs for 2-year-olds through first grade, in addition to Yachad (“Together”) an intensive supplementary Judaic studies program for students in grades 2-7 who are not attending a full-time Jewish day school.

“We provide a warm Jewish environment welcoming all families in the community wanting a Jewish education for their children,” says Aviel Brodtkin, the school’s director.

The long-term goal, she added, is to establish a full pre-K through eighth-grade school, emphasizing excellence in both Judaic and secular studies.

“We strive to give each boy and girl the opportunity to thrive and shine as the unique individuals they are,” she said. “We believe that the skills and values being taught in our Judaic program – focusing on classic Jewish texts – enhance a child’s ability to think critically and analytically in their general studies as well.”

Laura Leibman, a parent and Reed College professor who helped set up the school, said she is looking forward to her daughter, Lyla, entering the new first grade class this fall, joining her son, Noah, who will continue in preschool.

“My son can’t wait each morning for school to begin,” Leibman said. “I love it that Ma’ayan HaTorah pays attention to where my children are at – and nurtures them so they can grow from that point forward.” 

FOR MORE INFORMATION:

Portland Jewish Academy
503-244-0126, www.portlandjewishacademy.org

Maimonides Jewish Day School
503-977-7850, www.maimonides-pdx.org

Ma’ayan HaTorah Day School
503-756-9939, www.mhtdayschool.org

Find out why we’re Portland’s new choice for great Jewish Day School education!



*Where
education
is a wellspring
for life*



- Academic excellence, in Judaic, General, and Hebrew Studies
- Each student’s needs are the priority of our staff
- Serving the entire Jewish Community

2900 SW Peaceful Ln, Portland 97239 mhtdayschool.org 503-245-5568



CONGREGATION
NEVEH SHALOM



Connect With A Community Of Lifelong Learners

- Foundation School Preschool
- ALIYAH K-12 programs
- Kochavim & Notz'tzim Hebrew Immersion
- Year-long Adult learning opportunities starting with High Holiday University

Visit our website and register today!

www.NevShalom.org
2900 SW Peaceful Lane • 503.246.8831

High school choices abound

by Deborah Moon

Parents of eighth-graders take note – fall is the time to consider where your son or daughter will attend high school next year.

“High school is not that much different from college admissions,” says Meade Thayer, executive director of Pacific Northwest Association of Independent Schools. “Be aware of timelines each school has and make sure you don’t miss deadline dates. Fall of eighth grade is the time to think about high school.”

Many Jewish students in Oregon, including students who graduate from Portland Jewish Academy’s middle school, attend their local public high school.

But public high school may not be the right fit for everyone. PNAIS, which accredits many private schools throughout the Pacific Northwest, offers a search option on its website (www.pnais.org) to help parents find schools.

And Portland offers a wide array of high schools to fit the needs of diverse students.

“I make sure families are aware there are choices,” says PJA Counselor and General Studies Director Betsy Bailey. “My role is to help them explore their options.”

“The majority go to public schools,” she says, adding that even there she plays a role ensuring students get off on the right foot. She prepares a summary of each student to send to the counselor at his or her new school and advises students to get involved in an extracurricular activity they enjoy to meet people with similar interests. “Our kids recognize they will be prepared academically. Some can’t wait to be in a bigger environment, but some are nervous about going to a school where they won’t know anyone. One strength our kids have is that being from a small school, they know how to talk to teachers and advocate for themselves.”

Bailey says each student is different. Some need or want a setting not available in public settings. PJA graduates who choose not to attend public school have gone on to Catlin Gabel, Oregon Episcopal School, Northwest Academy, St. Mary’s Academy, Jesuit High School, Thomas Edison High School and Riverdale High School.

Though Riverdale is a public school, the school district is small and students from outside the district in the Southwest metro area can pay tuition to attend the high school.

“Riverdale’s small classes feel like a natural transition to a lot of families,” she says.

Another public school that has a smaller feel is the Arts & Communication Magnet Academy magnet school within the Beaverton School District. ACMA is the only stand-alone arts magnet school in Oregon. Students receive a rigorous academic program combined with rich pre-professional experiences in a wide array of artistic disciplines.

Some kids have learning differences.
All kids have dreams.



Empowering students with learning differences to experience academic success and personal growth, while preparing them for the future.



9020 SW Beaverton Hillsdale Hwy,
Portland, Oregon 97225
(503) 297-2336
www.taedisonhs.org

SEE OUR SHUL IN ACTION!
Mitzvah in Motion for All Ages
September 9, 9AM - Noon



Join us for a light pancake brunch followed by different Mitzvot around town:

- Cleaning the Holocaust Memorial
- Donating blood to the Red Cross
- Feeding the Hungry Potluck in the Park
- Beautify our Cemetery, our synagogue home and learn about our k-12 Educational Program

Pancake breakfast suggested donation \$3

PLEASE RSVP BY SEPTEMBER 5
503.226.6131 • education@shaarietorah.org

For more information about events and our religious school k-12 contact Dorice at education@shaarietorah.org.



Shaarie Torah
www.shaarietorah.org

“Just as each school is unique, so each child possesses differing needs and desires.” – MEADE THAYER, PNAIS EXECUTIVE DIRECTOR

“We always have a couple girls go to St. Mary’s,” she says of the all-girl school. “They love our girls. And our families love their strong focus on values. They feel their daughters have strong Jewish identities that won’t be shaken (by attending a Catholic school).”

Located in Southwest Portland, Catlin Gabel School is an independent, nonsectarian, coeducational day school serving more than 700 students in preschool through grade 12. Catlin Gabel is a three-time recipient of the Presidential Award for Excellence in the Teaching of Mathematics and Science.

OES is a pre-K-12 college preparatory independent school that serves about 840 students from the Northwest and around the world. The school offers small classes, superb faculty and individualized education.

Located in the heart of Portland, NW Academy is an independent private school for grades six through 12, committed to education through academics and the arts. The academy offers motivated and talented students programs that emphasize and value creative thinking, individual choice, academic rigor and self-discipline, taught by master teachers and professionals active in their fields.

The Pacific Torah Institute is a yeshiva for high school and post-high school aged boys. An affiliate of Chofetz Chaim Yeshiva, Pacific Torah Institute and is located in Vancouver, BC.


Founded in 1956 in Portland, Jesuit High School is a non-profit, coeducational college-preparatory school for grades 9-12.

Bailey says all those schools have attracted PJA students. She also sometimes recommends families consider Thomas Edison, a small school on the Jesuit campus that caters to students with learning differences.

Thayer and Bailey both recommend parents spend time evaluating their children’s strengths, interests and needs.

“Just as each school is unique, so each child possesses differing needs and desires,” says Thayer. “How competitive or supportive an academic setting is desirable? Is remedial help needed in certain areas? Does your child perform better in a structured or relaxed environment? Would your child be more comfortable in a single-sex or a coed school? Is a day school or a boarding school setting a better environment? What are your child’s favorite subjects, activities, sports?”

Bailey says it is important to know how to look at a school’s website, but it is equally important to visit schools and get your own sense of the environment and to talk to students, parents and staff.

“Don’t look just at the official literature,” Bailey says. “Walk around. See how students and teachers greet each other. What’s on the bulletin boards?” 



Upper



Middle



Lower

Encouraging exploration, inspiring discovery.

OES OPEN HOUSES

Grades 6 through 12
Sunday, October 21, 2012
1:00 to 4:00pm

Grades Pre-Kindergarten through 5
Wednesday, November 7, 2012
6:00 to 8:00pm

Pre-register and view Open House schedule at www.oes.edu/admissions

Financial Aid: *need-based award program available*



OREGON EPISCOPAL SCHOOL
6300 SW Nicol Road | Portland, OR 97223

www.oes.edu

© 2012 OES

Oregon State Online Languages

Hello
Bonjour
Guten Tag
Shalom
¡Hola

Foreign languages are becoming a necessity in life, both professionally and personally. And Oregon State Ecampus makes it easy to learn Hebrew or any of our seven different languages so you can speak with confidence as you travel, work, converse with family, or study abroad.

Advantages of OSU's online foreign language program:

- Learn from native-speaking instructors
- Take part in one-on-one practice speaking sessions
- Interact with classmates to develop language proficiency
- Study from anywhere in the world with an Internet connection
- Fulfill a two-year B.A. language requirement

Inquire today
ecampus.oregonstate.edu/ojlife
800-667-1465

Oregon State
UNIVERSITY

Adults have plenty of options for learning

Adult education is flourishing in Oregon.

Compiled by Deborah Moon

Adults enroll in diverse education programs to enhance their professional life, enrich their cultural literacy, explore new interests or simply to keep their minds active and growing. The Internet has created a new avenue for learning at all those levels.

“The changing nature of work in the 21st century requires a continuous cycle of training and retraining in order to stay competitive,” says Associate Director of Linfield’s Adult Degree Program Janet Gifford. Linfield College was chartered in 1858 as one of the first colleges in the Pacific Northwest. “Online learning allows adults to acquire new skills while balancing family and work, and the trend toward later retirement also translates into a need for lifelong learning.”

Linfield College pioneered distance education nearly 40 years ago and has provided on-line courses since 1997. Adults can earn a bachelor’s degree or certificate in eight fields, mainly through online courses. Online courses allow time for learning and study at any time and from any location.

(www.linfield.edu/dce or 800-452-4176)

Oregon State University Ecampus gives adult learners everywhere access to more than 30 undergraduate and graduate degree programs. OSU Ecampus is consistently ranked among the nation’s 25 best providers of online education. Ecampus also delivers foreign language courses online, including sequences in Hebrew, Arabic, Spanish and Italian.

(ecampus.oregonstate.edu)

Students can also hone their skills or acquire a new language (including Hebrew) for business or personal reasons with Berlitz classes. Native-fluency teachers are trained in the Berlitz method, and small group or private conversation-based classes assure active participation for all students.

(berlitz.us/portland or 503-274-0830)

The Osher Lifelong Learning Institute of the University of Oregon offers adults 50 and older year-round access to lectures, short courses, study and discussion groups, field trips and tours. No tests, no grades – just learning for the joy of learning.

(osher.uoregon.edu or 800-824-2714)

In 1999 the Jewish Education Exploration Committee became Morasha: The Jewish Community Education Alliance serving as a clearinghouse for Jewish adult education. Morasha published The Rav, a catalog of adult education classes of Jewish interest offered by synagogues, Jewish organizations and colleges. Though the catalog is no longer published, congregations and colleges continue to offer adult classes.

Among those ongoing classes is one of the few cross-denominational Introduction to Judaism courses in the country. For decades, the Oregon Board of Rabbis has offered the semester-long course taught by rabbis from across the spectrum of Jewish thought. This year a dozen rabbis will teach 18 sessions of the class, which is now offered twice a year. The first session starts September 6th.

(503-639-0853)

In 2000 Morasha brought the Florence Melton Adult Mini-School to Portland. Melton is a two-year program for adults designed by scholars at Hebrew University in Jerusalem exploring Jewish thought, practice, ethics and history.

In June, the school celebrated the school’s founders and its b’nai mitzvah year, as the 2012 Melton graduates joined the more than 500 Melton alumni in Portland.

This year the Melton school reached 160 students, 36 in core classes and 130 in spotlight classes. Last year Melton reached 110 students. This expansion resulted from

opening spotlight courses to students who have not graduated from the core program, said Portland Director Sarah Liebman. Spotlight courses are five- or 10-week courses open to any student who wishes to learn, and students of all backgrounds, including non-Jews, are welcome.

Liebman added that Portland's Melton students are among the most diverse in the worldwide program. About 40% of new students are younger than 45, about 60% of new students are part of an interfaith family, and about 40% were previously unaffiliated with a Jewish organization.

Over the last four years, more than 85% of Melton students have consistently reported that they feel studying at Melton strengthens their Jewish identity and increases their participation in Jewish community activities. Students feel they are more able to take leadership roles in their synagogues and other Jewish organizations. They report that they feel empowered to be better parents and grandparents. Students also increase their giving to Jewish causes.

Melton has hired six new teachers for the 2012-13 school year to develop and teach spotlight courses. The teachers are Charles Schiffman, Merridawn Duckler, Elizabeth Schwartz, Rabbi Motti Wilhelm, Rabbi Tzvi Fischer and Rabbi Michael Kaplan. The new faculty joins teachers Jan Rabinowitch, Sylvia Frankel, Erica Goldman and Rabbi Joshua Stampfer.

Melton's Core Program classes begin Oct. 16.
(www.meltonportland.org).



Curiosity Never Retires

The **Osher Lifelong Learning Institute of the University of Oregon (OLLI-UO)** invites you to discover a unique noncredit program for mature adults:

- Delve into the arts and sciences, current events and arts appreciation.
- Create meaningful connections with peers.
- No tests, no grades—just learning for the sheer joy of it!
- Program sites available in Eugene/Springfield, Portland, and Central Oregon.

LEARN MORE

Osher Lifelong Learning Institute

800-824-2714

<http://osher.uoregon.edu>

EO/AA/ADA institution committed to cultural diversity. © 2012 University of Oregon



UNIVERSITY OF OREGON

English
Spanish
French
Italian
Japanese
Korean

Hebrew
Mandarin
Portuguese
German
Russian
Arabic

Personalized Learning = Real Results

Immerse yourself in a new language using the world-renowned Berlitz Method®.

Private and small group classes held at our location or yours.

Call to inquire about free trial lessons!



www.berlitz.us/portland

1234 SW Morrison Street

503.274.0830

berlitz@europa.com

Linfield College ADULT DEGREE PROGRAM



THE POWER OF A SMALL COLLEGE

The Linfield College Adult Degree Program offers adults the opportunity to earn a bachelor's degree or certificate in both online and combination online and classroom settings.



EARN YOUR BACHELOR'S DEGREE IN:

- Accounting
- Arts & Humanities
- Business Information Systems
- International Business
- Management
- Marketing
- Nursing (RN to BSN)
- Social & Behavioral Sciences

CERTIFICATES IN FOUR CAREER FIELDS:

- Post Baccalaureate Accounting • Computer Information Systems
- Human Resource Management • Marketing

Request information today at www.linfield.edu/dce
Get started today by calling 800-452-4176

Healthy kids **learn better**



When children miss school – whether the reason is influenza, a toothache, or emotional and social struggles – kids fall behind.

by Lillian Shirley

It seems like summer just arrived here in the Pacific Northwest, yet another school year is just around the corner. Each year Multnomah County Health Department and other community organizations gear up to support children, families, schools and communities to keep kids healthy in school so that they can learn and thrive.

Supporting kids in school is a particularly important part of our health department's vision of healthy people in healthy communities. We know that student health affects test scores, attendance, classroom behavior, grades and graduation rates. This is not news to parents and caregivers.

When children miss school – whether the reason is influenza, a toothache, or emotional and social struggles – kids fall behind. This can have lifelong consequences for kids, families and communities. Studies show that adolescents with poorer general health are less likely to graduate from high school on time and attend college or post-secondary education than healthier students.


Multnomah County has a strong commitment to keeping kids healthy in school. We know that schools with large numbers of students engaging in weekly physical activity and eating nutritious foods

show greater gains in test scores than other schools. According to the Centers for Disease Control and Prevention, general physical activity enhances student concentration and attention and improves classroom behavior. Studies also show that students in communities with school-based health centers have greater academic achievement than communities without them.

In Multnomah County last year, we provided 18,000 yearly visits through 13 school-based health centers. We administered more than 25,000 immunizations to keep kids current on their vaccine schedules. We enrolled more than 24,000 kids in a voluntary fluoride program to protect against dental decay. We supported seven school districts in developing healthy guidelines to increase access to healthy food and physical activity. And we provided more than 3,000 teens with six hours of instruction on pregnancy prevention

and healthy relationships. All of this work is done in partnership with school and community partners to improve student health and academic success.

Healthy kids learn better and we all have a part to play. We can create a broad community of support for health by making small changes at our schools, in our neighborhoods and at home. Small changes can make a big difference and add up to real results for all of the children in our community.

As the National Association of State Boards of Education points out, "Health and success in school are interrelated. Schools cannot achieve their primary mission of education if students and staff are not healthy and fit physically, mentally and socially." 

Lillian Shirley BSN, MPH, MPA, is director of the Multnomah County Health Department.



The Gardner School of Arts and Sciences is accepting enrollment applications for the 2012-2013 school year!

The Gardner School - small classes and a natural outdoor learning environment, where children become critical thinkers, within a community of learners.

Specialist teachers in Science, Art, Music, PE and Spanish.

The Gardner School is an independent, progressive day school serving **preschool through 8th grade students**.

See the full Gardner School experience at www.GardnerSchool.org or call for a personal tour of our campus!



16413 NE 50th Ave., Vancouver, WA 98686
(360) 574-5752

KOL SHALOM
Community for Humanistic Judaism



Sunday School Program

- ❖ Gives students a background in Judaism from humanist, non-theistic perspective
- ❖ Friendly, welcoming environment for all including mixed culture families
- ❖ Small classes
- ❖ Pre-mitzvah classes meet for two hours Sundays twice per month at Mittleman Jewish Community Center
- ❖ Activity based pre-mitzvah classes for 5-10 year olds
- ❖ Two year bar/bat mitzvah program for 10-12 year olds
- ❖ Call Kol Shalom for more information: 503-459-4210 or see our web site: www.kolshalom.org

OPEN HOUSE SUNDAY

August 26, noon-2 PM at MJCC

Kol Shalom

1509 SW Sunset Blvd., Ste. 1E
Portland, OR

MJCC

6651 SW Capitol Hwy.
Portland, OR

99% Post B'nai Mitzvah Retention Rate

Youth Group Activities for All Grades

Innovative K-12 Religious School

Personalized Hebrew School

Educator Jan Rabinowitch

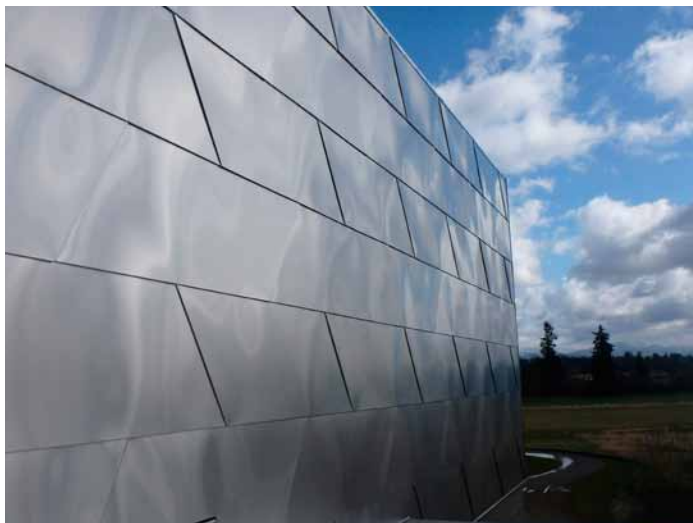
Rabbi Elizabeth Dunsker

And a brand new, award-winning,
world-class Synagogue

All in Vancouver

*School Registration
Open Now*

360-896-8088 • www.jewishvancouverusa.org
7800 NE 119th Street • Vancouver WA 98662



CONGREGATION
KOL AMI
BUILDING
OUR HOME

Judaism brings meaning to early childhood education

Katie Elliot, lead teacher at The Gan–Garrett Jewish Preschool in Vancouver, WA, is sold on the importance of Jewish education – even though she herself is not Jewish.

Judaism, she says, brings so much meaning to early childhood education.

“The children have opportunities to practice compassion, kindness and charity,” says Elliot, whose master’s thesis focused on how teachers can help preschoolers develop empathy and conflict-resolution skills.

Elliot led a “Peacemakers’ Circle” when she taught at a Montessori preschool in Southern California for 10 years before moving to Clark County. Each week, she says, “We discussed concepts such as kindness and helping those in need.”

In contrast, in her Jewish school, she says, “We talk about these ideas every day. We sing a prayer about loving our friends as ourselves, about treating them the way we would want to be treated. We reflect on whether we have treated others kindly, often by asking ourselves, ‘Would we want to be treated in the same way?’ This is part of our daily ritual.”

Giving charity, or tzedakah, also encourages compassion, she says. “Every day, at least some of the children bring in a few coins to donate. And the most heart-warming aspect of this is that the children are as excited about sharing these coins with friends

and classmates – so that everyone gets to give – as they are about giving to charity.”


Elliot adds that saying daily blessings and celebrating the cycle of Jewish holidays are important educational as well as spiritual practices.

“It’s a regular reminder of all that is good in our lives, which many children take for granted,” she says of the blessings recited before snacks and lunch. “I also get excited about every holiday because each one provides an opportunity to explore what it means to be a righteous person.”

“During my first year, I remember telling someone I felt I’d struck gold when I was offered a teaching position at The Gan. This feeling deepened when the rabbi said it is the job of teachers to help children become kind, contributing members of the community, not just in the future, but here in the present. I could not agree with him more.”

“In early childhood education, there is so much focus on preparing children for the future,” she notes. “Judaism’s focus is equally on the present. A mitzvah performed by even a very young child can change the world for the better.”


Katie Elliot, known as “Morah (Teacher) Katie,” blogs weekly about her classroom activities and early childhood education at MyGanblog.blogspot.com.



Where children blossom!

The Gan, Hebrew for “garden,” is a preschool where your child can blossom, flourish and grow to make the world around them a more beautiful place.

We’ve created an emotionally safe learning environment where your child will feel empowered to explore ideas, skills and an understanding of self.



To visit our state-of-the-art facilities, to meet our exceptional teachers or to register your child, contact us at:
www.TheGan.org • 360-256-0859 • Vancouver, WA



Beit Haverim Religious School OPEN HOUSE

Enjoy refreshments while getting to know Rabbi Alan Berg and our dedicated Religious School Staff.

Observe a class in session and learn about our curriculum or send your child to try out the class while you schmooze with other parents.

Our Religious School offers quality Jewish education for children preschool age through teenagers. We also offer Hebrew classes, tutoring and preparation for B’Nai Mitzvot, and Confirmation class.



SUNDAY, SEPTEMBER 9, 2012
2:30 – 2:45 Religious School Kick-off/Meet the Teachers
2:45 – 4:30 Regular Class Time

Come see what we have to offer for you and your family!



www.beithav.org • info@beithav.org • (503) 344-4839
1111 Country Club Road, Lake Oswego, OR 97034



The Gan-Portland Jewish Preschool teacher Angella Stinston and student Trevor Gilbert tend the preschool garden. The Gan is an Eco-certified program and tending to the garden is a central part of the curriculum.

JEWISH PRESCHOOLS

Portland Jewish Academy Preschool
503-535-3536
www.portlandjewishacademy.org

The Gan-Portland Jewish Preschool
503-977-7850
www.portlandjewishpreschool.com

Ma'ayan HaTorah's Preschool
503-756-9939
www.mhtdayschool.org

Neveh Shalom Foundation School
Kochavim/Notz'tzim Hebrew programs
503-246-8831 ext. 122
www.nevehshalom.org

Congregation Beth Israel Preschool
503-222-2037
www.bethisrael-pdx.org

Milt & Cissi Carl Parent-Child Preschool
(at Congregation Shaarie Torah)
503-226-6131
www.shaarietorah.org

The Gan-Garrett Jewish Preschool/Vancouver
360-256-0859
www.TheGan.org

Temple Beth Israel Preschool/Eugene
541-345-7314
www.tbieugene.org

Gan Neve Shalom Preschool/Ashland
541-488-8887
www.havurahshirhadash.org/preschool.html



P'nai Or
of Portland

SUNDAY SIMCHA PROGRAM

Our Simcha Sunday program is dedicated to cultivating and instilling in our children a life-long love of being Jewish in community.

We strive to develop each child's gifts and promote integration of the spiritual, mental, emotional and physical.

Now accepting registration for P'nai Or of Portland's Simcha Sunday religious school program.

October 7 - May 19, three Sundays a month

New location!

The Tucker Maxon School at SE 28th and Holgate

Ages 4 - Pre-B'nai Mitzvah

Contact Rivkah Coburn, Education Director

rivkah.coburn@gmail.com

503-544-7590

P'nai Or of Portland (in the St. Mark Presbyterian Church Building)
9750 SW Terwilliger Portland, OR 97219 • Phone **503-248-4500**
www.pnaiorpx.org

JOIN OUR INNOVATIVE, AWARD-WINNING HEBREW IMMERSION PROGRAMS!

Art, music, stories, games, computers, yoga, drama and more!



Kochavim
כוכבים

After school Hebrew immersion for pre-school through 2nd grade



Notz'tzim
נוצצים

Hebrew music and exploration program for tots ages 0-3 and their parent or caregiver



FOR MORE INFORMATION OR TO REGISTER, CONTACT MEL BERWIN AT 503.246.8831 OR MBERWIN@NEVEHSHALOM.ORG



HaMerkaz



Portland Center for Hebrew Immersion

המרכז לשפת עברית בפורטלנד

So many choices

Hundreds of school options mean parents have to do their homework too

Compiled by Deborah Moon

As summer fades into fall, families get ready for a new school year.

For Jewish families of children in elementary and middle school, that often means deciding on both an academic program and a religious school program. Jewish students who do not attend one of the three Jewish day schools in Portland often enroll in a Sunday school, Shabbat school and/or afterschool Hebrew program to supplement their regular school program. Most of the congregations in Oregon and Southwest Washington offer religious school and/or Hebrew school options.

While the majority of Oregon students attend public school, the movingtoportland.net website estimates that about 14% of Portland students attend private schools. There are more than 200 private schools in the metro area and more than 360 private schools registered with the state of Oregon.

That can make choosing the right educational setting for your child seem overwhelming. GreatSchools (www.greatschools.org) is the country's leading source of information on school performance. With listings of 200,000 public and private schools serving students from preschool through high school and more than 800,000 parent ratings and reviews, GreatSchools has become the go-to guide for parents. In addition to school listings and reviews, the website includes articles on how to choose the best school setting for each child.

GreatSchools suggests parents consider: "What qualities are you looking for in a school? Do you want one that's big or small? Strong in academics or the arts – or both? When you list what's most important at the outset, you're more likely to find the right school for your child."

Many families choose a private school associated with religions for the values-based learning offered there. Portland features three Jewish day schools, numerous Catholic schools, Oregon Episcopal School and many others.

Other families are drawn to the many schools that offer language immersion programs, which are appealing given the world's increasingly global community.


The French American International School is a preschool through grade eight independent school with an internationally focused curriculum. The lower school accepts students from 2½ years old and is a French immersion program, complemented with the study of English. Students then move to The Gilkey International Middle School, which offers an inspiring, international curriculum designed for students with no foreign language experience, as well

as students continuing in immersion programs in French, German, Spanish and Mandarin.

The German American School of Portland also partners with the Gilkey School to offer a middle-school curriculum that allows its students to continue taking advanced level language arts and social studies immersed in German.

The International School in Portland provides a multicultural environment where children are fully immersed in Spanish, Japanese or Chinese language and culture. Children become fluent in another language, at home in other cultures, and engaged in math, science, social studies and arts. The International School was founded in 1990 and today educates more than 460 students from age 3 through fifth grade.

Portland Public Schools also offer language immersion programs. Ainsworth, Atkinson and Beach offer Spanish immersion; Woodstock offers Mandarin immersion; Richmond offers Japanese.

Beaverton Public Schools also has many language options, including the International School of Beaverton for grades 6-12. ISB opened in September 2006 with a focus on the International Baccalaureate program and classes in Japanese, Mandarin and Spanish. 



Start Early.
Think Internationally.
Think Maternelle.
World renowned early education.
PRESCHOOL / PK / K-8
Lower School Open House: Thurs., April 5, 9-11 am
Middle School Open House: Thurs., Feb. 2, 6:30-8 pm

the
FRENCH AMERICAN INTERNATIONAL SCHOOL

A network of 470 schools around the globe. And one in your backyard.
8500 NW Johnson St., Portland OR | 503.292.7776 | www.faispdx.org

How it all began

Shortly after the first Jewish child was born in Oregon – in 1856 – members of Oregon’s pioneer Jewish community put education at the top of their list.

Congregation Beth Israel, the first Jewish congregation west of the Rockies and north of San Francisco, was established in 1858, and soon hired a teacher for its children. Although the teacher had many other duties.

One advertisement in *The Occident*, the first Jewish paper published in the United States, sought “a gentleman who is capable to act as Minister, Chazan and Shochet, and is also required to teach from 10 to 15 children in the Hebrew.” The salary was \$1,000 per year, which even by frontier standards was somewhat skimpy.

The Rev. H. P. Bories, whom Rabbi Julius Nodel described as probably a learned layman in his centennial history of Beth Israel, *The Ties Between*, became the congregation’s third spiritual leader in 1861. He became superintendent of Beth Israel’s day school after the congregation hired an officially recognized rabbi in 1863, the pioneer Rabbi Julius Eckman.

The day school, established because Beth Israel members were skeptical of the quality of the new “free” public schools, quickly won community endorsement.

“This school is an ornament to our city and a very useful institution,” *The Oregonian* noted in 1864, Nodel reports.

The school reached its greatest enrollment in 1867, with 75 students, both Jews and non-Jews. But Nodel reported that enrollment declined about 1870.

“Dwindling enrollments and rising financial costs prompted motions to abolish the school and sell its buildings,” he wrote.

– Sura Rubenstein



Machon Ivrit
מכון עברית

Learn to Speak and Read Modern Hebrew!

- Professionally Taught
- Year-long Course
- Beginning & Intermediate Levels
- Mondays, 7:00-9:15pm
- Congregation Neveh Shalom

For more information or to register, contact Mel Berwin at 503.246.8831 or mberwin@nevehshalom.org



HaMerkaz



Portland Center for Hebrew Immersion
המרכז לשפת עברית בפורטלנד

Experience World Class Jewish Adult Education



Inspiring teachers! Welcoming classes!

Stem Cell Research – Dr. Erica Goldman

8/8/12 at 7:15pm at the MJCC

Examining Israel’s Declaration of Independence –

Dr. Sylvia Frankel

9/6/12 at 7pm at Temple Beth Israel

Sin and Redemption – Dr. Erica Goldman

9/9/12 at 10:30am RSVP for location

Yom Kippur

9/23/12 at 2pm at the MJCC

“I came for the knowledge; what I gained was understanding.”

Serene Piercy 2012

Free Sample of the Yearlong Core Class!

NOW OPEN TO ALL! 10-Week In-Depth Classes Start October 16!

Study Fascinating and Relevant Topics Such As...

The Prayerbook: A User’s Guide Jan Rabinowitch

Melton Scholars’ Curriculum: Genesis Dr. Erica Goldman

Decoding the Talmud Dr. Sylvia Frankel

The Mystical Tradition Rabbi Motti Wilhelm

Jewish Artists Merridawn Duckler

Sephardic History and Culture Rabbi Michael Kaplan

Satan in Jewish Thought Sarah Liebman

The Jew in the City Rabbi Joshua Stampfer

What is God? Jan Rabinowitch

Register NOW for fall Melton Yearlong Core and 5 and 10 Week In-Depth Courses! These exciting and fun Adult Jewish courses provide a supportive, friendly, pluralistic atmosphere taught by Portland professional educators and experts.

CALL TODAY! Classes filling fast! Learn more at www.meltonportland.org or call 503-384-2476.

Shir Tikvah:

First a Learning Community

Learning should not only be meaningful and worthwhile—it should also be natural and fun. At Congregation Shir Tikvah, everyone who truly seeks will find a personal path to meaningful learning, the kind which leads to doing.

Our Nashira Education Project—Hebrew for “let us sing”—offers you and your children the chance to join a warm, welcoming community that embraces Jewish learning at every level.

Enjoy our lively weekly Saturday morning Torah study as well as opportunities for individual and group programs for adults. Sunday morning classes, *Shabbatonim*, and holiday-centered events and workshops engage the whole family.

We aim to nurture participation, foster responsibility, and grow families that view Judaism as a vital presence in all aspects of our lives.



Come see for yourself...

Congregation Shir Tikvah

503.473.8227

www.shir-tikvah.net/shirblog/learning/

Ready for your close



Photo by: Erik Heinila

LEVERAGE – Timothy Hutton and Gina Bellman are part of the five-member Leverage team. Bellman was born in New Zealand to English-born Jewish parents of Russian and Polish origin who emigrated to New Zealand in the 1950s. Her family moved back to Britain when she was 11. Bellman is listed among the notable alumni of JFS (formerly known as the Jews’ Free School) in London, the largest Jewish school in Europe. Her earliest film role was as King David’s daughter Tamar in the biblical epic *King David* (1985). Her recipe for bubelah was featured in an article “Celebrity Kosher Cooking” in the November 2010 issue of the British magazine *Pulse*.

(TNT, 8pm Sundays)



Photo by: Scott Green/NBC

GRIMM – David Giuntoli as Nick Burkhardt and Sasha Roiz as Captain Renard in the Grimm episode entitled “Organ Grinder.” Roiz was born in Tel Aviv/Jaffa to Rima and Jacob Roiz, who moved to the Jewish homeland from the Soviet Union. His family moved to Montreal when he was 7. In an interview with Buzzymag.com, Roiz said, “I grew up on Russian fairytales,” and speculated some of those Slavic tales may someday be used on the set of Grimm. The Unofficial Sasha Roiz Fan Page on Facebook quotes Roiz’s replies

by Lauren M. Murphy

Portland seems to be on the tip of everyone’s tongue these days. You’ll often find our great city and state featured in national and international travel magazines and publications as one of the top places to visit and live in the world. This year alone, Great Britain’s *The Guardian* put Portland on the top of their list of the five best places to live in the world – heralding our hipsters, music scene, microbreweries and food carts as enough reason for British folk to move across the pond. A recent feature on the website *businessinsider.com* put Portland on its “15 Hottest American Cities of the Future” list, claiming “Portland, OR will become one of the coolest cities for young people.” It’s hard to

imagine Portland getting any cooler than it already is, but people seem to think we haven’t reached our cool quotient yet.

It’s difficult to pinpoint exactly why Portland is the city du jour, the talk of the town amongst towns, if you will. The natural beauty of the state and laid-back vibe of its residents have always been a huge draw – that’s nothing new. No, it seems we owe a lot of our newfound attention to our televisions. In recent years we’ve seen a surge in Hollywood production companies choosing Portland as the location to film their TV shows, commercials and movies. One such film was the 2012 thriller *Gone*, starring Amanda Seyfried. The movie was both shot and set in Portland, and though not a huge box office success, it did a wonderful job

- up, Portland?



to questions posted in 2010. Asked about his wavy hair, he said, "My 'Jew-phro' is entirely natural. I think probably from my dad." He also commented on bigotry: "Unfortunately I have experienced racism in my life. Growing up as an immigrant and a minority, I faced different levels of bigotry and ignorance. Some more subtle, some overt, but all equally painful."

(NBC, season premieres Monday, August 13th 10pm)



Photo by: Danielle Mathias/IFC

PORTLANDIA – Guest star Jeff Goldblum, right, with Fred Armisen and Carrie Brownstein as "Gavin & Molly" in *Portlandia*. *Tablet* magazine calls Brownstein "perhaps one of the city's best-known Jews." Born in Seattle, she has called Portland home for more than a decade. In a 2011 interview with *The New Yorker*, Brownstein said when she's at home in Portland she spends all her holidays with the Goldfarbs, "a family I've sort of adopted as my own." Formerly of the band Sleater-Kinney and now of Wild Flag, she has been profiled in *The New Yorker* and *The New York Times* magazine and has won raves everywhere from *Slate* to *Spin*. (IFC, season 3 resumes in January)

showing off our beautiful city. Seyfried often tweeted how much she loved Portland while she was here filming. As our city's culinary scene has exploded, so has the number of visits from travel food shows like *Man v. Food*, *No Reservations* and a number of Food Network favorites.

Yes, it's definitely on our TV screens that Portland shines the brightest. TNT's hit series *Leverage* is a drama that follows a team of five, including a hacker, a thief, a grifter, a retrieval specialist and an insurance investigator, as they use their combined skills to take down corrupt, wealthy corporate and government figures. The show has been filming in Portland since its second season. Starting with its fifth season, which

began in July, *Leverage* is now shot *and* set in Portland. New Zealand-born Jewish actress Gina Bellman stars as grifter Sophie Devereaux.

2011 saw the appearance of another Portland-based series with the October premiere of NBC's *Grimm*, both filmed and set in town. *Grimm*, a fantasy drama, revolves around Detective Nick Burkhardt as he learns he is a descendent of the Grimms, an elite line of protectors charged with keeping balance between humans and the mythical creatures that live among us. Each episode is based loosely on one of Grimm's Fairy Tales, and the show's dark and dreary tone makes Portland the perfect backdrop for the sinister creatures looming in the rainy shadows.



Randy Shulman



Julian Rose

Last but certainly not least talked about of the new Portland-based shows is *Portlandia*. While *Leverage* and *Grimm* highlight both the beauty and the grittiness of the city and its residents, *Portlandia* likes to poke fun at them – and most times the jokes are dead on. Created in 2010 by native Northwestern rocker-turned-actress Carrie Brownstein and *Saturday Night Live* star Fred Armisen, *Portlandia* is a satirical sketch comedy series that focuses on all of Portland’s many quirks. “In general, things in a place like Portland are really great, so little concerns become ridiculous. There are a lot of people here who can afford financially, but also psychologically, to be really, really concerned with buying local, for instance,” said Brownstein in a January

2012 article with the *The New Yorker*. The first episode begins with Brownstein and Armisen taking the local and organic obsession with food to a whole new level. This little IFC show became a surprise success, landing Portland in the spotlight once again.

All three shows have made it a point to hire locals for their casts and crews (nearly 80 percent of the people who work on *Grimm* are locals), and while all three productions have very different plots and characters and display Portland in unique ways, the one thing they do have in common is the benefits they’ve brought to our local economy.

Long-time actor Randy Shulman, who moved to Portland from Los Angeles in 2010, was cast in both *Leverage* and *Grimm*. “I never really thought these opportunities would be available to me once I moved to Portland,” he says. “Had they done the auditioning in L.A., I would have never gotten the parts – the competition is just too fierce down there.” He hopes more roles like the ones he had on *Leverage* and *Grimm* come his way.

Even dabbling actors with no previous TV experience, like Julian Rose of P’nai Or, found themselves in front of the cameras for *Grimm*. Though his part was small and he had no lines (he played the precinct janitor where Detective Burkhardt works), Rose says the experience was incredibly exciting and all the lead actors on the show were very friendly. One such actor, whom Rose says was wonderful to watch and work with, is Israeli-born actor Sasha Roiz, who plays the handsome Police Captain Sean Renard. “He came off as a big, bad, intense guy when acting, but as soon as the cameras stopped rolling he was as nice as can be.”

The benefits go far beyond employing local actors for these shows. Shelley Midthun, who works as the Portland Development Commission’s film and video liaison, says these shows brought in roughly \$130 million to the local economy in 2011. “Each show has giant crews that are made up of mostly locals,” she says. “Almost everything the casts eat and wear, and all of the random set supplies,

Literary Arts
Portland Arts & Lectures | Writers in the Schools | Oregon Book Awards & Fellowships | Delve

presents

Mark Bittman

Author of *Food Matters* and *How To Cook Everything*

September 20, 2012
7:30 PM, Arlene Schnitzer Concert Hall

Tickets start at \$15, available at Ticketmaster

Radiant health starts here

When you feel well, you live well.

Recover from illness and cultivate lifelong health with compassionate naturopathic medical care.

Insights to Health Clinic helps you chart your best course toward sustainable health and happiness.

Solutions for:

- Anxiety and depression
- Hormone imbalances and infertility
- Weight loss challenges
- Fatigue
- ADHD and autism
- Chronic pain
- Migraine headaches
- Allergies and asthma
- Gastrointestinal distress
- Thyroid/Autoimmune disorders



Drs. Christie & Gil Winkelman, ND, MA
Naturopathic Physicians and Counselors



Contact us to schedule your introductory consult

Insurance accepted

INSIGHTS TO HEALTH

InsightsND.com | 503.501.5001

VILLAGE OFFICES, SUITE 302, 2929 SW MULTNOMAH BLVD. PORTLAND, OR 97219
Conveniently located in Multnomah Village just off highway I-5 in Southwest Portland

ISRAEL GETS CLOSE-UP TOO

Israel's Ministry of Tourism and American Friends of Tel Aviv University took six noted American culture journalists for a fact- and fun-filled tour of Israel with a focus on the burgeoning, internationally influential Israeli film industry in June.

Writers from *Variety* and the *Huffington Post*, among others, learned that Israel's film industry is on the frontier of creative techniques such as interactive cinema, and has produced the brains behind some of Hollywood's biggest hits, including HBO's *In Treatment*, Showtime's *Homeland*, and the Oscar-nominated movies *Footnote* and *Waltz with Bashir*.

are provided by Portland businesses." In fact, all of the plants, pots and greenery the *Grimm* crew buys for their sets are supplied by Dennis' 7 Dees, and much of the costuming comes from NE Fremont boutique Shop Adorn. Additionally, *Grimm's* special and visual effects are done by Portland media post-production house Hive-FX. "People may find filming a nuisance sometimes, but they need to remember that these productions do a lot of good for the city." Unfortunately the state's tax incentives for getting productions to film here are on the small side. Midthun is hopeful that as the industry continues to grow and the economy improves so will the incentives.


So why does Hollywood choose to film here? Boaz Frankel, local filmmaker and host and producer of the *Pedal Powered Talk Show*, says, "The city and residents are so supportive of creative endeavors. They don't make everything a hassle like they do in some cities." Frankel says the recent boom in filming is great for creating more guest potential for his talk show.

"The city's sustainable and green efforts are a real draw for so many," adds Midthun. "Plus, Oregon has so much to offer in terms of the environment and landscape that choosing to film here is a no-brainer." One distinction Midthun readily makes when talking about the

Homeland, will film part of its second season in Israel. The American hit series is an adaption of Israel's *Hatufim*.

The journalists were guests of honor at the opening of Tel Aviv University's 14th International Student Film Festival, a bi-annual event that this year featured two conferences on integrating cutting-edge technology into the world of film – Interactive Cinema and New Media.

They attended the screening of *Turbulence*, the world's first-ever feature film with an interactive component. Using an Android/Apple application, the audience is invited to vote on plot direction at various points throughout the film. Currently being perfected by the faculty and students of the Department of Film and Television, the technology aims for a seamless integration of audience and art form.

local industry: "It's not about Hollywood coming to Portland and taking over – it's about Portland's own talented and creative entertainment industry rising up to meet Hollywood standards." And it's very clear Portland is doing just that. 

A recent Portland transplant, Lauren Murphy is a lifestyle writer and editor whose articles have been published in *Los Angeles Confidential*, *Aspen Peak*, *Hamptons Magazine* and *The New Jersey Star Ledger*. A native of the East Coast, she is enjoying getting to know her new city and writing all about it. She can be reached at laurmmurph@gmail.com.

"Cole stands as the best Gershwin pianist in America today."
— CHICAGO TRIBUNE



HERE TO STAY: THE GERSHWINS

Saturday, September 15 | 7:30 pm

Kevin Cole, piano & vocals Sylvia McNair, vocals

A multimedia orchestral concert hosted from the piano by Kevin Cole, uses song, dance and rare video footage to celebrate George and Ira and their fabulous music. Performances include *Rhapsody in Blue*, *Love is Here to Stay*, *Summertime*, *I Got Rhythm* and many more. An unforgettable Gershwin experience with the Oregon Symphony!






Call: 503-228-1353 Click: OrSymphony.org

Come in: 923 SW Washington | 10 am – 6 pm Mon – Fri

Groups of 10 or more save:
503-416-6380

Oregon Symphony

CARLOS KALMAR, MUSIC DIRECTOR

ARLENE SCHNITZER CONCERT HALL

SW Main & Broadway · Portland Center for the Performing Arts

PORTLAND'S MEL BLANC:

THE MAN OF 1,000 VOICES

by Sura Rubenstein

“What’s up, Doc?”

The man behind that question may be Oregon’s best-known Jewish export to Hollywood.

Mel Blanc, “The Man of 1,000 Voices,” spoke for Bugs Bunny, Porky Pig, Daffy Duck, Sylvester the Cat, Tweety Bird and hundreds of other animated characters for Warner Brothers studios and other producers over a career spanning six decades.

“His genius made cartoons cultural touchstones for generations of moviegoers,” notes Bill Foster, director of the Northwest Film Center. “It’s remarkable to realize that probably more people can quote Bugs Bunny and Porky Pig than icons like Humphrey Bogart and Clark Gable.”

Born in San Francisco in 1908, Blanc (then Melvin Blank) moved to Portland in 1915 and grew up in Old South Portland. He sold newspapers in downtown Portland and – so the story goes – invented what became the Woody Woodpecker laugh in the echoing halls of the old Lincoln High School.

He changed the spelling of his name, he said, because a teacher once chided that he wouldn’t amount to much – he’d be a blank, like his name.

Peryl Gottesman, whose older sister was a friend of Blanc’s, remembers him fondly.

“I was his best fan,” she says, recalling how the older boy would crack jokes with her. Her sister, Betty, wasn’t so impressed.

“Enough with the jokes already,” Gottesman recalls her sister telling Blanc. “You aren’t even funny.”

Blanc was not an academic. Instead, he was a student of the myriad voices and accents in the South Portland immigrant community, and he would often skip school to spend weekday afternoons at the movies.

He took violin lessons at Neighborhood House, the settlement house operated by the National Council of Jewish Women, and soon began performing there, and anywhere else he could.

He toured the vaudeville circuits in Oregon and Washington before joining *The Hoot Owls*, a fast-paced KGW radio variety show, in 1927. In 1932 he moved to Los Angeles, where he met and married Estelle Rosenbaum, but couldn’t find work. He moved back to Portland, working on a KEX daily radio show, *Cobwebs and Nuts*, before another try at breaking into Hollywood.

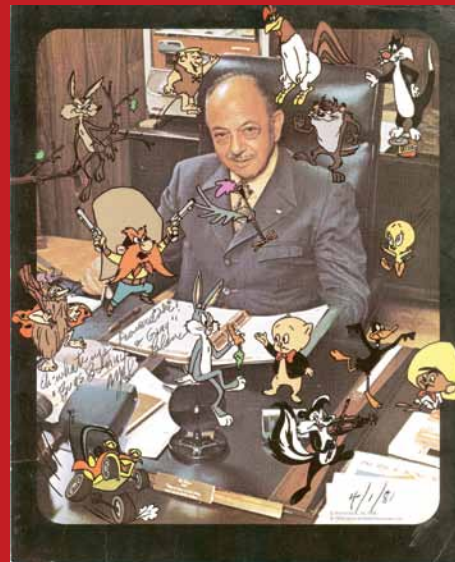
By 1937, he was on his way.

Leon Schlesinger, whose company made cartoons distributed by Warner Bros., asked Blanc to come up with a voice for Porky Pig.

“You want me to be the voice of a pig?” Blanc asked. “That’s some job for a nice Jewish boy.” Soon he was speaking for a variety of cartoon characters for Looney Tunes, including his most famous alter ego, Bugs Bunny.

By 1944, his contract specified that he would receive a screen credit: “Voice characterizations by Mel Blanc” – a breakthrough for voice actors.

He had a long association and friendship with comedian Jack Benny, appearing on both Benny’s CBS radio program and his later TV show, and had supporting roles on more than a dozen other programs.



MEL BLANC AND FRIENDS: Blanc is surrounded by some of his most famous cartoon characters in this publicity postcard from 1981. This one was inscribed by Blanc to Ike Donin, a longtime South Portland friend. Photo credit: Gift of Sam Barer, Courtesy Oregon Jewish Museum

He did countless other voices – Barney Rubble on *The Flintstones*, Mr. Spacely on *The Jetsons*, and even the original Toucan Sam in the Froot Loops commercials.

Benny once quipped: “There are only five real people in Hollywood. Everybody else is Mel Blanc.”

Blanc returned to Portland to visit friends and family, and had a special fondness for Neighborhood House, appearing at its 50th anniversary in 1949. He was named an honorary board member in 1966.

He nearly died after a 1961 car accident in Los Angeles, and was in a coma for weeks. After his family called his name countless times in efforts to rouse him, his doctor thought to ask: “How are you feeling today, Bugs Bunny?” Blanc finally spoke, in Bugs’ voice: “Eh, just fine, Doc. How’re you?”

“I may have been on the verge of death,” he later recalled, noting that

Bugs and Porky Pig, whom the doctor also asked after, “were very much alive inside me.”

During his months-long recovery, Blanc recorded more than 40 episodes of *The Flintstones* from his bedroom – the definition of a “trouper.” And he continued to work until his death in 1989, filming an Oldsmobile commercial days before he passed away.

“He set the standard – because of the intensity of his imagination and the passion with which he invested his characters,” says Anne Richardson, director of Portland’s Mel Blanc Project.

She added that he was the first person to become a full-time voice artist. “He didn’t enter a career track,” she said. “He created it.”

The Mel Blanc Project, which last summer held a series of lectures and walking tours in conjunction with the Oregon Jewish Museum’s popular exhibit on Blanc, grew out of the Oregon Cartoon Institute, founded by Richardson and her husband, Dennis Nyback, to promote awareness of Oregon’s cartooning and animation history.

In addition to a wealth of information on the project’s website, melblancproject.wordpress.com, Richardson said they’re looking into publishing a book, tentatively titled *Mel Blanc’s Portland: 1915-1935*, that would include information collected during the lecture and tour series.

Both Richardson and OJM Director Judy Margles emphasize that Blanc was a consummate professional *before* he left Portland.

“He honed his skills as a voice actor here in Portland,” Margles said, noting the range of Blanc’s music, vaudeville and radio work. “His upbringing – as the son of Russian Jewish immigrants in South Portland – provided a fertile training ground for his loony characters and hilarious antics.”

Sura Rubenstein is a freelance writer in Portland.



Louis Kaufman
Courtesy of University of Wisconsin Press



David Tamkin
Courtesy of the Milken Archive

Portland pals parlay violin prowess to Hollywood fame

In the first decades of the 20th century, two Jewish boys in South Portland took up the violin and became lifelong friends. Later, they would each make contributions to film music in addition to other achievements.

Louis Kaufman, called “a violinist’s violinist and a musician’s musician” by the *New York Times*, was born in Portland in 1905, the son of Romanian Jewish immigrants.

David Tamkin, born in the Ukarine in 1906, moved to Portland with his family before his first birthday.

Both boys attended Shattuck School and became friends when they studied violin with Henry Bettman.

Kaufman left for New York right after his bar mitzvah to study with Franz Kneisel at the Institute of Musical Art, now Juilliard.

In 1928 he had his solo recital debut at New York’s Town Hall and later played chamber music with Pablo Casals, Mischa Elman, Jascha Heifetz and Efrem Zimbalist, among other musical luminaries.

In 1934 Kaufman was asked to play the violin solos for Ernst Lubitsch’s film *The Merry Widow*, and for the next 14 years, Kaufman and his wife, Annette, his piano accompanist, juggled film work in Hollywood and concerts on both coasts.

When another violinist asked him how he – a serious musician – could work in Hollywood films, Kaufman replied quietly: “No one ever asked me to play badly, and the checks are always good.”

His film performances included such classics as *Casablanca*, *Gone with the Wind*, *The Diary of Anne Frank*, *Wuthering Heights*, *The Grapes of Wrath* and *Spartacus*. But he also did lighter fare – Disney’s *Snow White and the Seven Dwarfs*, *Cinderella* and *Pinocchio*.

“I recall *Pinocchio* sliding down into the whale to the sound of a glissando on my E-string,” he notes in his memoir, *A Fiddler’s Tale: How Hollywood and Vivaldi Discovered Me*.

Tamkin, meanwhile, stayed in Oregon for much of his education, though he, too, traveled to New York for advanced music studies.

He eventually settled in Los Angeles, and composed film scores and arranged music and orchestration for more than 50 films, beginning in 1939. His credits include *Swell Guy* with Ann Blyth, *The Fighting O’Flynn* with Douglas Fairbanks Jr. and orchestration for *Stagecoach*.

In 1932 Tamkin and his brother, Alex, completed an opera based on S. Ansky’s Yiddish play *The Dybbuk*. A concert version of the opera for tenor and orchestra premiered in Portland in 1949 with Metropolitan Opera star Jan Peerce, followed in 1951 by the world premiere of the full production at the New York City Opera. But after that, nothing, despite rave reviews.

After a phone call from his old friend in 1972, Kaufman became concerned about Tamkin’s failing health. He told his wife, “We must do something ... to raise his spirits.” Kaufman contacted another Shattuck School classmate, U.S. Judge Gus Solomon, who encouraged Kaufman’s efforts.

Eventually, Kaufman and a small committee arranged for recordings of the opera, autographed by Tamkin, to be sent to both opera houses and Jewish educational institutions in the United States, along with copies of the libretto.

After Tamkin’s death in 1975, the composer Miklós Rózsa said *The Dybbuk* was a “masterpiece which will perpetuate his name in the world of opera forever.”

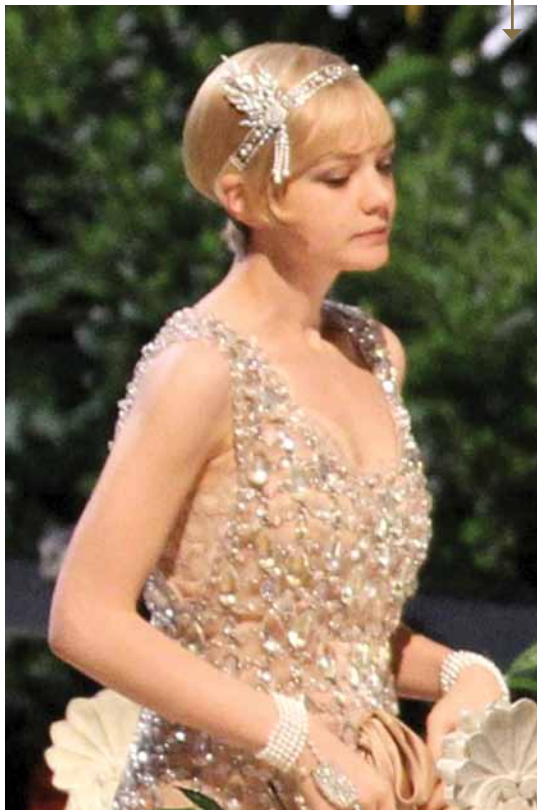
By the time of his death in 1994, Kaufman was perhaps the most recorded musical artist of the 20th century. In addition to his film work, he made more than 100 musical recordings, including a recording of Antonio Vivaldi’s *The Four Seasons* that is credited with reviving interest in Vivaldi’s music.

He and his wife were also avid art collectors, and donated many works, including paintings by Milton Avery and Mark Rothko, to Reed College and other institutions.

– Sura Rubenstein

NORTHWEST FASHIONISTA

Recreate vintage looks of *The Great Gatsby*



www.VintElegance.blogspot.com



www.Cityist.com

Carey Mulligan as Daisy Buchanan in the 2012 remake of *The Great Gatsby*

Mia Farrow as Daisy Buchanan in 1974's *The Great Gatsby*

Hollywood Legendary Vintage Looks from The Great Gatsby: Then and Now



www.Cityist.com



www.OhLifelsBeautyfull.blogspot.com



Leonardo DiCaprio as Gatsby in the soon-to-be-released movie directed by Baz Luhrman



Robert Redford as Gatsby in 1974

by Catherine Garvin

Northwest Fashionistas, like Hollywood Glamouristas, love to dress like their favorite character in a movie or novel.

This year, the vintage 1920s Art Deco period is all the rage on fashion runways around the world, including Milan, Paris, London and New York.

Art Deco – a worldwide art, architectural and fashion influence – also brought us writer F. Scott Fitzgerald and his classic American novel *The Great Gatsby*.

Hollywood is about to release the 2012 film version of *The Great Gatsby*, starring Leonardo DiCaprio and Carey Mulligan. The 1974 legendary classic starred Robert Redford and Mia Farrow.

Pacific Northwest style stars can dazzle their way around town in this 1920s vintage style.


Let's get started.

Where can you find it? Vintage shops can be found almost anywhere these days. My two favorites are the Xtabay Vintage Clothing Boutique on Clinton and Living Threads Boutique on Taylor.

How do you get the look of the mysterious bootlegging millionaire and sophisticated romantic Jay Gatsby? You will need slicked-back hair, high-waisted pants, shawl collar cardigans in emerald, a double-breasted version of the three-piece suit, personalized monogrammed shirts, collar bars, a newsboy cap, a fedora, a straw hat and retro swimmers.

How do you dress like Daisy Buchanan, the tragic wealthy housewife from Kentucky now living in East Egg, Long Island? You will need a '20s short bob hair-style, drop waist beaded dress, cloche, fascinators, beaded headpieces, sheer pastel flowy chiffon fabrics, flowery scarves, stockings, long strands of pearls and Mary Jane shoes.



Ready, set, action: Now that we're dressed the part, let's jump into our vintage yellow Rolls Royce or blue convertible coupe and cruise the waterfront. What do you think? 

Catherine Garvin, fashion writer and playwright, writes about national fashion, Portland style and Portland music for www.examiner.com. Her fashion video series, "How I Found Myself in Vogue," recreates million-dollar-style for the ambitious woman who dresses to dazzle at home, work and play right from the closet.

MODERN CARPET CULTURE

Atelier Lapchi®

HANDWOVEN CARPETS
IN SILK AND WOOL

LARGE SELECTION IN OUR
PEARL DISTRICT SHOWROOM
CUSTOM COLORS AND
SIZES TO ORDER

ATELIERLAPCHI.COM
809 NW FLANDERS | 503.719.6589
TUE-FRI 9-6 AND SATURDAY 11-5
MONDAYS BY APPOINTMENT

Lapchi Carpets are GoodWeave Certified ©2012 Lapchi, LLC

SYNAGOGUE RISES IN CLARK COUNTY



Previously anonymous donor reveals he made pledge to honor family's past and provide home for future generations

Congregation Kol Ami's new synagogue (under construction) puts the Jewish community of Southwest Washington "on the map," says Rabbi Elizabeth Dunsker.



Rabbi Elizabeth Dunsker



David Nierenberg

by Amy R. Kaufman

The first synagogue in Clark County, now rising near scenic wetlands, creates a visible Jewish presence on the skyline of Southwest Washington.

In 2007, an anonymous donor stunned Congregation Kol Ami members by pledging \$6 million to fund the building and maintenance of a synagogue. Now the Reform congregation will observe the High Holidays in a sanctuary that looks out on a bright future.

After remaining anonymous for five years, financier and philanthropist David Nierenberg of Camas has come forward. He is the founder of Nierenberg Investment Management, which manages The D3 Family Funds. He made the gift from his family fund.

Known for high-profile projects such as the PeaceHealth Southwest Medical Center in Vancouver, Nierenberg led the capital campaign for that facility with a \$15 million contribution "which funded, among other things, a 24-bed neonatal intensive care unit named for my mother and her identical twin."

Descended from a long line of rabbis and cantors, Nierenberg said, "Coming from this family, with 10 generations of service to the Jewish community, I felt that, where I lived, I wanted to help perpetuate that tradition, and this gift is a good way to do it."

On Aug. 19, Congregation Kol Ami members and friends will walk the Torah scrolls five miles to their new home at 7800 NE 119th St. in Vancouver.

The dedication is set for Sept. 6. For more information, visit www.jewishvancouverusa.org.

Designed by Richard Brown, AIA, of Richard Brown & Associates, the shining steel-clad structure reflects the values that have sustained the congregation for 23 years.

Rabbi Elizabeth Dunsker characterized the congregation as a close-knit family welcoming to all. "We take really good care of each other," she said, emphasizing that the youth are respected members who are called to read from the Torah from bar or bat mitzvah onward.

The entrance radiates welcome, she said, with a covered walkway from the landscaped courtyard to glass doors that allow immediate recognition and secure entry.

Dunsker said "everything was a struggle" when the congregation alternated between tiny rooms in an office park and the sanctuary of First Congregational Church. "Our limiting factor up to now has been space," she said. The new administrative offices and social hall will be a novelty.

"We'll have a real library with a fireplace in it so we can sit and have discussions," she said.

Dunsker says it was "really important to the congregation" to have a sustainable building in harmony with the existing landscape.

The 200-seat sanctuary is bathed in light pouring through the windows that provide a view of three mountains. A skylight tints the walls a celestial aqua in the alcove for the ark. "We wanted to bring in light, bring the outside in," she says.

The "air-handling system, the lighting system and the strategic use of windows" are among the energy-efficient features of the building, which was constructed according to LEED principles, said building committee co-chair Steve Horenstein.

Religious School Director Jan Rabinowitch described how dramatic the transition will be. She recalls having to use a "shoehorn" to fit students into either "a space in back of the sanctuary or a storage room." The religious school will have six classrooms, including a three-part divisible classroom, and a youth lounge.

Rabinowitch said the new space opens up fresh possibilities for creative education.

"Before, we couldn't even have parents come into the classroom to have activities with the children," she said. "Now we can introduce family education, where the parents and children learn together. ... We will also have the first opportunity to bring in music. Before, the walls were too thin. ... This space is really going to transform everything we're able to do."

The 16,000-square-foot synagogue sits on the congregation's 8.3 acres of land overlooking 38 acres of protected wetlands. The synagogue is "in the middle of Clark County, with good arterial and freeway access" from I-5 and I-205, according to Horenstein.

The project also represents the congregants' own investment, said Horenstein. "We raised (an additional) \$3 million internally, much to our surprise, from about 85 of the 125 families."

By remaining anonymous, Nierenberg, in his wisdom, encouraged people to take "emotional ownership of their worthwhile project."

"I did not want, by getting out in front of this early, to discourage other donations or to make donors who gave less than I feel that somehow their gifts were not important," he said. "People give

CONNECT



Scan the graphic above with your smartphone and let us know how we can connect better with YOU.

News • Events • Opportunities



Jewish Federation
OF GREATER PORTLAND

www.jewishportland.org





The 200-seat sanctuary is bathed in light from the huge windows that look out over wetlands and three mountain peaks. Strategically placed windows throughout the synagogue are part of the energy-efficient features that make the building eco-friendly. The natural light continues in the alcove for the ark and the Ner Tamid (eternal light) of blown glass created by Gabriel Bass, a student of Chihuly. Photos courtesy of Congregation Kol Ami

according to their ability to do so ... and there's a great deal of financial support from the community for this."

Nierenberg said his desire to make the gift "evolved over time as the congregation grew and matured."

When he was "on the verge" of making the commitment, he said, he met with the board of directors "to assess from the point of view of a professional investor ... whether they could actually build the synagogue and run the congregation in a solid manner. And I became convinced that they could. ... I felt that the quality of the leadership in the congregation – that's the lay leadership and the rabbinic leadership – were strong enough that it was a risk worth taking."

He then stepped aside.

"I didn't think it was my prerogative to make esthetic judgments about the architecture and layout of the building," said Nierenberg. "I've been a relatively passive donor. I've let the board of directors and the other people involved in the process do their work, and I think they've done an excellent job."

Nierenberg said he and his wife, Patricia, and their three children, now ages 19, 17 and 14, came to Camas from San Mateo, CA, in 1996.

"We came because we wanted to raise our children in a place where they could attend first-rate public schools and where they could grow up normal," he said.

He observed, however, that "many of us have lived in places where the Jewish community was much larger and much better organized than it is here."

"I certainly felt I missed the connection with fellow Jews that I enjoyed when I lived in California and when I grew up in the Northeast," he said.

He thought it would be "very gratifying" for him and others in Southwest Washington to have a physical home. "A synagogue is not only a place where Jewish people worship, it is also a central gathering place for the Jewish community, for cultural, intellectual, education and civic activities. ... I do think it's critically important that the Jewish community have a home of its own."

Dunsker said most Jewish children in Vancouver feel "they are the only Jew in their school ... so our congregation is the place where they have Jewish community. [In Vancouver] most people come from other places; almost no one has family here. So the synagogue becomes their family."

Lorna and Julian Levi, founding members of the Jewish Community Association of Southwest Washington, which evolved into CKI, believe the new synagogue will "pique the interest" of unaffiliated Jews in the region.


"It's hard for the only Jewish child in a class," said Lorna, "but if other Jewish children come forward because of this, those who are just discovering their identity may feel prouder of being Jewish."

Kol Ami teens have filmed a documentary commemorating this historic event. On video, Leah Beck, 18, says, "Being a member of Congregation Kol Ami has shaped my life because I have been here since I was 5. So it hasn't changed me, it has built me from scratch."

Rob Horenstein, 14, commented, "I can already tell it feels more welcome. It will be ours – we can call it our own."

Nierenberg's donation also stems from a desire to honor his family. He and his cousin Ron Nierenberg, who also lives in Camas, come from a family that produced eight consecutive generations of rabbis and cantors. "And the first one in this country was my great-great-great grandfather, Abraham Levi Mayer, who was among the founders of the Reform Jewish movement in the United States."

He and Ron view this as an opportunity to honor their family's "leadership of the last three generations – the final rabbi, who was Rabbi Eli Mayer; our grandmother, Elodie Nierenberg; my father, Ted Nierenberg; Ron's father, Jay Nierenberg; and Ron's mother, Inge, who was a Holocaust survivor. I feel in making this gift we are honoring all of them as well as the seven generations of leaders before them."

Referring to the Jewish Federation of Greater Portland's demographic study, Nierenberg said, "People say there may be between four and six thousand Jews in Southwest Washington – in other words, we're one to 1.5 percent of the population here. And if that's so, my fond hope is that, as Kevin Costner said in *Field of Dreams*, 'Build it and they will come.'" 

Oregon's Original Sephardic Synagogue



Join us for the following Shabbat discussions:

Four-Week Series on Technology

August 4 - Electricity on Shabbat: Did Moses know about currents and circuits?

August 11 - Technology vs Tradition: Using technology to enhance our relationship with God.

August 18 - Email Ethics: Privacy, Spam, and Marketing—What are the limits?

August 25 - Jewish Values in the iGeneration: Balancing instant-access with long-lasting meaning.

Annual Community Picnic

Join old friends and meet new ones at our annual picnic Wednesday, August 29th at 5:30pm at Gabriel Park. Moroccan style BBQ, games for the kids, and much more!

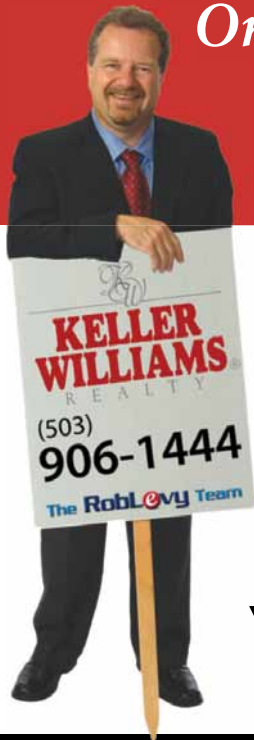
- Services conducted in the Sephardic and Israeli Custom
- Welcoming Jews of all background
- Friday evening services every week at sunset
- Shabbat morning services at 9 am, followed by Kiddush and a festive lunch

Congregation Ahavath Achim
3225 SW Barbur Blvd
Portland, OR 97239
www.AhavathAchim.com

Rabbi Michael Kaplan
Office: (503) 227-0010
Cell: (503) 610-3850
rabbi@ahavathachim.com

The RobLevy Team


One of Portland's
Top Producers
for 24 Years



Now more
than ever,
Experience
matters.

www.RobLevy.com
rob@roblevy.com
(503) 906-1444 

Rob Levy, Principal Broker/The Rob Levy Team
9755 SW Barnes Road, Suite 560, Portland, OR 97225


CAROLYN
and ROBIN
WEINSTEIN



דור לדור
Realtors® for Every Generation

Working for you and our
community since 1978

TO LEARN MORE VISIT
cweinsteinpdxhomes.com

OR CONTACT US PERSONALLY
CAROLYN 503.802.6415 ROBIN 503.802.6405
carolynandrobin@hasson.com



Chabad Hillsboro **BUILDS A JEWISH HOME**

by Polina Olsen

Everyone clapped when Luda Isakharov, 10, finished her presentation. Proud parents and children filled the bright, cozy room. It was the end-of-the year Hebrew school celebration, and each child talked about what he or she had learned during the year. Outside, a sunlit courtyard filled with children's toys had the remains of the day's festive buffet.

Welcome to Chabad Jewish Center of Hillsboro, the brainchild of Rabbi Menachem and Chaya Rivkin who landed here five years ago determined to build a strong and local community. While Jews had scattered throughout the region for years, only a long drive to Portland connected them to anything Jewish or each other. Now, weekly services, Hebrew school, a women's group, Torah study, bar and bat mitzvah preparation, a Jewish library and more bring everyone together. Best of all, with the help of philanthropists Ben and Rachel Federman, the congregation purchased property on Southwest Brookwood Avenue and announced the building campaign for Hillsboro's first synagogue.

"We weren't looking for a job; we were looking for a mission," Rabbi Rivkin said. His New York-born father served as a Chabad emissary to Karmiel, Israel, where Rivkin grew up. He met Rabbi Motti Wilhelm of Chabad of Oregon during rabbinical training in New York City. Rivkin and his wife decided Oregon was the place to be.



Rabbi Menachem and Chaya Rivkin with their children in front of a portrait of Rabbi Menachem Mendel Schneerson, the Rebbe of the Lubavitch movement of Judaism for 44 years. Photo by Polina Olsen



Chabad Hillsboro, 111 NE Porto Way, 503-747-5363 or rabbi@chabadh.com

Services begin at 9:30 every Saturday morning and are followed by a traditional Shabbat Kiddush lunch.

Join the Jewish women's group 7:30-8:30 pm each Wednesday for tea, cake and Torah interspersed with special events like making pickles or cheesecake.

Contact the rabbi for private Torah or b'nai mitzvah classes.

If you would like to make a donation to the Chabad Jewish Center of Hillsboro campaign, visit their secure server at www.chabadh.com.


"What did the local community think when we got here?" Rivkin asked. "There was no local community. It was like jumping into cold water. We didn't have any resources, including financial – all Chabad centers are self-supporting. The first thing we did was start Shabbat services at our house and a weekly Torah class at Intel."

Both Jewish and non-Jewish employees enjoy Intel's on-campus Torah class. In addition, the large groups of Israelis that Intel frequently brings to Hillsboro find a welcome base at the local Chabad. "We are Chabad of Hillsboro, we are not Chabad of Intel," Rivkin said, adding they enjoy working with the temporary employees or even bringing kosher food to the lone visiting businessperson.

Like her husband, Chaya Rivkin looked forward to a new life in Oregon. In addition to her work as rebbetzin, she teaches at Maimonides Jewish Day School and serves as its coordinator for Jewish curriculum.

"My father is dean of a boys' college in Montreal," she said. "We grew up with this mindset of bringing Judaism wherever we can. We visited Florida, and were offered a place in Hong Kong, but when we saw Hillsboro, we took the challenge. We started from nothing and created something. Building a synagogue is always a dream, and you have to dream big."

Property recently purchased for the new synagogue includes an existing home that will be converted into a school and kitchen. Major renovations are required, including lifting the foundation and a new roof. During the second building phase, the couple hopes to build a traditional shul for services.

"We are here to help people connect to each other and to G-d," Rabbi Rivkin said. "All the people who come are not Orthodox. We don't label them or ask questions. We aren't building a synagogue. We're building a Jewish home for everyone." 



Rabbi Menachem Rivkin has announced the building campaign for Hillsboro's first synagogue. Photo by Polina Olsen

HONESTY, INTEGRITY, EXPERIENCE.



KEITH BERNE, BROKER



RE/MAX EQUITY GROUP

Direct: 503-734-6646

Office: 503-245-6400

Search all homes online at

KeithBerne.com

kberne@equitygroup.com



"Proud to be part of the community for over 20 years"

Steven E. Stone



Be Bed Smart

www.BedMartNW.com



New beginnings

Rabbi Boettiger brings radical welcoming to Ashland temple



by Deborah Moon

Ashland's Temple Emek Shalom has hired Rabbi Joshua Boettiger as the congregation's new rabbi effective Aug. 1.

"This past year was one of transition for the congregation, but we see 2012/2013 as a year of exciting new beginnings," says TES President Michael Schames, who took office July 1. "As a congregation, we are extraordinarily excited about Rabbi Boettiger's leadership and the next phase of our congregation's life. All who have met Rabbi Boettiger are encouraged by his genuine warmth, intellect and insights."

For the past six years, Boettiger has served as rabbi of Congregation Beth El in Bennington, VT. He replaces Rabbi Marc Sirinsky, who retired last year after 18 years as TES rabbi, and will work with cantorial soloist Bella Feldman. Boettiger recently moved to Ashland with his wife, Vanessa, and 9-month-old daughter, Paloma.

Located in the Rogue Valley of Southern Oregon, Temple Emek Shalom was founded in 1979 and constructed its "beautiful temple building" in 2002. According to the Temple history provided by the rabbi search committee, "The congregation has been described by some as post-denominational, serving the needs of a diverse community. ... Our Temple is totally egalitarian and leans toward traditional in its practice."

In a personal statement on his rabbinate, Boettiger notes that "my primary role and intention as a congregational rabbi is to lead in the creation of a genuinely welcoming community. ... My philosophy so far – no doubt partially informed by having been raised in an interfaith family – has been to try to practice radical welcoming. ... Once people feel that they belong, something opens in their hearts and everything else is made possible."

Boettiger says he spent formative years in Israel before and after college. He notes that in Vermont, "I have tried to lead our community to deepen its relationship with Israel, whatever each individual's political leanings."

He has been very active in interfaith work. He chaired an interfaith council, co-taught a class for teens with a Catholic priest, ran programs that allowed Muslim exchange students to interact with Jewish teens, and established an interfaith psalms study group. As an undergraduate, he spent a semester studying Arabic in Damascus.

"My family and I are excited to be coming to Oregon – particularly to Ashland," says Boettiger. "Visiting here, we felt an immediate kinship with the Temple Emek Shalom community – a recognition from a *kishkes* (gut-level) place – and we look forward to settling

“Once people feel that they belong, something opens in their hearts and everything else is made possible.”

– RABBI JOSHUA BOETTIGER

into life here. Vermont has a kind of East Coast Oregon spirit to it, but I'm looking forward to really getting to explore our new environs and to being in relationship with the larger Jewish community here in the state."

Schames says the congregation recognizes its new rabbi will bring different insights and approaches to the congregation. "It is important for us as a congregation to embrace our new rabbi and the different perspectives, services and style he will bring. Clearly, we feel that we have a distinct responsibility and a very large stake in this relationship," says Schames.

For more information about TES, visit www.emekshalom.org.

‘Keeper’ connects Jewish families in the Gorge



Eric and Rebecca Trager with 7-year-old twins Jason and Sydney.

by Gloria Hammer

You could call them modern Jewish pioneers or parents struggling to keep tradition alive. Like parents in any town far from a synagogue, Hood River residents find it hard to raise their children with a sense of Jewish identity.

For about 20 years, Columbia Gorge families have had a little help from “The Keeper of the List.” According to Emily Kohner, the keeper is a cheerleader for celebrating holidays, a contact person and an opportunity to stay connected. About 30 families now populate the list. Emily, a teacher and single mom of 14-year-old Victoria, is the current keeper.

Growing up in Shaker Heights near Cleveland, Emily says, “Judaism was always in my DNA.” In 1992, after graduating from the University of Michigan, Emily decided to move west. When she interviewed for a ski patrol job at Mount Hood Meadows, the interviewer suggested she check out Hood River. The attraction was instant; now it’s the place she calls home.

When Emily married Jeremy, they agreed they would not celebrate Christmas and she told her mom they would not raise their child with any religion.

Yet even before Jeremy passed away when Victoria was 11, the couple had changed their minds. Asking herself how she wanted to parent, Emily discovered that “Judaism is a conspiracy for effective parenting. All the holidays have the touch it, smell it, taste it and listen to it element. This is all engaging.”

She likes the fact that “Judaism was the year-around marking of the seasons. Judaism offers so many opportunities to show appreciation and gratitude.”

As she was considering her parenting options, her mom in Ohio told her about a family friend who lived in White Salmon. So 10 years ago, Emily called the Schwartz family and was invited to a Break the Fast where she met other Jewish families. Emily and

the Wiesfelds were soon carpooling twice a month to Havurah Shalom for Shabbat School. Victoria now goes to Camp Miriam in Canada each summer.

Occasionally Emily gets a call from someone inquiring about schools and Jewish life in the Gorge.

One such call was from the Trager family.

Three years ago, Eric, now a manager for Google in The Dalles, and Rebecca, a freelance science writer, moved from Washington, DC, to “The Hood,” as the locals call it.


Rebecca remembers Emily describing Hood River as a different kind of religious environment. People are more into their spirituality, which many find – windsurfing, skiing, biking, being in the outdoors.

When the Trager twins were in preschool in DC, Eric and Rebecca didn’t have to think about Jewish life; they just flowed with the school’s agenda. Moving to Hood River meant becoming proactive.

Two Saturdays a month they drive to Portland for Shabbat School at Havurah Shalom. Rebecca notes the reality of being a parent is different from talking about theoretical children before marriage. Raised a Catholic, Eric was turned off by all religion. Now Rebecca says Eric is learning to enjoy Judaism.

Until this year when Knead Bakery started making challah, Rebecca says she would buy Pillsbury French rolls and braid them into challah for Shabbat.

Will the Tragers stay?

A big part of the decision is the Jewish part. Rebecca knows it is not easy being Jewish in a town with no organized Jewish community. All their family is on the East Coast. They want their kids to have a Jewish identity, and that is difficult in Hood River. For now, Rebecca and Eric treasure their time in “The Hood,” whatever the future brings. 

Gloria Hammer divides her time between Portland and Hood River.



Emily and Victoria Kohner.

Ida Rae Cahana becomes senior cantor at Congregation Beth Israel

by Elizabeth Schwartz

Music has always been a constant for Cantor Ida Rae Cahana. Cahana, who officially begins her tenure as Congregation Beth Israel's new senior cantor on Sept. 8, reflects that music, particularly Jewish liturgical music, has defined both her career and her personal life.

"My way into Judaism had always been through music," she says.

Cahana began singing as a child with her mother in their congregational choir at Temple B'nai Israel, in McKeesport, PA. She became the cantorial soloist there at age 16 at the suggestion of her rabbi, Leonard Winograd. "I was the first female soloist in the tristate (Ohio, West Virginia, Pennsylvania) area," Cahana remembers. "It was a big deal." The local paper commemorated the occasion with an article, "Girl Is Cantor in McKeesport."



Cantorial solo work sustained Cahana, both spiritually and financially, as she pursued undergraduate and graduate music degrees. While studying for her master's in voice performance at New England Conservatory, Cahana took a cantorial soloist position with a congregation in Providence, RI. The job gave her an outlet for her vocal talents beyond the opera, oratorio and musical theater she sang at NEC. "It was more than a gig; it was my other home, my other family," she says.

The pull of cantorial work continued; after singing professionally for a few years in New York and going out on the road, Cahana needed something more. "At a certain point I thought, 'This isn't deep or meaningful enough; is this how I want to live my life?' So I decided to go to cantorial school. Best decision I ever made," she declares. "I recognized this is what I was searching for. I don't think my Jewish soul had been awakened before that."

Becoming a cantor deepened Cahana's connection to the familiar liturgical music she sang. "I discovered an extraordinary awareness of the difference between being a soloist and cantor," she remembers. "My congregation in Providence brought me back to sing High Holidays during my first year of school. They all noticed a

“All of the most beautiful, interesting and profound connections I’ve made in my life, whether through singing or otherwise, have come from the cantorate.” – CANTOR IDA RAE CAHANA

real difference in my singing, and I felt it, too.” Cahana’s first year of cantorial school was significant in another way: she met her husband, Michael, then in his first year of rabbinical school. This year marks the couple’s 21st anniversary.

When Rabbi Cahana applied for the senior rabbi position at Congregation Beth Israel, both Cahanas were intrigued by the opportunity to move to the Pacific Northwest. “I love New York, but the pace of working and full-time jobs and nannies got to be overwhelming; we wanted to try something else,” says Cahana, who came to Portland with no firm plans to continue her cantorial career. “At first, I took time off to be with the kids and do my own singing. Also, it was really good for me to be ‘a Jew in the pew,’ to be a part of the community in a whole different way.”


From the outset, Cahana has felt welcomed into the CBI community. “It’s a pretty haimische group and I like that,” she says. “We have GLBT members and it’s racially diverse. We also have some more traditional Jews, some members who grew up here, and some transplants, like me.” Cahana embraces that diversity while acknowledging the challenges it presents. “How do you help all those groups integrate? I think that’s what makes it vibrant, interesting and rich.”

After six years as “a Jew in the pew,” Cantor Cahana succeeds Cantor Judith Blanc Schiff, who retired earlier this year after 32 years as CBI’s senior cantor. “We’re friends; there’s mutual respect.

It’s not competitive. I respect what she’s done and she respects what I’m going to bring,” Cahana says. “That makes this transition much easier, because it feels very natural. Also, I’ve had the luxury of being here awhile, and we’ve had the chance to work together.”

Cahana also takes to heart Cantor Schiff’s advice, “Don’t mess with *minhag* [local traditions or customs].”

“Whenever I start a job, I try to be very respectful of community minhag; what’s beloved here? I don’t want to take that away,” Cahana says. “You have to get to know what the legacy is and what you shouldn’t touch. On the other hand, it’s good to shake things up and bring in some of what I am, and also share what’s new in Reform music.”

Being a full-time cantor again confirms what Cahana has come to discover about her chosen profession: this is what she was meant to do. “All of the most beautiful, interesting and profound connections I’ve made in my life, whether through singing or otherwise, have come from the cantorate,” she says. “The most fulfilling and exciting professional opportunities that came my way came to me because I was a cantor. That’s something saying, ‘You made the right choice.’” 

Join Cantor Ida Rae Cahana at a celebration of her installation as Congregation Beth Israel’s new senior cantor on Saturday, Sept. 8, 2012, at 8 pm. Congregation Beth Israel is located at 1972 NW Flanders St., Portland.



CONGREGATION BETH ISRAEL WELCOMES DEBORAH KAPLAN, MAT,
AS CBI’S NEW DIRECTOR OF EARLY CHILDHOOD EDUCATION.

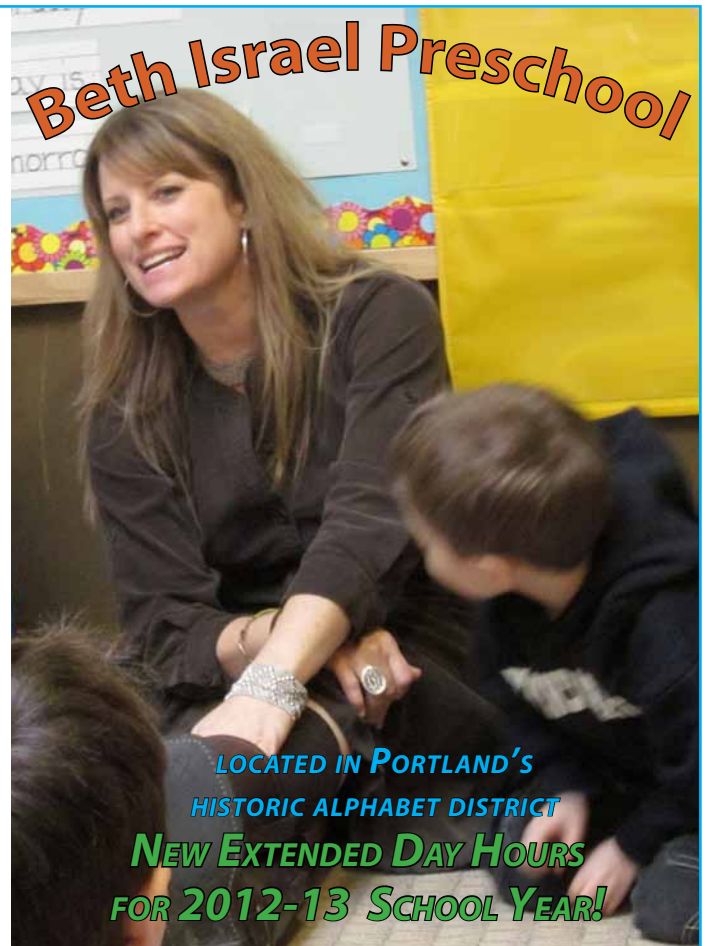
CONTACT DEBORAH FOR MORE INFORMATION AND TO
ARRANGE A TOUR OF THE PRESCHOOL AT
503-222-2037 OR DEBORAH@BETHISRAEL-PDX.ORG.

LIMITED CLASSROOM OPENINGS
STILL AVAILABLE FOR FALL 2012.

CALL SOON!

CONGREGATION
BETH ISRAEL

WWW.BETHISRAEL-PDX.ORG



Oregon's congregations grow and evolve to meet changing needs



by Deborah Moon

When the first Jews arrived in Oregon in the 1850s, congregations weren't far behind. In the more than 150 years since, synagogues have multiplied, grown and evolved to meet the ever-changing spiritual, life-cycle and community needs of an increasingly dispersed and diverse population.

The first Jewish pioneers arrived in the state in the 1850s and held Rosh Hashanah services in Jacksonville in 1856, according to *The Jews of Oregon, 1850-1950*, by Steven Lowenstein. The book, available at the Oregon Jewish Museum, provides a fascinating look at those first 100 years.

Founded in Portland in 1858, Congregation Beth Israel was the first Jewish congregation in Oregon. Eleven years later, it was joined by Ahavai Sholom, which in 1961 united with the merged Talmud Torah (1893) and Neveh Zedek (1900) to form today's Congregation Neveh Shalom.

Early last century, Portland's Jews continued to found synagogues: Shaarie Torah in 1902, Ahavath Achim in 1912 and Kesser Israel in 1916. Tifereth Israel, founded in 1911, was the city's only synagogue on the east side of the river. When it merged with Shaarie Torah in 1986, the east side was left without a Jewish congregation for several years. Now Congregation Shir Tikvah (2002) and Kehillah Hadashah (2011) meet on the east side, where Neveh Shalom recently launched Mizrach, a Neveh community for people who live on the eastside (see box).

Elsewhere in the state, Eugene's Temple Beth Israel was founded in 1927; in 2008, the congregation moved into its new LEED-compliant (eco-friendly) synagogue. Salem's Temple Beth Sholom was organized in 1937. Corvallis had to wait until 1974 before Beit Am arrived; that congregation plans to launch a fund-raising drive within the year to build a synagogue on the five acres it purchased in 2002. In 1979 Ashland Jews began to worship at Temple Emek Shalom, which built its "beautiful temple building" in 2002. Ashland's second congregation, Havurah Shir Hadash, began in 1985.

The Jewish Community Association of Southwest Washington began meeting the social needs of Clark County's Jews in 1989. It evolved over the years to become a full service Reform congregation now called Congregation Kol Ami. Kol Ami will move into its new synagogue in time to celebrate the High Holidays.

Since the 1984 arrival of Rabbi Moshe and Devora Wilhelm to found Chabad of Oregon, the region has seen even more options become available. This summer, the area's ninth full-time Chabad Center will open. This one in Northeast Portland will be lead by Rabbi Chaim Shmaya and Mushka Wilhelm. Other centers are located in Central Oregon, Eugene, Hillsboro, Southeast Portland, Southwest Portland, Salem, Southern Oregon and Clark County, WA. The Hillsboro Chabad recently purchased a house to renovate to create Hillsboro's first synagogue.

"Jewish people want to be engaged with their Judaism. We only need to make it accessible, inviting and most of all relevant," says Chabad of Oregon Director Rabbi Moshe Wilhelm.

Rabbi Michael Cahana, senior rabbi of the state's oldest congregation, agrees. Cahana says Congregation Beth Israel is exploring "ways for Temple to be a resource to unite the community around issues that are deeply connective. ... We want to connect to people's passions." Beth Israel is also planning more cultural arts programs: "We are trying to diversify the use of space to make it inviting and connecting to the Jewish culture."

Now with about 825 member families, CBI "is looking to changing populations to see where needs are."

“Jewish people want to be engaged with their Judaism. We only need to make it accessible, inviting and most of all relevant.” - RABBI MOSHE WILHELM

MEETING JEWS WHERE THEY LIVE

Congregation Neveh Shalom, Oregon's largest synagogue with more than 1,000 member households, has created Mizrach, Hebrew for east, to help Jews on the east side of the river find a neighborhood connection.

"Mizrach is a Neveh community of people who live on the east side and want to create more opportunities for Jewish events to occur on the east side," says organizer Tamar Wyte. "That includes both getting to know our Neveh neighbors better, as well as reaching out to anyone else who wants to 'do Jewish' on the eastside."

She credited Neveh Shalom's Rabbi Bradley Greenstein and Membership Director Wendy Kahn with helping to build an east-side community with some 150 households on its mailing list for the group's annual second night seder, Purim Mishlach Manot, Tashlich bike ride, Shabbat at Mount Tabor and other gatherings.

"We are committed to meeting Jews wherever they are," says Greenstein. "The old models of affiliation are losing relevancy. We can no longer expect people to find us; we have to go out and meet them where they are. We need compelling programming that speaks to their daily life."

"The east side is not just a geographic area ... there's a style, a culture unique to the east side," he says. "There are some 10,000 unaffiliated Jews over there waiting to be engaged."

He says Mizrach helps east siders, whether they are members of Neveh Shalom or not, get to know their Jewish neighbors.


Wyte agrees.

"We love living on the east side," she says. "We bike a lot and like things to be accessible. When we realized all the Jewish stuff was on the west side, it became a struggle for us. ... For me, Shabbat is about being able to walk to a neighbor's for Shabbat dinner. Neveh is open to that. It's a large congregation with room for all kinds of different minyans."

"Membership sustains any synagogue, but, by the same token, we all need each other to be strong. We need to evolve and understand changing dynamics," Kahn adds. "We are trying to engage people to make sure they have a place of meaning (where they live) but also have them come to our building and enjoy what we have here."

Like many congregations, CBI has expanded programs and created groups for the aging population and for young adults. Cahana said previous generations often naturally joined the congregation where they grew up, but since many young adults have moved here without family, "joining a congregation is not natural."

Beth Israel's Jews Next Dor (*dor* is Hebrew for generation) reaches out to young adults whether they are members or not. Young adults attend services at congregations around town on a rotating basis, including once a month at Beth Israel.

At last count, Portland boasts 18 congregations, with at least 21 around the rest of the state. We've come a long way in the past 150 years. 

JONES & JONES



Jewelers

jonesandjonesjewelers.com

7858 S.W. Capitol Highway ~ Portland Oregon
503-223-6020 ~ 800.316.4314

NO HASSLE CAR BUYING!

Robert and I have spent more than 50 years combined at Lithia Motors. Throughout that time, nothing has brought us more pride than the trust that has been placed in us by Jewish communities across the west. We consider it a mitzvah to help people find the vehicle that best meets their needs and without any hassles. We appreciate your years of loyalty to us, and we look forward to serving you in the years to come.

**PORTLAND ■ SEATTLE ■ EUGENE ■ MEDFORD
BEND ■ KLAMATH FALLS ■ ROSEBURG**

**BMW ■ MINI ■ MERCEDES-BENZ ■ TOYOTA ■ NISSAN
CHRYSLER ■ JEEP ■ DODGE ■ HONDA ■ CHEVY ■ CADILLAC
VOLKSWAGEN ■ SUBARU ■ FORD ■ LINCOLN**



DICK HEIMANN

Vice Chairman
DIRECT [541] 944-3483
DICK@LITHIA.COM



ROBERT SACKS

Multi-Store Manager
DIRECT [541] 770-7195
RSACKS@LITHIA.COM

TOLL FREE: [800] 866-9213

**CALL TODAY FOR A
VIP PRICE QUOTE!**

LITHIA AUTO STORES
Serving Our Communities Since 1946

Shop Online Today:
LITHIA.COM

CHEF'S CORNER



Laz Glickman, left, and his friend Payton Davis enjoy a Green Monster Smoothie with a balanced breakfast that provides a fun, nutritional start for the day.



Lisa Glickman is a private chef and teacher who lives in Bend. She has made TV appearances on COTV in Central Oregon and recently appeared on the Cooking Channel's *The Perfect Three*. She can be reached via her website at lisa@lisaglickman.com.

Story and photo by Lisa Glickman

We go through many changes during our lives. There are births and deaths, marriages and divorces, youth and maturity. Old habits die hard, and bad habits die even harder.

When our son was 2, we moved to Barcelona, Spain, for my husband's job. It was an incredible experience to be completely immersed in the local culture. While my husband was at work, I was left to the daily errands necessary to run our household, including taking and picking up our son, Laz, from preschool, shopping for groceries, picking up the dry cleaning ... routine things at home, but quite different when you live in a foreign country! I spent more than a few moments reduced to tears of frustration when even the simplest tasks seemed to become monumental challenges.

The change was a little tough on Laz too. I would drop him at preschool for just a couple of hours a day. At first when I arrived to pick him up, he would jump into my arms more than ready to leave. However, it didn't take long for him to adjust. Eventually he thoroughly enjoyed the time he spent at *Caparucita Roja* ("Little Red Riding Hood" for you non-Spanish speakers!)

While living in Barcelona, Laz developed a great palate as well. In Spain, children eat what their parents eat. In restaurants, there are no such things as "kids' menus," boxed macaroni and cheese or dinosaur-shaped chicken nuggets. He ate croquettes made of Bacalao, *tortilla de patata* and lots of seafood – finger food for a toddler in Spain. He continues to have a great palate. He doesn't consider fast food a treat, and calls sushi his favorite

Green Monster Smoothie

(makes two smoothies)

- 2 cups frozen cubed pineapple
- 2 frozen bananas
- 1 champagne mango, peeled and cubed (optional)
- 4 leaves dark green kale, tender leaves torn from center rib (see note)
- 1-2 cups vanilla-flavored almond milk
- 1 teaspoon vanilla extract (optional)

Place all ingredients in blender and blend until smooth.

Smoothies are not an exact science; therefore, I have listed the ingredients that I use to make this smoothie. But feel free to add any ingredients that you and your family like. Avoid red or blue fruits, as they will change the color of this bright-green smoothie. Freezing the bananas and pineapple allow you to make the smoothie without additional ice. My son loves mangoes, and I happened to have some on hand, so I threw them in.




Note: This breed of kale is known as dinosaur kale, Tuscan kale or Lacinato kale. It is dark blu-ish green in color. It tastes very sweet, making it an excellent addition to Green Monster Smoothies.

meal. Because of our time in Spain, I didn't have to break him of many bad eating habits. Although, if given the choice, I'm certain that if I offered him chocolate ice cream for breakfast, he'd jump at the chance!

My good friend Kristen and her friend Jamie co-author a beautiful blog site named "Feather and Nest" (featherandnest-style.wordpress.com). It is a collection of exquisite photos of rooms, accessories and people where they write about changes you can make to surround yourself with beautiful things that make your home and life reflect your personal style. Kristen happens to have more style in her pinkie finger than I have altogether, but I love to look at her blog for inspiration.

She gave me this recipe for a super healthy and fast smoothie that includes kale, banana, fresh pineapple and vanilla almond milk. Her kids love it! Just keep some frozen bananas and pineapple in the freezer and you can whip it up in minutes, even on the busiest morning. It's a delicious and healthy way to start the day, and the vibrant green color (btw, you can't even taste the kale) will make you know you are doing something good for you!

The summer is winding down, and we are all getting ready for the change to fall and our back-to-school routines. If frozen waffles and toaster pastries seem to be your only option, why not try something really good and good for you for breakfast. Change can be hard, but healthy eating habits are a change for the better. And you won't have to move to a foreign country to avoid the drive-through! 





Bombay Cricket Club
Restaurant

Indian & Middle Eastern Cuisine
Hours: Sun - Thurs 5 - 9 Fri - Sat 5 - 10
503.231.0740
www.bombaycricketclubrestaurant.com
1925 SE Hawthorne Blvd · Portland, OR 97214

NEW SEASONS
MARKET *The Friendliest Store in Town.*

FOOD FRIENDS HOME GROWN FARMS HAPPINESS HEART NEIGHBORS FAMILY FRESH LIFE COMMUNITY LOVE

NewSeasonsMarket.com
Follow us on Facebook and Twitter  

JOIN JEWISH FAMILY & CHILD SERVICE IN OUR "KIDS FOR KIDS" BACK-TO-SCHOOL DRIVE

Donate Today!
503.226.7076 or
www.JFCS-Portland.org

NEW HAIRCUTS GLASSES SCHOOL ACTIVITIES CLOTHING CALCULATORS SCHOOL SUPPLIES BUS PASSES SHOES BACKPACKS LUNCH BOXES



JFCS  1221 SW Yamhill Street, Suite 301
Portland, Oregon 97205
P | 503.226.7079 W | www.JfCS-Portland.org

Entertain your kids with Star Trek's Jewish values



Sitting in the Star Trek captain's chair, toddler Sela Geller gives a wary look at Dana Thompson as Lt. Uhura, while actor Paul Pistey playing Dr. McCoy looks on.

by Rich Geller

Classic sci-fi beams down to Portland's Cathedral Park this August as Atomic Arts presents *Trek in the Park*. For the past three years the talented players of Atomic Arts have brought Gene Roddenberry's iconic 1960s TV series *Star Trek* to life through adaptations of classic episodes.

Star Trek, best remembered for presenting a hopeful vision of the future, is also replete with Jewish influences that any Jew worth his salt bagel should be able to spot. Before you and your landing party arrive for this year's episode, "Journey to Babel," set phasers to "fun" as we explore some Jewish *Trek* connections.

In the Torah, the tower of Babel stands as a monument to mankind's hubris; a united humanity that sought to touch the divine and perhaps eclipse it. A single global language enabled cooperation on a massive scale, culminating in the construction of a colossal tower "with its top in the sky" (Genesis 11:1-9). God, looking upon the fruit of humanity's labor, finds it wanting and resolves to confound man's speech. God creates the many languages of the world, and humanity's

collaboration soon collapses into enmity, mistrust and tribalism.

Fast forward to the 23rd century when the *Enterprise* crew escorts a group of ambassadors to a diplomatic conference on the neutral planetoid Babel. In "Journey to Babel" we again have a united humanity, and again we see man's reach exceeding its grasp. Yet instead of arrogance there is benevolence. Instead of cruelty we see cooperation, at least among the *Enterprise* crew. The invention of a universal translator helps disparate peoples communicate. A starship exploring the galaxy shows no less *chutzpah* than a tower breaching the heavens, but by the 23rd century, humanity is mature enough to make the journey.

Onboard the *Enterprise*, the bridge crew is practically a *minyán*. William Shatner (Captain James T. Kirk); Leonard Nimoy (First Officer Mr. Spock); Walter Koenig (Ensign Pavel Chekov); and Mark Lenard, (Spock's father, Sarek, who was first introduced in "Journey to Babel"), are all "members of the tribe."

Nimoy has made the most enduring Jewish contribution to *Star Trek*. While filming the classic episode "Amok Time," Nimoy decided Vulcans needed

a formal greeting. Reaching back to his Jewish roots, Nimoy, who was raised as an Orthodox Jew in a Yiddish-speaking household, recalled that on the High Holy Days the *Kohanim* (priests) would deliver the blessing to the congregation. As he recounts in his memoir *I Am Spock*, "The special moment when the Kohanim blessed the assembly moved me deeply, for it possessed a great sense of magic and theatricality. ... I had heard that this indwelling Spirit of God was too powerful, too beautiful, too awesome for any mortal to look upon and survive, so I obediently covered my face with my hands. But of course, I had to peek." What that young boy saw was two raised arms with the fingers splayed in such a manner as to form the Hebrew letter *shin*. Shin is the first letter in the Hebrew word *Shaddai* which means almighty. This gesture, slightly modified, became the formal Vulcan greeting accompanied by the phrase, "Live long and prosper."

A generation later, Nimoy was invited to speak at a *Star Trek* convention in Germany. He'd been invited in the past but had declined due to a negative experience while on a promotional tour for



Ethan Geller meets Mr. Spock, portrayed by actor Jesse Graff, at the 2010 Trek in the Park.

Star Trek IV: The Voyage Home (which Nimoy directed). After consulting with his rabbi about the appropriateness of the visit, Nimoy accepted, intending to make “the big reveal” that he was a Jew. Nimoy took the stage and began answering the usual questions about Mr. Spock, while preparing to confront this German audience with the fact he was Jewish. However, when a member of the audience inquired about his 1991 movie *Never Forget*

(which pits a Holocaust survivor against a group of Holocaust deniers), he realized he had misjudged the current generation of Germans. After discussing the film and the Jewish origin of the Vulcan salute, Nimoy received a standing ovation. As he recounts in the book *Stars of David*, “They were on their feet and they were cheering. It was incredible. And there was a message in it that I picked up that has something to do with: ‘We are a new generation. We are a repairing generation.’”

Speaking of a new generation, it may come as a surprise that Lt. Worf, the surly Klingon chief of security depicted on *Star Trek: The Next Generation*, is considered by more than a few fans to be Jewish. The character’s adoptive human parents, Sergey and Helena Rozhenko, were memorably portrayed by two world-renowned stars of Yiddish theater, Theodore Bikel and Georgia Brown. As Larry Nemecek explains in *Star Trek: The Next Generation Companion*, “Their presence initially caused some studio concern that Worf’s parents might become comically Jewish.” However, as series writer Michael Piller continues, the performance “...treads the line of universal humor.”

Sergey and Helena kvell over their Klingon boychick. Brimming with unbridled pride, yet quick with embarrassing tales from their little warrior’s childhood (sound like a Jewish parent you know?), they reveal the humanity within the normally stoic and reserved Klingon. Worf may be mortified by his parents’ excesses, but his love for them is impossible to deny. Jewish parents certainly help explain the character’s penchant for ritual. In numerous episodes, Worf is shown lighting candles while reciting Klingon phrases and drinking bloodwine as part of Klingon rites. One can only imagine that Pesach in the Rozhenko household was quite an affair. To get a better idea, we can consult the book *300 Ways to Ask the Four Questions* by Murray Spiegel and Ricky Stein. This extraordinary volume translates the four questions into the warrior’s tongue with honor. It even boasts a foreword written by Theodore Bikel.

It was perhaps inevitable that Judaism would find its way into the world of *Star Trek* fiction. In 2005, both *The Forward* and NPR interviewed Glenn Hauman, the author of *Starfleet Corps of Engineers: Creative Couplings*. The book features a Jewish-Klingon wedding that skillfully merges the two disparate traditions in surprising ways. Esther Silvers (granddaughter of Captain David Gold and Rabbi Rachel Gilman) marries Khor, the son of the Klingon ambassador. During the course of the

ceremony, four Klingon warriors proudly raise the *chuppah* with their *bar’leths* (Klingon swords) held high as the bride slowly circles the groom. Klingon musicians fill the cavernous shuttle-bay/chapel with the joyous sound of klezmer music. After the glass is stomped, the Klingons break into song ... Klingon opera of course! *Creative Couplings* even manages to answer that age-old question: Are *gagh* (Klingon serpent worms) kosher? The answer is, “Sadly no. They crawl upon the ground.” Other *Trek* books depict characters playing dreidel and fasting for Yom Kippur. There is even a Rabbi Geller – perhaps a future descendant of Portland’s own beloved Rabbi Yonah Geller? – serving as a senior member of the clergy on Starbase 47 in the *Trek* novel *Harbinger*.

So what is it with Jews and *Star Trek* anyway? In 2001 Nimoy put it succinctly to Mark Pinsky of the *Orlando Sentinel*: “There are strong Jewish concepts in *Star Trek*. Social justice, meritocracy and the idea of tikkun olam, the healing of the universe – it’s a *Star Trek* argument.”

Richard Geller is a freelance writer, husband, father and lifelong Trekker based in Portland. His book *WonderDads Portland* is a guidebook for Portland parents.

Atomic Arts, a Portland-based theater group, has been “exploring strange new worlds” right here in the Rose City for nearly four years. This year’s production will take place in Cathedral Park in Portland on Saturdays and Sundays at 5 pm, Aug. 4-26. For more information, go to atomicarts.org.

Oregon writers deliver drash on *Drash*



Andrine de la Rocha



Howard Jay Patterson



David Fuks



Sharon Lask Munson

by Elizabeth Schwartz

“Oregon is the creative sweet spot,” declares Wendy Marcus, editor and founder of the literary magazine *Drash*. The latest issue *Drash: Northwest Mosaic. Vol. 6*, which came out in May, features nine Oregon writers, a fourth of all the contributors.

Marcus describes *Drash*, which published its first issue five years ago, as a “literary review filled with poetry, prose and photos encouraging the redemptive nature of life from Jewish and other perspectives.” The word *drash* – which translates as search, explanation or interpretation – is often used in connection with biblical or Talmudic discussions. While searching for a title for her magazine, Marcus drew inspiration from the four levels of Torah study. “I really like the way talking about a story becomes a story in itself. *Drash*, to me, is the level where we sit around the fire and tell stories to one another.”

Four of the Oregonians included in this issue, Lisa Tall Anolik, Andrine de La Rocha, Hannah Goldbaum and Howard Jay Patterson, submitted what Marcus says are “really stellar personal essays.” Vol. 6 also features poets Marilyn Johnston, Carolyn Martin, Sharon Lask Munson and David Rutiezer, and short story writer David Fuks.

ANDRINE DE LA ROCHA

As a Jew by choice, essayist and poet Andrine de la Rocha brings an outsider’s perspective to her work. Her essay, “A Reconstructionist in Williamsburg,” emerged from a class she took on writing Jewish memoirs. “I don’t have a Jewish childhood to draw on, so for me it’s a challenge to pick something from my past; I have less Jewish past than someone who was born Jewish,” de la Rocha explains.

“A Reconstructionist in Williamsburg” chronicles de la Rocha’s encounter with the Hassidic community in the Williamsburg section of Brooklyn. “I’d never been to Williamsburg. I’d read a lot of novels about it, getting inside that secret life, and I wanted to experience it,” de la Rocha recalls. “We went to a bookstore, and it was a really amusing experience of being this clearly – according to a certain standard of appearance – not Jewish. There was no blending in, even if we’d tried. There were a lot of people clearing the aisles after we left, as if to say, ‘I don’t want to touch *that*.’”

“A Reconstructionist in Williamsburg” is de la Rocha’s first submission to *Drash*; she says being published in a Jewish literary journal provides a strong sense of affirmation. “I think I’ll always feel I have to prove myself in some way, and I wish that wasn’t so, but it is. It’s nice to have this piece of writing, which is good writing, published by *Drash*. It gives me ‘cred’ as a writer and as a Jew.”

HOWARD JAY PATTERSON

Like de la Rocha, Howard Jay Patterson has a unique take on his Jewish identity. Born to a Jewish mother and a half-Jewish, half-Scots-Irish Presbyterian father, Patterson, a founding member of the theatrical juggling comedy and musical troupe The Flying Karamazov Brothers, inhabits many worlds. “In school, I hung out with both the nerds and the political/hippie/druggie kids; today I’m a vaudevillian and a scientist,” he explains. “And I’m a writer who among many other things is Jewish, but I wouldn’t describe myself as a Jewish writer any more than I would say I was a Jewish juggler.”

Patterson’s essay in *Drash*, “Oy, Oy, Oy, I’m a Cowboy,” juxtaposes his childhood memories of riding horses with his late father, Carroll, with a humorous moment from his Karamazov days on the set of the 1985 film *The Jewel of the Nile*. “Horseback riding was my earliest form of connection with my dad; that was how we became close,” Patterson explains. “After he died, I had all these conversations with people about his life. I was really struck by the distance he’d come from his childhood to mine. Writing that story was a way of honoring the journey he made. I’ve become more at peace with our relationship.”


“Oy, Oy, Oy, I’m a Cowboy” is Patterson’s first published work. “It’s an important milestone for me, and very reaffirming.”

Drash hosts a public reading for its authors on Sunday, Aug. 26, at 4 pm at Havurah Shalom, 825 NW 18th Ave., Portland. *Drash* is available for purchase at www.templebetham.org/music/drash/

SHARON LASK MUNSON

Like Fuks, Sharon Lask Munson is a *Drash* veteran; her poetry was included in the 2009 and 2010 issues. An accomplished writer, Munson has published two full-length books of poetry. Her work has also been featured in a number of literary journals and anthologies. Even so, Munson feels a special thrill about seeing her work in *Drash*. "Maybe it's the Jewish element, which is my heart. To be in a Jewish journal, it's like I'm home," she explains.

Munson began writing poetry exclusively in 1994, when she relocated her elderly mother to Oregon. "She had dementia, and in poetry I was able to express what I was going through with Mother better than in prose," Munson says. Her latest contribution to *Drash*, "Unbound, But for the Sabbath Shawl," describes a conversation she had with her mother on her mother's 90th birthday. Today, Munson eats, sleeps and breathes poetry. "It's the first thing I think of in the morning and the last thing at night."

Writing is a solitary occupation, and especially so for Munson, who lives in Eugene. "Sometimes when I read my work at an event, I feel that the audience doesn't always get it because they don't have a Jewish sensibility," she says. "Sometimes I write something funny and nobody laughs. Meeting Jewish poets, that's the highlight for me," says Munson. "The writing, the books, the poetry, it's the best time in my life." 

Elizabeth Schwartz is co-host of the Yiddish hour on 90.7 FM KB00 Community Radio and a freelance writer living in Portland.

DAVID FUKS

David Fuks, CEO of Cedar Sinai Park, is a man of many facets. "I'm a writer, first and foremost," Fuks declares. "My identity as a writer is as important to me as my professional identity." Fuks' work has appeared in several publications; his short story "The Voice of Cod" marks his third appearance in *Drash*.

Fuks began writing as a teenager; putting words to paper gave him a voice to express all the perceptions and emotions he felt but had not, up to that point, been able to put into words. "I've always written with the hope of being read aloud," says Fuks. "When somebody reads me, I hope they read my stories aloud, because I think it's a better experience that way."

Humor remains a vital element in his work, especially in "The Voice of Cod," which was inspired by a photo in the *Forward* of a Hassid holding a fish. "The caption was that the fish was heard to be speaking Hebrew, and was channeling a dead yeshiva student from Toronto. I figured there had to be a story in there somewhere."

"I think human beings are hardwired for stories," Fuks continues. "We've been sitting around sharing stories since we figured out how to manage fire; it's a key aspect of how we communicate. Look at Torah: it's not the details and numbers but the stories that stand out. Why did God choose to reveal Himself in stories? I think it's because God is seeking a relationship with human beings, so stories are a natural medium."



CEDAR SINAI PARK
rose schnitzer manor

THERE'S NO PLACE
LIKE HOME*

*Ruby slippers not required.

Visit us at www.cedarsinaiark.org or call 503.535.4004.

The war Israel isn't winning (part 2)

by Mylan Tanzer



At the April leadership conference of the Jewish National Fund, conference president Dr. Alexander Mashkevitch announced his intention to establish a pro-Israeli TV channel along the lines of international news channels such as Al-Jazeera and the BBC.

Mashkevitch, a Kazakh-born, Israeli-Russian billionaire, said that in the first stage, the channel will broadcast in English, French, Arabic and Spanish and will concentrate on news only. "I don't plan to launch a propaganda channel but rather a channel that will simply tell the truth," said Mashkevitch in an article on Y-NET, the popular Israeli website.

Absolutely nothing has come of Mashkevitch's well-publicized statement except to put him in the temporary limelight.

Mashkevitch and numerous other Jewish oligarchs have given lip service to how crucial such a channel is to Israel's fight against de-legitimization but have not actually gotten behind such a project.

Israel must establish a permanent international global media presence. It's a matter of survival. The minimal cost to launch and operate a dedicated Israeli-oriented, 24-hour global news channel comparable to CNN, BBC and France 24, is at least \$20 to \$25 million per year. The established channels have budgets that far exceed this amount. The revenue from such a channel does not offset the expenses. Our Jewish billionaire patrons are businessmen who have not gotten to where they are by throwing money into what they somewhat unjustly perceive as a bottomless pit. If they are interested in tzedakah, contributions to a charity are tax-exempt.

A project of this magnitude must have government backing. All of the existing 24-hour global news channels are

government-sponsored with the exception of genre-creator CNN, which is privately owned. For England, Russia, France and China, the cost to operate global news channels is peanuts. For Israel – with a far smaller budget, huge defense costs and a middle class restless over an unfair tax burden – this sum is vastly more significant. But a review of the national budget shows it is possible. Of the \$95 billion in the 2012 national budget, \$15 billion of which goes to defense, \$25 million is not an overwhelming sum for a project of crucial national importance. Since this project should be the central component of Israel's answer on the new battlefield for public image, the lion's share of this sum could come from the defense budget. Veteran Knesset member Zvulun Orlev of the right-wing National Alliance, which never advocates for a reduction of the defense budget, recently said the importance of establishing such a channel should come at the expense of buying one less fighter jet because it is perhaps even more crucial to the survival of the country.

The need for action is clear. Heavily funded Arab satellite news channels continue to strengthen anti-Israel perception. Al-Jazeera, inspired by the CNN model, has been emulated by other Arab platforms that package anti-Israel propaganda in sophisticated and high-quality English, French, Spanish and Russian channels.

Western channels, which pride themselves as objective, have fallen victim to two phenomena that cause them to be far from objective about Israel. An Israel-based senior producer of an international news channel recently explained the first phenomenon to me: "In conflict zones like Baghdad or the Gaza Strip, journalists depend on local 'fixers' and local 'journalists' to get

Israel must establish a permanent international global media presence. It's a matter of survival.

their stories. These 'fixers' are actually players in the conflict, and they feed the journalist their propaganda. The Western journalists are not experts or experienced in the history and subtleties of the conflict and therefore cannot always be discerning. The 'fixers' also control access through their presence within news agencies such as Reuters, AP. ... It is here where the distortion of the narrative begins. Every media outlet from the *New York Times* to all of the 24-hour news channels depends heavily on news agencies. ... Everyone assumes that if it is on Reuters or AP it has been properly checked and sourced."

The second problem is that Western channels increasingly are dependent on the significant advertising revenue from the oil-rich Gulf states as advertising revenue from traditional Western sources drops. This not only funds commercials, but also programming with a subtle but pronounced bias commissioned by the Qatar Foundation, the Saudi Royal Family or the Abu Dhabi Islamic Bank and similar entities.


As I pointed out last month in part 1 of this column, Israeli Prime Minister Bibi Netanyahu is probably the current world leader with the best understanding of how the international media operates. From his well-planned sound bites on the international stage ("If Iran walks and talks like a duck, then it must be a nuclear duck") to his YouTube channel, he brilliantly cultivates his global image as proven by the recent *Time* magazine cover story.

The need is existential, the funding feasible and the prime minister understands the need. Israel has talented and creative media professionals who could create a dynamic and attractive multi-media platform across television, internet and mobile.

So why is this not happening? Why does Israel neglect such an important issue that contributes to our growing isolation and continued de-legitimization?

The answer lies in Henry Kissinger's famous statement that "In Israel, there is no foreign policy, only domestic politics." In other words, the short-term needs of Israeli politicians to use the budget to influence domestic opinion and appease various groups means that a project like this is not a priority. In addition, Israeli politicians have traditionally been afraid of the media and reluctant to support any outlet that they cannot control.

Perhaps the government is waiting for a private initiative. But wealthy individual Jews are not going to undertake such a cash-intensive venture without some kind of safety net. A government safety net could be the solution. Anyone who has driven around Israel has likely traversed the north-south superhighway 6. It allows rapid access up and down the country. The tollway was built mostly by private investment with the promise that shortfalls would be made up by the government and that the government would buy it within 25 years.

This model could be emulated to incentivize private individuals to launch a high-quality global, 24-hour pro-Israel media platform. There is a precedent. There is a need. The resources exist. Can the myopic political considerations of Israel's politicians be put aside for the sake of our future? I wish I could say I am optimistic. I have hope, but as we watch the Unity Government unravel, I can only think of the following saying from "Pirkei Avot," (The Sayings of the Fathers): "Believe in miracles but don't rely on them." 

Mylan Tanzer is a Portland native who moved to Israel in 1981. He was the founding CEO of the first Israeli cable and satellite sports channel. Since 2005, he has launched, managed and consulted for channels and companies in Israel and Europe. Tanzer lives in Tel Aviv with his wife and five children. He can be reached at mylantanz@gmail.com.



Presbyterians Narrowly Reject Divestment

In a narrow vote, the General Assembly of the Presbyterian Church (USA) rejected divestment from companies doing business with Israeli security forces in the West Bank, reports the Jewish Telegraphic Agency.

The 333-331 vote, with two abstentions, in Pittsburgh July 5 was the closest that the boycott, divestment and sanctions movement has come to a win in a major arena.

The vote replaced a measure recommending investment for peace among Palestinians instead of the majority report of a Middle East committee, which had recommended divestment from Caterpillar, Motorola Solutions and Hewlett Packard for supplying settlements and the Israeli army with security products for use in the West Bank.

JTA reports a similar measure was defeated more decisively at a Methodist assembly in May.

The Jewish community had been particularly active in lobbying against the Presbyterian measure.

"I've been told that the lone Portland delegate, the Rev. Barbara Campbell of St. Mark's Presbyterian Church, was instrumental in helping to get this slim majority to vote against divestment," said Bob Horenstein, community relations/allocations director of the Jewish Federation of Greater Portland. The federation's CRC has networked with local Presbyterians on this issue for several years.

In March a CRC program explored the growing division between the Jewish and mainstream Christian communities. The panel included two national Presbyterian leaders who explored ways to "invest in peace rather than divest."

JTA reported that more than 12,000 Jews had signed a letter urging Presbyterian delegates to reject the resolution. The "Letter of Hope" called on Presbyterians to deepen their "understandings of the multiple narratives in the region" and "focus on positive steps including economic development, Palestinian state building, and a return to negotiations."

Life on the Other Side

by Anne Kleinberg

You gotta love the chutzpah!



THERE'S JUST SOMETHING ABOUT ISRAELIS – THEY HAVE TO KNOW EVERYTHING ABOUT YOU AND TELL YOU WHAT THEY THINK. I USED TO CONSIDER IT A FORM OF FRIENDLINESS – GETTING TO KNOW YOU. NOW I'M WISER.

It started over 30 years ago – when I was a student at Tel Aviv University. I had just gotten back from a trip to Turkey, and my friend and I went to the local supermarket to stock up on groceries. As we approached the cheese section, the stocky, older woman behind the counter called out to my friend, “Hey *motek*, what happened to you? You got so fat!” And there began my love/hate affair with the quintessential Israeli character trait – chutzpah!

Perhaps I should just say what it really is – rudeness. But it's so in-your-face obvious that you kind of get used to it and laugh it off, although the first few times it is rather shocking. I've been back here almost 20 years and only now am I getting used to it.

The intrusiveness can take the form of a truck driver delivering tiles. “This your house? Why so big? How many of you live here? What do you need such a huge place?” Or the bank manager who asks how much you pay for rent and then tells you it's too much. Or the person in line


“Hey *motek*, what happened to you? You got so fat!”

behind you at the post office (actually, she's now next to you and breathing down your neck) who advises that you can send your package cheaper by using another method, or the person who jumps in line ahead of you in the supermarket because “I have only three items and you have more.” Or the taxi driver who, when he hears your American accent, asks you to marry him, bring a package to his son in New York, or arrange a visa for him with the American ambassador. Are you getting the picture?

I used to arrive home from shopping forays in tears. I just couldn't understand why people had to be so rude in person, so inconsiderate in the parking lots, so aggressive in every behavior. And that's when my husband told me I had better

shape up – because I'll never survive in this land if I take it all so seriously. And eventually I learned he's right.

The same obnoxious behavior of having to know your business can take forms that are charming and helpful. Like the butcher who, while explaining to you how to make *chulent*, is interrupted by the next customer who insists that you use a different cut of meat, who is overheard by the store manager who insists that you add eggs and figs. You know what? I thanked them all and adopted their suggestions; the *chulent* came out fabulous.

The trick is to accept the comments/criticisms/commentaries in a friendly manner – don't take them too seriously. And if you really want to feel good – the next time your bank manager offers his opinion about your rental price, ask him how much he paid for his house. When he gets over his shock and timidly answers you, tell him without blinking an eye, “Oh, what a shame. My friend just paid half for the exact same house down the block!” That ought to do the trick. 

Anne Kleinberg, author of *Menopause in Manhattan* and several cookbooks, left a cushy life in Manhattan to begin a new one in Israel.

Now she's opened a boutique Bed and Breakfast in her home on the golf course in Caesarea. Visit www.annekleinberg.com and www.casacaesarea.com.



PLANT NOW

for late summer color



by Jan Behrs

Most Northwest gardens go through cycles; they rest awhile then burst into bloom again. Early spring carpets the ground with bulb flowers under blooming trees. May brings fluffy peonies, tall irises and airy columbines. Summer is awash with bright, beautiful annuals.

But things seem to ebb toward the end of summer, when heat and drought have taken their toll on both blossoms and the energy of the gardener. Planning for late-summer color means tucking small, innocuous-looking plants into the ground in May or June when we are beguiled by everything that's already in bloom.

By late summer, earlier-blooming perennials are leggy and in need of cleanup, annuals may have suffered from lackadaisical watering and weeds likely have insinuated themselves into planting beds while the gardener was inside escaping the heat.

A burst of color is just what the garden needs now. In the Northwest, where, despite the calendar, "summer" is really July-August-September, the light and weather are perfect for lingering outdoors to enjoy the garden.

So don't feel that planting season is over in June. You can plant all summer – as long as you water copiously to keep new plants from drying out. Dig generous holes, amend the soil with compost, fill the hole with water so you are planting into squishy mud, and choose a cool morning or evening to do so. Water regularly and enjoy flowers into October.

Visit a nursery now to find late-bloomers such as asters, black-eyed Susans (*Rudbeckia* spp.), Russian sage (*Perovskia* spp.), hyssop (*Agastache* spp.) and goldenrod (*Solidago* spp.)

And consider these for late-season beauty:

Dahlias are the queens and salvias the kings of the late season. Salvias come in a kaleidoscope of colors, provide nectar for hummingbirds and many are hardy perennials that flower year after year, from July to frost. Bog sage (*Salvia uliginosa*), with clear, sky-blue flowers, is one of the latest to bloom – mine blooms in October. I've also had the bright red blooms of annual pineapple sage stick around into December.

Coneflowers (*Echinacea* spp.) are enjoying huge popularity because of all the new colors and double forms available – hot reds and oranges, gold, white, chartreuse, wine-red and bicolors.

Tall sedums, such as the tried-and-true "Autumn Joy," are at their peak into fall and have new cultivars with deeply colored foliage. Blooms can be white, pink, salmon, coral or rust-red, against deep wine-colored foliage. Sedums are a cinch to grow here as long as the soil is amended with compost for good drainage.

For really impressive height, plant a giant *Rudbeckia*, such as the hardy perennial *R. laciniata* "Herbstonne," which in my garden reaches 7 feet, or "Goldsturm," which rises to 6 feet. Or choose Joe Pye weed (*Eupatorium* spp.), which tops its 7-foot-tall stalks with 1-foot flower clusters in mauve. All add the color and excitement that makes the late-summer garden a great place to be – plus they're all drought-tolerant once established.

Portland freelance writer Jan Behrs specializes in stories about gardeners, gardens, remodeling and real estate. She moved to Oregon from Wisconsin in 1980, trading tornadoes for volcanoes, and tends 2/3 of an acre in Southwest Portland. A master gardener, her work appears in *The Oregonian*, *Better Homes and Gardens* and online.

Thanks to TASK, disabilities are no longer an insurmountable obstacle to Jewish life

by Corinne Spiegel

Historically, families with a child with special needs have often felt isolated. After the trips to doctors, finding specialists and seeking support from close family members, there is a feeling of isolation within the community. Or so it was until about 20 years ago.

No longer hidden in institutions or kept at home, our children with special needs were finally allowed to participate in school, in community and in religious education. In 1990 it became law, under the Americans with Disabilities Act, signed by President George H. W. Bush. The ADA, as it is commonly known, became a basic civil right “to prevent discrimination and enable individuals with disabilities to participate fully in all aspects of society.” On Jan. 1, 2009, it was amended to accommodate those areas that were left to (mis)interpretation in the original law.

How has that affected life for all of us in the Portland area, and particularly for those who may have a disability? Many of us don’t even notice some of the changes, but for those impacted by limitations imposed on people with disabilities prior to 1990, the impact has been huge.

In February 1998, Jewish Family and Child Service responded to the request from community members to develop a program that would provide information, religious education

JFCS co-founded the Interfaith Disabilities Network of Oregon, which has helped the Jewish and general communities to “welcome, celebrate and include people with disabilities.”

and support to families with young children with disabilities. That became TASK, known then as “Treasuring and Accepting our Special Kids.” Through TASK, community workshops helped the Jewish community to better serve children with special needs. When JFCS hired me as its inclusion specialist, I facilitated TASK parent groups to allow parents to network and discuss issues unique to parents of children with special needs – including learning disabilities, intellectual disabilities, hearing and vision impairment, and physical and mental health issues. The TASK parent group was never defined by what diagnosed (or undiagnosed) disability the children might have had, but served to support families who might not have known of resources, educational opportunities or basic changes in the law that would allow their kids to progress successfully in the Jewish community.

As word spread that children with special needs and their parents were being served by JFCS and were enjoying more inclusive opportunities within the Jewish community, TASK was approached by parents of teenagers who were worried about the next steps in the lives of their children – particularly about what those children would do once school ended for them. TASK responded by holding a conference entitled “High School and Beyond for Children with Special Needs.” We hoped to have 50 attend the conference; nearly 150 parents, grandparents, people with disabilities, educators and synagogue representatives attended. This was a remarkable showing of community interest in the area of Judaism and disabilities. And it brought even more awareness from the community in the years ahead, as more individuals learned of Jewish adults with disabilities who were not participating in synagogue or Jewish community life.

TASK went back to the drawing board in an effort to change our mission to serve not just children, but adults with special needs as well. This led to a name change. The acronym remained TASK, but now stood for “Treasuring, Accepting and Supporting Kehillah” (community).

Parents of adults with disabilities and those adults themselves contacted TASK. The primary concern was the isolation that young adults felt once they finished high school. Unlike their siblings and neighbors, these young adults were not leaving for college. They were not finding jobs. Sadly, they were not enjoying social or recreational time with Jewish peers. So TASK developed the Tikvah (Our Hope) program, named by one of our young adults who was excited about forming a social-recreational group. Tikvah now serves more than 25 individuals aged 17 to 55 who meet several times each month for dinner, movies, bowling, theater, services at local synagogues, video game nights and every other typical activity that other adults enjoy. Sometimes group members arrange their own get-togethers though most activities are organized events. Often Tikvah members bring along a family member or friend. Tikvah plans their own events, and as inclusion specialist, I coordinate and schedule them. Tikvah has even celebrated a marriage between two members, who remain involved in the activities. Tikvah members are not just meeting among themselves, they are participating in community events, at synagogues and with other groups such as Moishe House. Most community members may not realize this is a social group for adults with special needs, since not all of the disabilities are visible to others.


TASK has provided parent information evenings on topics such as parenting, behavioral issues, school planning and individual education plans (IEPs). Community professionals have led programs for older adults with disabilities on topics such as applying for Social Security benefits as well as special needs trusts, guardianship and conservatorship for people with special needs.

About eight years ago, JFCS co-founded the Interfaith Disabilities Network of Oregon, which brings together representatives of various religious organizations to collaborate on ways to be more inclusive of people with disabilities. Through their conferences, resource fairs and workshops, IDNO has helped the Jewish and general communities to “welcome, celebrate and include people with disabilities.”

In the early 2000s, TASK met with parents on a monthly basis to discuss how to help their young adults live independently. The single most compelling issue was how to create a safe, supportive environment to allow adult children with special needs to live as independently as possible. At each meeting, parents, and later the young adults themselves, articulated what such an environment would look like. And now, some 12 years later, JFCS and Cedar Sinai Park have addressed that need. Cedar Sinai Park is providing the land, has successfully completed the HUD application and will break ground this fall on Kehillah Housing, an apartment complex for adults with developmental disabilities. JFCS, with both its TASK and Partners for Independence Program (the provider agency working with local brokerages to assist adults with developmental disabilities) will be involved with the residents of Kehillah Housing. This apartment building and the services will allow adults with developmental disabilities to enjoy the independence and support they deserve.

As our young people have aged into adulthood, they are facing the same issues everyone else in the community faces, such as employment; living independently of their families; and enjoying community, religious and social lives that are based on their abilities, not their disabilities. Adults with disabilities are generally unemployed or underemployed, yet their work attendance is always at the highest levels. As our economy improves, we are hopeful opportunities for employment of people with disabilities will increase.

Over the years, TASK has provided many presentations to religious schools, synagogues and legislative committees on issues related to disabilities. The focus is always on inclusion and how to provide wide-ranging involvement of people with disabilities. Often it’s not just about building a ramp to accommodate someone with physical disabilities, it is about welcoming and including people with disabilities on synagogue and community boards, as volunteers and in everyday life in the Jewish community.

Those individuals with disabilities are now seen and involved in the community. And where they are *not*, we should all actively work to bring them to us and our organizations. As our community has realized in the last 25 years, those with disabilities may have some challenges in areas that the rest of us take for granted, but they have *abilities* that can, and should, be used to benefit us all. 

Corinne Spiegel has been the inclusion specialist at Jewish Family and Child Service in Portland since 1998. She has a BA (English) and MS (Spec Educ) from Portland State University. She lives in Lake Oswego with husband, Larry, and is the mother of four (now adult) children, including one with special needs.

Regardless of abilities, young adults enjoy pizza, candy and bowling



Moishe House participants and Tikvah members enjoy a Valentine's baking party hosted by Moishe House.

by Vanessa Van Petten

Moishe House and Tikvah have teamed up to coordinate events that integrate young adults with disabilities into the community.

Tikvah is Jewish Family and Child Service’s social group for young adults with disabilities. Moishe House resident Emly Oren heard about Tikvah when she started working for JFCS in November 2011.

“I realized there are some Tikvah members who do not have social contact with anyone outside the group. A partnership between Tikvah and Moishe House was a great opportunity for Tikvah members to socially engage with others their own age, where having a disability does not matter,” said Oren.

Residents of Moishe House provide programs and support for other young adults in the Jewish community. Moishe House’s mission to engage all members of the community, especially those who may feel they have nowhere else to go, is what inspired Oren to reach out to Tikvah.


“I thought that engaging with Tikvah members could make them feel part of something bigger and also allow Moishe House community members to make a difference in someone else’s life,” explained Oren.

Oren reached out to Corinne Spiegel, the disabilities inclusion specialist at JFCS. She works with families, individuals and organizations in the Portland area dealing with issues for those with disabilities.

“Emly had the idea to do more all-inclusive social events with Moishe House and Tikvah,” said Spiegel. To date they have had a Valentine’s Day candy exchange, pizza party and bowling night. As Oren puts it, the goal of these events has been to “have an inclusive community where members are exposed to all kinds of activities and Tikvah members are not isolated to certain activities.”

Spiegel said that these events have been a wonderful outlet. “Sometimes people with disabilities feel secluded. These events allow them to interact in a comfortable environment because Moishe House makes community a priority,” explained Spiegel.

Oren says that the biggest challenge is actually helping Tikvah members feel less shy. “Some of the Tikvah members are not used to having others approach them and be genuinely interested in their life,” said Oren. They have found that the best solution is to have events where everyone is participating in an activity.

“I hope to have many more engaging events and unite Moishe and Tikvah further,” said Oren. 

All campers win when kids with special needs come to camp

by Suzye Kleiner

B'nai B'rith Camp has opened its arms in the spirit of community. Now in its second year, Kehila (Hebrew for community) integrates children with a variety of special needs into the summer camp experience.

Following inclusion models based in schools, Kehila positively impacts children with disabilities, instilling in them a sense of independence while inspiring empathy and awareness in their peers.

"Families accept differences, and camp is a big family where we learn to embrace what everyone has to offer," says Dvora Mencher, inclusion specialist and retired special education teacher.

Mencher trained the Kehila counselors to modify their programs to suit individual needs and kept an ongoing pulse on the children.

"Growth can be seen in the smallest of steps. All children need to be celebrated at the level they are at, and when inclusion works, it's magical," she says.

Connections between campers and staff weave the magic of Kehila.

Diagnosed with Asperger's, Zev Peterson participated in BB Camp's overnight program and was able to self-manage. His counselors said he didn't seem different from any other camper and was very responsible about communicating his needs.

"Zev loved camp, his counselors and the freedom of choice it gave him," says Julie Braunsten, Zev's mother. "We noticed a newfound maturity in him from the camp experience."

Zev overcame his fear of fishing and skipped around the dining hall to celebrate his ninth birthday, when his cabin surprised him with a cake.

"Kehila fulfills the Jewish value of *hachnasat orachin* (welcoming the guest into the community)," says Michelle Koplan, BB Camp executive director. "Every child should have a Jewish camping experience and having a specialist on hand enables us to strengthen how we serve all types of children, whether they are special needs or struggling with homesickness."

Diagnosed with Down syndrome, 8-year-old Gavin Mason is in his second year at BB Camp's day camp program.

"Gavin's smile is priceless," says Tony Bui, BB Day Camp unit head. "This year he is immersed within the group."


She says his peers gently include him and have innate compassion. They demonstrate acceptance by holding his hand, rolling him balls to throw and clapping at his achievements. In turn, Gavin giggles, jumps and loves riding in the speedboat.

"B'nai B'rith Camp has worked harder to reach out to Gavin



than any place we've tried," says Lynne Mason, Gavin's mother. "This place is a gift – he is exposed to fun and useful activities. Last year the BB Camp social worker introduced him to a beneficial picture communication system. I hope his camp peers gain an understanding that will resonate for the rest of their lives."

This year two boys who gained confidence at last year's Kehila session returned to BB Camp for a three-week session. Sayer Freedman, age 13, has autism and arrived home mellow and happy last year, according to his mother, Carol Freedman. He has last year's cabin photo hanging in his room and spent the year talking about camp and his two new BB Camp friends.

Kehila clearly provides a win-win experience for all campers, reinforcing the community spirit for which the camp has long been known. 

Suzye Kleiner resides in Scottsdale, AZ, and loves spending her summers at BB Camp. She has enjoyed the positions of camp store manager, photographer and writer.

Cedar Sinai Park honors the Fifth Commandment with comprehensive care

by Peter Korchnak

Hurricane Katrina swept away more than just Sheila Cohen Springer's house in Biloxi, MS: it took her health, too.

"Her house was completely gone, it ended up miles off the coast in a canal leading into the Back Bay," Sheila's son Bill Cohen recounted. "The trauma tipped her over, severely exacerbating the symptoms of early dementia she'd been experiencing."

An artist, teacher and printmaker all her life, Springer now lives at Miriam Suite, a memory-care unit that is part of Robison Jewish Health Center at Cedar Sinai Park, in Portland.

After a sojourn with her middle sister on the East Coast, Springer moved to Oregon in 2008. Cohen, who works as a policy analyst at the Oregon Department of Transportation, said, "Rose Schnitzer Manor was the only place we considered, no question. The quality of care has a great reputation in the local community."

"There are many other nursing homes out there. But I would not be nearly as independent in another place as I am here." –Judy Friedman

At the Manor, which is CSP's assisted-living facility, Springer was able to continue making art. Because her favorite printmaking technique intaglio requires specialized equipment and is very labor-intensive, Springer began exploring collage,



Judy Friedman in front of the Robison Jewish Health Center building in June 2012. Photo by: Peter Korchnak



Audiology Services include:*
 HEARING TESTS • HEARING AID ADJUSTMENTS
 HEARING AID REPAIRS • HEARING AID CLEANINGS
 OTOSCOPIC EXAMINATIONS • WAX REMOVAL

**Hearing aids may be tax deductible.*



DOCTORS OF AUDIOLOGY

Alisa B. Weinzimer
 Allison E. Bradley

Two Convenient Locations

5010 NE 33rd Ave.
503.284.1906

5331 SW Macadam #395
 (In the Water Tower Bldg.)

503.719.4208

www.pacoregon.com

FREE Hearing Screening

with this coupon
(\$119 VALUE)

Please call us today
 for your appointment
 expires: 8/31/12



CEDAR SINAI PARK
 adult day services

DAY ACTIVITIES
 FOR YOUR LOVED
 ONE IN A SAFE,
 STIMULATING
 ENVIRONMENT.

6125 SW Boundary
 Portland, Oregon

**Call 503.535.4403 now
 for a free lunch and tour.**

"A positive, rejuvenating experience for my mother and for me."

using materials she found in her daily activities. Several of her creations are on display around her Miriam Suite room today.

“Living at the Manor kept her active,” Cohen said. “She even had a one-woman show there, participated in the Manor’s 10th Anniversary exhibit, and placed in the Ageless Art contest.”

Aides often brought Springer to participate in the diverse activities at Adult Day Services, located in the Robison building, and she also received assistance from Sinai Family Home Service aides.

THE DISAPPEARING MEMORY

Soon, however, the illness caught up with her. She started wandering, and staff at the Manor recommended residence at the Miriam Suite. In March 2009, her younger sister Grace Rubin, a retired copy editor and grantwriter, moved from New York to Portland to be more closely involved in her care.

Rubin believes that if she could somehow break through the late stage of Alzheimer’s, Sheila would “go online and research every decision staff made for her. I also have no doubt in my mind that if she could express herself, she’d want to show her appreciation of the well-trained and caring staff.”

Inspired by her Robison experience, Rubin plans to volunteer to help elders with projects around their homes.

HOW TO ENJOY FREEDOM IN ELDER YEARS

Formerly known as the “Home,” Robison Jewish Health Center provides care for elders with physical challenges as well. Judy Friedman, who has multiple sclerosis, has resided there for 18 years.

“There are many other nursing homes out there,” Friedman said. “But I would not be nearly as independent in another place as I am here.”

According to Judy, care at Robison extends beyond basic needs like clothing, bathing, cleaning or medication. It also entails being able to practice one’s faith. She said, “Not only am I comfortable here as a Jew, other faiths are respected here as well. It’s important to me.”



Sheila Cohen Springer at the Rose Schnitzer Manor’s 10th Anniversary art show in 2008. Photo courtesy of Bill Cohen

Friedman has two projects lined up for the rest of this year. In the summer, she will volunteer for President Obama’s re-election campaign.


“I’ll be making calls and I’ll also help organize a rally on the Cedar Sinai Park campus,” she said. “But to be fair, I will also contact the Romney campaign to hold a rally here as well. Those are also freedoms I have here.”

The day after the election, Friedman said, “I look forward to writing children’s stories again.” The book will continue her series about The Upside Down People from the Town of Eat-a-Lot.

MUSIC MOVES THE MEMORY

Between her son and her sister, Springer gets a visitor several times a week. Though her faculties have declined with the progressing illness, Cohen said, “Mom still responds to music. There was a lot of music in her immediate family. All her siblings were involved in some form of music or art.”

As she glanced at the art pieces adorning Springer’s room, Rubin affirmed her sister’s artistic bent. “Sheila had a strong philosophy about art. She believed that beauty should be part of everyone’s daily life, and her family and friends were all the recipients of that passion.”

Cohen added, “We’ve used every service that this organization provides on its campus. I know mom is not the only person getting care at Robison, but she’s getting excellent care there. Staff bend over backwards to help.” 

Peter Korchnak is the online communications manager for Cedar Sinai Park. He writes about the Central/Eastern European immigration experience at AmericanRobotnik.com.



Sometimes, all you need is a helping hand.

Let us help you to stay at home.



To learn more about our in-home care services, call 503-542-0088 or visit us at www.SinaiFamily.org.

TRADITIONS

Does integrating students with special needs benefit all students or the community in general?



Ben Sandler
Education Director
Congregation Beth Israel

"You shall not insult the deaf or place a stumbling block before the blind." Leviticus 19:14

Integrating students with special needs absolutely benefits everyone! The first illustration that comes to mind is the work we do with our high school students in our *madrichim* training. To work in our religious school classrooms, *madrichim* complete a course on best practices and on becoming a Jewish role model. Coursework and practicum are devoted to working with students with disabilities. I have taught the class for seven years, and this topic always elevates the level of discussion and reveals the *madrichim's* desire to understand and help individuals with special needs. We discuss the Leviticus verse and how putting a learning disabled student in a classroom in which they cannot succeed is like placing a block before the blind. We help the *madrichim* see themselves as the ones who can help remove those stumbling blocks by learning techniques that can help and through caring and patience. Students gain a better understanding of many types of special needs including autism, ADHD, learning disabilities, Tourette's syndrome and Down syndrome. Most importantly, they experience working with classroom teachers to help build a positive school community for all of our students in which everyone feels safe.



Mel Berwin
Director of Congregational Learning
Congregation Neveh Shalom

Our students are our community. The amazing thing about being part of a congregational community is that we bring our whole selves. We participate as learners and friends, but also as spiritual beings, as real people dealing with all of life's challenges and blessings.

Every one of us has challenges and strengths whether we have been identified with special needs or not. Special needs does not describe the whole of any person; it simply alerts us to the particular sensitivities or challenges of that learner. At Neveh Shalom, we define special needs broadly – whether a child has a diagnosis or not, it benefits the child and the community to know what helps this child learn or what makes that child anxious.

We strive to help every child succeed to his or her greatest ability, to recognize and celebrate what shines in each child, and to provide support for children in managing or overcoming their challenges. We all benefit from understanding each other's strengths and challenges. We learn compassion and empathy watching friends struggle; we build confidence when we reflect our friends' strengths back to them; and we are inspired when our friends succeed despite obstacles.



Dorice Horenstein
Education Director
Congregation Shaarie Torah

At Congregation Shaarie Torah, we teach one of the great principles of Torah – *V'ahavta L'reacha Kamocho*, love your fellow as yourself. Can you truly be commanded to love others as you love yourself? How much do you love yourself?

After a decade at Shaarie Torah, I have discovered that each of us has special needs – some more than others. At Shaarie Torah, our obligation to our special needs children is to provide all that they require, including the respect and dignity that is the entitlement of every human being. For our classmates to realize that not everyone was born the same, but we are all born in the image of God, is not only a true and realistic lesson, but something that they can carry for rest of their lives.

We have been lucky to be able to incorporate special needs students in our classes. All students learn the material together, each one reaching their highest level of understanding.

The mother of one student with special needs wrote: "She has been encouraged to explore Jewish life and tradition on a level that fits her needs. The educational staff and clergy always include her, while remaining sensitive to her individual learning style."



Deborah Eisenbach-Budner,
Education Director
(with Eve Berry, VP for Education)
Havurah Shalom

Havurah Shalom holds as a core value the Jewish understanding of *b'zelem elohim* (we are all made in the image of God). Since its inception, Havurah Shalom has strived to be an inclusive community. We all benefit from developing the compassion and skills to be with people who are different from ourselves.

We address the special learning needs of youth within our Shabbat School, a family cooperative with parents as the teachers. We do not have special classes, but we work with families to develop a plan. For example, we might have the parent stay with that student for his/her class time. Or we may have the student participate for a limited part of the class. In addition, we may work with the other students in the group to give them the tools to understand and embrace their classmate's learning issue. We try to vary our teaching and programming to reach all learners.

The Jewish community has been slow to embrace those with different learning styles and needs. This is an important issue and we are glad to acknowledge that we, along with the larger Jewish community, are talking about how best to handle our diverse students.

Ask Helen



PHOTO: SOL NEELMAN

Recognize phone screener is the key to your future

Dear Helen:

Can you give me some very practical tips to prepare for a phone interview? I know I could do the job if I get it. But there's a pre-screening interview – 30 minutes with one person – before an interview with the whole team. I need to pass this

test to get to the people who really matter. Do you have any advice about getting past the gatekeeper?

In Line

Dear In Line:

First, change your mindset. Right now, the most important person in your professional life – other than yourself – is the phone screener. Rather than seeing him/her as someone who doesn't matter, recognize this person holds the key to your future. Treat every moment of the interview, and the interviewer, with your full respect, attention and appreciative cooperation.

A Nosh of Jewish Wisdom: The goal of good health is to enable a person to become wiser.

List the relevant items in the job description. Match that list with what you've done in your professional and volunteer life. Be very specific. Then come up with examples of how your experience fits what they're hiring for. Drum up sample questions. The obvious ones are: What did you like most/least about your prior job. Your strengths/weaknesses? Successes/failures? Work style/computer skills? There will be more relevant ones, as well as answers you may want to give if the question you're asked doesn't quite match your strengths, as in, I haven't done that exactly but I have done x, y, z, and I am a very quick learner.

Practice your answers. Write them in paragraph form first and say them aloud. Think 160 words per minute of answer. Most answers should take no more than 90 seconds max. Once you can say them with a nice balance of refreshing candor and chest-thumping humility, translate them into keywords. Have a crib sheet in front of you with two columns: question keywords in one, and answer keywords in another. One nice thing about a phone interview is that you can keep some resources handy.

Last: Send a follow-up email first thing the very next morning. Say how useful it was to talk, that it only increased your enthusiasm for the job, and you look forward to meeting the full team at the next interview. Holler if you get a call.


Dear Helen:

I've been dealing with a cluster of health issues for the past several years in addition to needing to lose 30 pounds that have crept on over the decades. My doctor has given me a strict health regimen to follow: the usual advice to eat primarily fruits and vegetables, whole grains and unprocessed foods; and also to eliminate, as much as possible, wheat, sugar, dairy, soy and caffeine (green tea's OK). It's a tall order but I am 80% on program. My health and weight are starting to improve. But I am getting crankier and crankier. I've always been an emotional eater. But now that I can't turn to cookies, chips or ice cream, I feel worse. Advice?

Detoxing

Dear Detoxing:

Your sign-off is a big clue: your system is shedding all the crap you've poured into it. Think about all the times you ate when you were emotional. As in: eating when sad, angry, frustrated, restless or bored, or eating at the painful ends of relationships or even the happy beginnings of them. Think of all the unresolved feelings you shoved down your gullet ahead of the food you used to keep them suppressed. Some people use alcohol (with or without the food) for the same ends. BTW I'm not suggesting you didn't actually experience your emotions. Rather that when they got you to an emotional brink, you coped by eating cookies, chips, ice cream or your current vice du jour. Now you're revisiting those emotional edges, in reverse, and creating different, and healthier, ways of coping.

Congratulations on your progress. And your timing couldn't be better. Summer in Oregon is a world of farmers' markets brimming with delicious, fresh, healthy food. That's the good news. Here's the bad: the emotions you suppressed still have to come out; they're showing up as c.r.a.n.k.y. In addition to detoxing and withdrawing from certain foods, you're also withdrawing from the habits you've used to insulate you from life's bruising. More good news: as you learn better coping skills, you won't have to repeat the cycle. Create a safe place to let out all the old sadness, rejection, anger, etc. Do it alone, in a counselor's office, or in an emotional eater's support group. As you empty out all the old feelings, you're making room in your body and for a healthier new you, and hopefully lots of happier feelings. 

A resident of Eugene since 1981, Helen is a member of Temple Beth Israel, where she studies and speaks on Torah. She claims to have black belts in schmoozing, problem-solving and chutzpah. She's a writer and an artist (www.kabbalahglass.com <<http://www.kabbalahglass.com>>). Please email your questions to helen@yourjewishfairygoddmother.com.

Volunteers fuel congregations' social action programs

by Elizabeth Schwartz

I grew up at Leo Baeck Temple, a large Reform community in Los Angeles in the 1970s and '80s. Then, as now, Leo Baeck was a hotbed of social action. Our founding rabbi, Leonard I. Beerman, was a compelling speaker and a brilliant orator who wove current events into his sermons like the blue threads in his tallis. Beerman and his colleague, Rabbi Sanford (Sandy) Ragins, were unapologetically and relentlessly political. Leo Baeck Temple didn't just talk the talk: our congregation sponsored a Vietnamese boat family; bought a run-down hotel in Los Angeles' skid row and rehabilitated it as low-income housing for homeless people; collected barrels of food for Mazon, the anti-hunger organization; rallied for nuclear disarmament; and participated in innumerable other projects.

For my parents, as for my brother and me, the message was clear: Judaism was inextricably linked with concern for the wider world. As Jews, we must engage ourselves in the issues of our time, and work to make the world more just.

More than 40 years later, that definition of Judaism still holds for me. So it's interesting that, until recently, I wasn't involved with social action (tikkun olam) projects at my current shul, Havurah Shalom. Havurah Shalom, which began in the late 1970s, is a participatory shul; in addition to paying dues, membership is also defined by each congregant's involvement with some aspect of communal life. When I joined in 1990, I became one of Havurah's congregational musicians. With my newly minted music degree in hand, I added my voice and guitar skills to Friday night and High Holiday services. I don't recall any of the tikkun olam projects Havurah was working on at that time; I was too busy being a musician.


Flash forward to 1996. I returned to Portland after four years in graduate school back east and took up my accustomed place in Havurah's musical community. For a few years, I was immersed in my work, as I slowly cobbled together a living in music. I didn't have time or energy for much else.

But something else was holding me back from participating in tikkun olam at Havurah. I'm all about hands-on direct action, and some of Havurah's projects, like debt relief in Ghana, although worthwhile, were too remote and removed from my life. And as a low-income Jew in a community of high-earning professionals with enough disposable income to travel to Africa, I couldn't afford to participate.

Two years ago, I was invited to join Havurah Shalom's Tikkun Olam Committee because of my work helping to found Portland Tuv Ha'Aretz, Portland's Jewish connection to sustainable, ethical food. I told the committee chair I wasn't sure I was a good candidate since I'd never participated in previous projects. She replied, "Come join us and help shape the work we're doing now." Sometimes all it takes is an invitation.

Of the many projects and events I've worked on with Havurah's TO Committee, I've been most fulfilled by the

Shabbat services we've organized. Each service, which was preceded by a community dinner that featured seasonal local foods, highlighted a different aspect of tikkun olam. For our first series, we focused on the idea that tikkun olam begins at home. This past year we discussed the economic disparities and struggles within our own congregation, and how these problems can isolate congregants. We also talked about barriers to health care that affect members within and outside Havurah; at another service we discussed how eating sustainably and ethically are also Jewish activities. During this coming year, we'll expand on what tikkun olam means. Possible topics include raising awareness about the global need for safe clean drinking water, and ways to help young adults find meaningful employment as they struggle with paralyzing student debt.

I'm grateful to have found a way to engage with tikkun olam again in a manner that is both personally significant and financially manageable for me. It's a privilege to use my passion, skills and knowledge in essential work that, for me, defines what it means to be a Jew. 



JOE MENASHE
Managing principal broker

21 years of successfully negotiating home sales in the Portland area

The best advice when you need it most
503-784-1855
Email: joemenashe@realtytrust.com
Website: JoeMenashe.com

REALTY TRUST
GROUP

Pearl District . Hollywood . Hawthorne . Lake Oswego



OJCF NEW BOARD MEMBERS – The Oregon Jewish Community Foundation has added three new members to its board of directors: (from left) Jonathan Barg, Jill Schnitzer Edelson and Jonathan Glass. At the Annual Meeting, OJCF also thanked several outgoing board members including Warren Rosenfeld, Sharon Ungerleider and Milt Carl, who was one of the original founders of the foundation in 1989.



CANTORS CONFERENCE CONCERT – From left: Cantor Mark Saltzman, Cantor Tracey Scher, Cantor Ida Rae Cahana and Cantor Deborah Bletstein perform at the community concert of the American Conference of Cantors Conference held in Portland June 24-28.



EAGLE SCOUT – Jacob Heiteen, son of Susan Kuznitsky and Steven Heiteen, becomes an Eagle Scout June 5. Jacob's Eagle Project was building an 8'x10'x7' chicken coop for the Hens and Hares 4-H Discovery Farm at Alpenrose Dairy.



PAMPER FOR A PURPOSE – About 250 people turned out for the second annual Pamper for a Purpose event to raise money to help end genocide. Above, members from two bands, Gumbo Americana and Crow v Squirrel, entertain attendees. Above right, organizer Denise Wetherell, Jewish World Watch Executive Director Fred Kramer and Eugene Faye, a leader in the Portland Congolese community, enjoy the event. Attendees could receive services such as haircuts, manicures and massages from professional volunteers in exchange for a donation to JWW for its genocide prevention programs. This year's event raised about \$3,300. Committee members Denise Wetherell, Alice Cobb, Merilou Hundley, LeslieAnn Akin, Lisa Oetken, Steve Bilow and Candi Eaton are already planning next year's event in hopes of bringing more awareness and funds towards stopping genocide. More pictures are available on Facebook; search for Pamper for a Purpose. Photos courtesy of The Bilow Group.



REUNION AND SPAGHETTI DINNER – On June 10, more than 300 alumni, families, friends and community members gathered at the MJCC to celebrate Portland Jewish Academy and Hillel Academy's Reunion as part of a year-long celebration of PJA's 50th anniversary. The Nemer family was honored for their enduring commitment to the school. Above, Heather and Andy Singer, with twins Emily and Ellery, celebrate at the dinner with Andy's parents, Linda Nemer Singer and Gary Singer. The event also honored the Class of 2012 PJA eighth-grade graduates (above, right). Guests enjoyed children's activities, raffle prizes, a no-host bar and a delicious spaghetti dinner.

Rose Schnitzer Manor presents Epicurean Delights in August

Rose Schnitzer Manor at Cedar Sinai Park will present "Epicurean Delights," a series of lectures exploring the guilty pleasures of some of our favorite foods and beverages. All lectures are at 6:45 pm Tuesdays in Zidell Hall, 6140 SW Boundary St., Portland. Tastings will follow each lecture on the terrace. A goal of this program is to make lifelong learning easily accessible to residents and community members alike.

Aug. 7 Olive Oil and Balsamic Vinegar 101: Blake Zogelman, owner of The Oilerie in Lake Oswego, will provide a short overview of the more than 30 varieties of unique olive oils and balsamic vinegars that are procured from a single producer located in the Lazio region of central Italy.

Aug. 14 Farming Locally, Eating Seasonally: Shari Raider, founder of Sauvie Island Organics, will discuss organic gardening and share samples of seasonal, local vegetables.

Aug. 21 Wake Your Taste Buds for Coffee: Don Dominguez will share his expertise about coffee making and tasting with a "cupping" during his presentation. Dominguez founded K&F Coffee Roasters in 1983 and became one of the first micro-roasters in Portland.

Aug. 28 Vida Vegan: Inspired Northwest Favorites: Janessa Phelemon-Kerp, Michele Truty and Jess Sconé, a trio of Portland bloggers for Vida Vegan, will discuss how to incorporate wholesome vegan proteins – such as tofu, tempeh and seitan – into Northwest-inspired dishes. They will explain basic cooking techniques, favorite specialty ingredients, and substitution styles.

For more information, call 503-535-4004 or visit www.cedarsinaiapark.org.

SUBMISSIONS

Oregon Jewish Life accepts brief submissions about past and future events.

Photographs for the Review page of Happenings should be at least 4 inches wide at 300 dpi. Captions should include a description of the event, when and where the activity occurred and names of people in the photograph unless it is a large group.

To submit an upcoming event for the Previews section, send date, time, location, event name with short description and contact information.

**All submissions should be sent to
Deborah.moon@ojlife.com.**

NOTE: Calendar items can now be entered on our online calendar at www.ojlife.com. On the right side of the home page, under community calendar click on "add an event." Fill out the form and submit. Items will appear in the online calendar after approval by OJL staff and will automatically be put in the appropriate issue of the magazine.

We've got one heck of a year planned!



Jewish Federation
OF GREATER PORTLAND

THE STRENGTH OF A PEOPLE.
THE POWER OF COMMUNITY.

SAVE
the
DATE

SUNDAY, OCTOBER 28, 2012

2013 Campaign Kick-Off
with Jerry Greenfield (*of Ben & Jerry's Ice Cream!*)

SUNDAY, NOVEMBER 18, 2012

Super Sunday - Community Action Day
and Rick Recht in Concert

JANUARY 29 - FEBRUARY 6, 2013

Community Mission to Cuba
Call for more details

SUNDAY, MARCH 3, 2013

Women's Philanthropy - IMPACT

THURSDAY - SUNDAY, APRIL 18-21, 2013

Food for Thought Festival
A food-raiser and friend-raiser for the entire community

Together **WE** do extraordinary things
503.245.6219 | www.jewishportland.org
6680 SW Capitol Highway | Portland, OR 97219



Join us for these impactful and inspirational events.

AUGUST CALENDAR

Through Aug. 12

Live Olympics Coverage at Oregon Jewish Museum. For the price of museum admission enjoy live video streaming of the Olympics in our plush historic auditorium. 10:30 am-4 pm Tuesday-Thursday; 10:30 am-3 pm Friday; noon-4 pm Saturday and Sunday. Admission: adults, \$6; students/seniors, \$4; members, free; children under 12 accompanied by a parent or guardian, free. 503-226-3600

Aug. 2

Human Rights Challenges in Bahrain, the Congo, Israel-Palestine-Gaza and Syria. Havurah Shalom hosts Physicians for Human Rights Deputy Director Susannah Sirkin. Sirkin will discuss international human rights violations based on PHR investigations. Sirkin leads PHR's work against sexual violence and rape as weapons of war and has just returned from Eastern Congo. PHR (physiciansforhumanrights.org) is an independent organization that uses medicine and science to stop mass atrocities and severe human rights violations against individuals. RSVP required for time and location: 503-248-4662 or info@havurahshalom.org

Aug. 3

Gesher's Shabbat Dinner for Singles and Couples. 6:30 pm. Kosher barbecue. RSVP and details: www.ourjewishhome.net

Aug. 5

OJM and PJ Library Family Day Museum Olympics. 1-3 pm. Bring your kids for an afternoon celebrating sports and Oregon Jewish history. Activities include a museum scavenger hunt, relay races, history hopscotch and more. Free with museum admission. 503-226-3600

Aug. 6

WomenStrength offered by the Portland Police Bureau: Teenage and adult women will learn strategies to help defend against physical assault. 6-9 pm, Aug. 6, 8 and 13 at the MJCC. Free. To register: 503-823-0260 or womenstrength@portlandpolice.org

Aug. 8

What Is the Farm Bill and Why Should You Care? Every five years, Congress reauthorizes the Farm Bill, which impacts everyone who eats. Portland Tuv Ha'Aretz presents a free Farm Bill Teach-In, 7-8:30 pm at a home in the Hollywood District. Learn more about the bill and how its policies impact your daily food choices. Nancy Becker, food and nutrition advocate, will give an overview of the bill and how it affects all citizens, farmers and eaters alike. For address, RSVP by Aug. 6 to csa@portlandtuv.org

Melton Sample class on various aspects of Stem Cell Research. 7:15 pm at the MJCC. RSVP to learn@meltonportland.org or 503-384-2476

Aug. 10

Gesher's Shabbat Dinner for Families with Young Children. 5:30 pm. Vegetarian potluck. RSVP and details: www.ourjewishhome.net

Aug. 16

Wage Theft: Day of cross-congregational Jewish learning and action. 7 pm at the MJCC. Jewish immigrants to America in the early 20th century suffered exploitation in the textile industry and other fields. Today, wage theft and exploitation continues to be a serious issue for many workers. Learn about the issue of wage theft in Oregon, share personal and family stories of dignified work and exploitation, and delve into Jewish texts to explore personal responsibility and accountability in the face of widespread workers' rights abuses. To RSVP or to volunteer, contact Arielle at arielle.rosenberg@gmail.com or 503-201-9376

Film: *Word Wars: Tiles and Tribulations on the Scrabble Circuit.* 7 pm at the Oregon Jewish Museum. *Word Wars* focuses on four of the game's highest-ranked players as they advance from heated competition in neighborhood parks and clubs to highly organized regional and national tournaments, culminating in the 2002 National Championship, where the top prize is \$25,000. General, \$10; members, \$8. Tickets: 503-226-3600

Aug. 17

Jewish Community TGIF at Laurelhurst Park, SE Oak and SE 33rd. Bring a picnic supper. Enjoy a pre-Shabbat experience with the Jewish community. Entertainment begins at 6 pm. The entire Jewish community is invited to gather, connect with each other and identify their Jewish roots. For more information: Jewish Federation of Greater Portland, 503-245-6219

Gesher's Community Shabbat Dinner Vegetarian potluck. RSVP and details: www.ourjewishhome.net

Aug. 19

Project Lemonade Grand Opening Fashion Show 2 pm. Project Lemonade will provide clothing to empower foster children to start their first day of school with confidence. RSVP for location to Kim Rosenberg: rosykimba@comcast.net

Aug. 23

Last Survivor Workshop for activists and educators hosted by Oregon Holocaust Resource Center. 9 am-3 pm at Portland State University, Vanguard Room. Join community groups and the OHRC for a workshop geared towards educators and those engaged in advocacy to strengthen the anti-genocide movement in Oregon. Discuss *The Last Survivor*, a documentary that follows the survivors of four different genocides and mass atrocities – the Holocaust, Rwanda, Darfur and Congo. Free with registration. To register: www.ohronline.org

Aug. 22

Jewish Family Camping Trip on Mt. Rainier starts at 2 pm and lasts five days. Hike to glaciers, explore old-growth forests and raging rivers, bake challah over an open campfire and celebrate Shabbat under the stars. Guide: Josh Lake, founder of Outdoor Jewish Adventures. For families with children age 5 and older. RSVP: Josh Lake, 310-779-7670 joshlake1@mac.com or outdoorjewish.com

Aug. 29

Annual Ahavath Achim Picnic. 5:30 pm at Gabriel Park. Moroccan-style barbecue, games for kids and more. Details: 503-227-0010

Aug. 30

Reading for new poetry anthology from Lost Horse Press: *Before There is Nowhere to Stand: Palestine/Israel: Poets Respond to the Struggle.* Co-editor Joan Dobbie lives in Eugene; Jewish contributors from Oregon include Sabena Stark (Eugene), Willa Schneberg (Portland), Sandy Polishuk (Portland) and Scot Siegel (Lake Oswego). At Broadway Books, 1714 NE Broadway, 7 pm. Repeats in Eugene at Tsunami Books, 2585 Willamette, Sept. 8 at 5 pm.

Aug. 31

North Coast Shabbat led by Cantor Ida Rae Cahana. Services are held monthly during the summer/fall at the Bob Chisholm Center, 1225 Avenue A, Seaside. Services begin at 8 pm. Call Bev Eastern: 503-244-7060

Sept. 8

A new gateway opens at Congregation Beth Israel – Installation and Welcoming of Senior Cantor Ida Rae Cahana. Havdallah, installation, Selichot prayers and dessert. 8 pm in historic Main Sanctuary, 1972 NW Flanders St. 503-222-1069

Mittleman Jewish Community Center, abbreviated in calendar items as MJCC, is located at 6651 SW Capitol Hwy., Portland. Jewish Federation of Greater Portland is abbreviated as JFGP.

ALL IN ONE MOBILITY

Sales - Installations - Service - Rentals

503-255-5005

'ONE STOP MOBILITY SHOP'

NOW ON DISPLAY IN PORTLAND

**A WORKING VACUUM TUBE ELEVATOR
WHEELCHAIR ACCESSIBLE - SEE IT TODAY**



Bruno Stair Lifts



See our Full Size Working Display



Vertical Platform Lifts

- Wheelchair vans new and used
- Stair lifts and Platform lifts
- Scooters - Lift chairs - Wheelchairs
- Walk-in tubs - Barrier free showers
- Scooter & wheelchair lifts & carriers
- Home elevators, Inclined lifts & more



Honda Odyssey with VMI Northstar Conversion

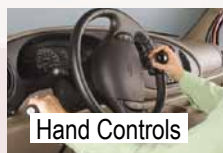
OR: 165310 DA0843
WA: ALLONOM920KA



Walk-in Bath Tubs



Scooter & Wheelchair Lifts



Hand Controls



Call or visit our showroom today

We have two Locations:

Portland: 12833 NE Airport Way

Eugene: 1640 W 7th Avenue

Portland: M-F: 8 to 5; Sat: 10 to 4. Eugene: M-F: 9 to 5.

www.AllinOneMobility.com



All In One
MOBILITY, INC

A SILVER EDITION FOR OUR SILVER ANNIVERSARY



Twenty-five years ago we were appointed to represent Range Rover for Oregon and Southwest Washington. To commemorate our anniversary, we are offering the Silver Edition Range Rover with complementary special equipment valued at \$5,500.

- 1,200 Watt Harmon/Kardon Logic 7 Audio System
- Wood & Leather Steering Wheel and Gear Shift Knob
- Climate Glass with 4-Zone Climate Control
- Blind Spot Monitoring System
- Surround Camera System
- Adaptive Headlights & High Beam Assist

A limited number of these special Range Rovers will be available exclusively through Land Rover Portland. Reserve yours today.



LAND ROVER PORTLAND

A DON RASMUSSEN COMPANY

720 NE GRAND AVENUE

503.230.7700

landroverportland.com

OFFICIAL VEHICLE OF THE NORTHWEST EXPERIENCE

**RANGE
ROVER**